

# The Posten May 2022

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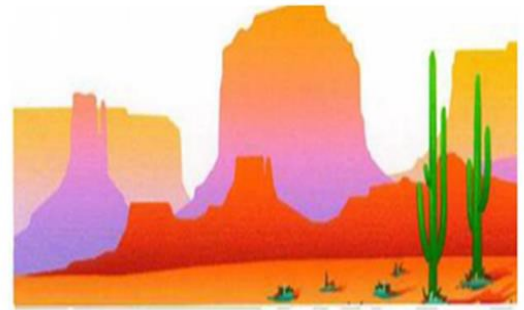
**Desert Fjord Lodge 6-133**  
**P O Box 561**  
**Scottsdale, AZ 85252**



## SONS OF NORWAY

### Desert Fjord Lodge

*Established 1984*



## President's Column

In two weeks we meet with local Norwegians to celebrate Syttende Mai at McCormick-Stillman Railroad Park. Hosted jointly by our lodge and AZ Norseman, we are privileged to join with them for this. Come and let's proudly observe Norway's Constitution Day. (*Find details on page 6.*)

The Desert Fjord Leadership Team had their first meeting in April. [Yes, we enjoyed the Norway Almond Cookies (shortbread) that Lynn Solie brought—I wanted to share the recipe in this Posten; please look for it in the Summer Posten.] Many thanks to all who came out for that! It's very exciting to see new people stepping up to help guide us as we chart a course forward after a couple difficult years. Congratulations to Norman Jenson and Don Solie who have become our first Members at Large (we'll make good use of them!). Soon we'll be welcoming others who wish to be part of this group. If you'd like to be one of those, please let us know!

In a month District Six of Sons of Norway will hold their 2022 convention here in Mesa. We have delegates attending this event. And as one of the local lodges we are charged with the responsibility of providing cookies for the four coffee breaks. Each break requires 40 dozen (!) cookies, so right now we're organizing for that. Other local lodges will contribute to this, but we need to do our part. Did you know Norwegians enjoyed cookies to that extent? And what do Sons of Norway delegates do at conventions besides eat cookies?

Our lodge is announcing a recipient of the 2022 Agnes Stieler Scholarship. Many thanks to the Education Committee who did their work and awarded a worthy student, grandson of Berit Miltun. Congratulations to Berit and her grandson! (*Find the announcement on page 4.*)

I get the feeling that our new Librarian, Janis Johnson, would like to see us get involved with the new Sons of Norway National Book Club. (*Find a monthly schedule of their selections and details how you can join on page 3.*) Reading books enriches our lives and books by Scandinavian authors are a great source for us, especially their crime fiction.



*Velkommen*

## Membership Matters by Lois Ripley, Membership Secretary

Being in charge of membership here at Desert Fjord lodge, I receive a monthly Activity Report from Sons of Norway headquarters. This report provides vital information about our members. Over the last several months, quite a few have renewed their membership, even some whose membership had lapsed.

During this period of Covid our lodge has struggled to have monthly meetings. This has no doubt had some affect on our membership. It gives me great joy to see members renewing their Sons of Norway membership in spite of it all!

There are members who've renewed that I've never met. Please consider coming to the Syttende Mai event or one of our monthly meetings and please introduce yourself!

***You never know what interesting and delightful people you'll meet when you come to Sons of Norway!***



\* \* \*

*If your contact information changes, please let me know. Your current phone number and your email address are how we stay connected. I can be reached at: (480) 838-5548; my email address is: lcripley@gmail.com. (You can also speak with me at one of our lodge meetings.)*

You're  
Invited  
to  
Attend

Sergeant Major Floyd L. Downs, jr  
Rolling Thunder 245 Tank Battalion ~ Korea

### **Military Honors and Service**

**May 2, 2022 ~ 1-1:30 pm**

*Home Reception following*

### **National Military Cemetery of Arizona**

23029 North Cave Creek Road

Phoenix, Arizona 85024

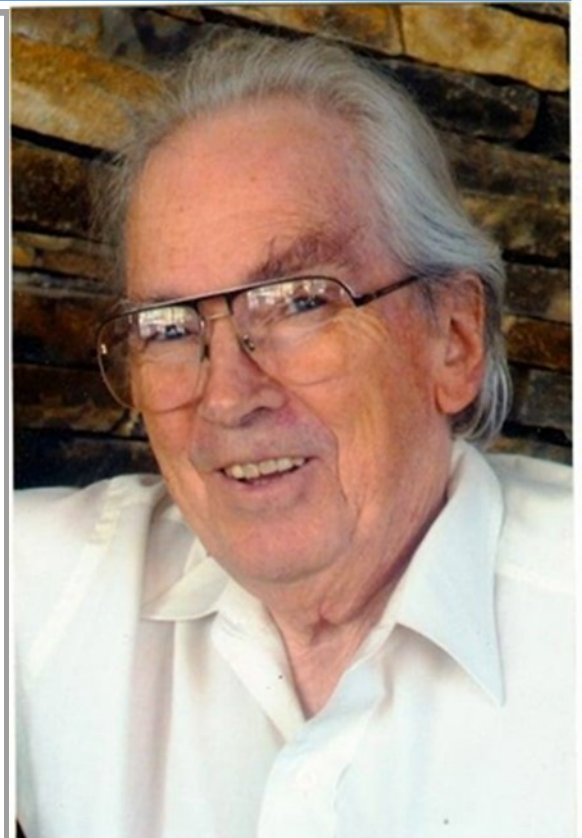
(Shelter # on red LED sign near entry)

### **Home Reception ~ 3:30 pm**

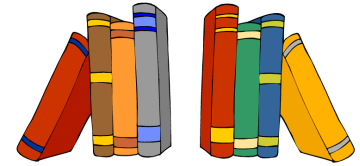
16751 E. Ashbrook Drive

Fountain Hills, Arizona 85269

480-816-3875



# LIBRARY CORNER



(This month, instead of a book review, I'd like to share my quick guide to the Sons of Norway National Book Club selections)

## National Sons of Norway Book Club Choices

The National Book Club meets the last Thursday of the month by Zoom 7-9 EST and 7:30-9:30 MST except those months which have author events. In those months there'll be one meeting at 7:00-9:30. It is easy to join. Just email [SonsofNorwayBookClub@gmail.com](mailto:SonsofNorwayBookClub@gmail.com).

Month	Author	Book	Comment
<b>2022</b>			
March 31	Ibsen, Henrik Enger, Thomas	Peer Gynt Burned	
April 28	Petterson, Per Nesbo, Jo	Out Stealing Horses The Snowman	
May 26	Swallow, Wendy	Searching for Nora	Author event
June 30	Nansen, Odd & Boyce, Timothy	From Day to Day: One Man's Diary of Survival in Nazi Concentration Camps	Author event
July 28	Loe, Erland Hoeg, Peter	The Naïve Super Smilla's Sense of Snow	
August 25	Urness, Ann	Between Rocks and Hard Places	Author event
September 29	Brown, Nancy Marie Sundstol, Vidar	The Far Traveler: Voyages of a Viking Woman The Land of Dreams	
October 27	Sancton, Julia Jonasson, Ragnar	Madhouse at the Ends of the Earth The Darkness	
November 24	Rolvaag, Ole Edvart Lehtolainen, Leena	Giants of the Earth The First Murder	
December 29	Dregni, Eric Nesbo, Jo	For the Love of Cod The Redbreast	
<b>2023</b>			
January 26	Horwarth, David Fossum, Karin	We Die Alone Eva's Eye	
February 23	Ibsen, Henrik Ernst, Kathleen Mankel, Henning	The Doll's House The Heirloom Murder The Who Smiled	
March 30	Hnath, Lucas Tuonainen, Antti	The Doll's House Part 2 The Man Who Died	
April 27	Herman, Arthur Sjowall and Wahloo	The Viking Heart The Laughing Policeman	

## How to Prepare Lutefisk

1. Get some lutefisk
2. Get a piece of pine board
3. Lay lutefisk on the board
4. Flatten lutefisk with a cleaver
5. Sprinkle with pepper and salt
6. Pour on melted butter
7. Heat in stove for two hours
8. Allow to cool down a bit
9. Put on table
10. Throw away lutefisk
11. Eat the board



# SONS OF NORWAY

## DESERT FJORD LODGE EDUCATION COMMITTEE

The Education Committee is pleased to announce the 2022 Scholarship recipient:

Carl A. Miltun, Berit Miltun's grandson, has been awarded a \$1,000 merit-based scholarship for fall 2022. Carl is an honor student and will be continuing his studies in mechanical engineering at Missouri University of Science and Technology where he has achieved a cumulative GPA of 3.878. Carl is also a member of the NCAA Men's D11Golf Team at MS&T.

A gift from the Agnes Stieler estate makes possible the awarding of scholarships and grants to students and children related to Lodge Members in good standing. Scholarships and grants are intended to be used for educational and cultural purposes of Scandinavian Heritage.

Nina Poe  
Paul Lindbloom  
Gordon Peterson

***Agnes Stieler***

*Born: 18 March 1907*

*Died: 20 Feb 2003*



# Desert Fjord Leadership Meeting

April 23, 2022 10:00-11:30  
Scottsdale United Methodist Church

Members present: Jonathan Walters, Janis Johnson, Phyllis Bergo, Berit Miltun, Shannon Prondzinski, Ed Bergo, Norman Jensen, Don Solie, Lynn Solie.

The Purpose of the meeting was to address the survey results to put the results into an action plan so that together, we can move the lodge forward.

Identifying leadership to fill vacancies in the volunteer roster of Lodge Officers. How to identify new leadership and work together to spread out the existing responsibilities.

- The lodge is currently looking for a Vice President to eventually step into the Presidential role.
- The need to actively let all the lodge members know of leadership opportunities.
- Leadership Roles and Guidelines are available for all to review at [sofn.com](http://sofn.com)

At Large members to help with ideas are Don Solie and Norman Jensen.  
If you have an interest in serving the lodge, please let ANY officer know.

The financial health of the lodge was addressed. With two years of Covid restrictions, the lodge has been running with less income but still has some set expenses. The lodge's percentage of the National Membership dues has helped but has not covered all of the expenses.

- It was decided to bring back Raffles, the Boutique and Silent Auction to generate income.

Bringing members back to in person meetings.

- Have a plan so that membership is aware of Lodge activities in the future.
- It was decided that as a group, we will plan for the year ahead with a calendar that will be updated on the Lodge web site and updated in the Posten, so that our members can plan ahead.

New members have joined the lodge during the Covid shut down.

- A **Welcome Breakfast** on August 13<sup>th</sup> to gather the new members together to meet. More information to follow.

The survey showed that membership is interested in Food, Culture, Genealogy and speakers from Norway. The group brainstormed on possible ideas to bring that type of programming to our monthly meetings that will have the biggest interest to membership and to bring them back to in person meetings.  
Possible ideas:

- Per Aanestad for the Northern Lights talk
- Scandinavian food demonstrations and sampling
- Julebord and Christmas party with singing carols and maybe a craft

How often to have Leadership/Board Meetings.

- Quarterly meetings were agreed to with a brief informal check-in after our lodge meetings for time-sensitive information.

The District Six Convention is coming up June 2-5 and as a Lodge we have been asked to donate cookies. Our treasurer still had the sign up sheet from two years ago when the convention was cancelled.

- It was decided to contact the members on the list to see if they would still have interest in donating cookies.

The meeting adjourned at 11:30.

Respectfully submitted, Lynn Solie and Phyllis Bergo

# SYTTENDE MAI 2022

Commemorating the 1814 signing of Norway's Constitution

**Sunday, May 15th**

**9:00 AM – 12**

**NOON**

## McCormick-Stillman Railroad Park

7301 E. Indian Bend Rd., Scottsdale, AZ  
Rotary Ramada (west of playground)



Admission: FREE



Show your Nordic spirit and join our local Norwegian clubs as we all come together to celebrate *Syttende Mai* or 17<sup>th</sup> of May! This annual potluck brunch event in honor of Norwegian Constitution Day will be full of food, fun, *bunader*, children's games - and of course the traditional 17<sup>th</sup> of May parade! Bring your Norwegian flags, your good spirits, and a dish to share.

\*The clubs will provide coffee, lemonade, and cups/plates/plastic ware

### Program:

- 9:00 Welcome
- 9:30 17<sup>th</sup> of May Parade with Norwegian music and flag-waving
- 10:00 Food is served
- 10:30 *Tale for Dagen* (Speech of the Day)  
Speaker – Tone Mc Gregor
- 11:00 Traditional Norwegian children's games – with ice cream rewards!
- 11:30 Explore the park and enjoy table games

Co-hosted by Arizona Norseman & Desert Fjord and Overtro Fjell Sons of Norway Lodges

[www.aznorseman.org](http://www.aznorseman.org) | [www.facebook.com/aznorseman](https://www.facebook.com/aznorseman) | [www.desertfjord.org](http://www.desertfjord.org) | [www.facebook.com/desertfjord](https://www.facebook.com/desertfjord) | [www.facebook.com/Sonsofnorwaymesa](https://www.facebook.com/Sonsofnorwaymesa)





A year ago I wrote an article about **LAZY MONEY??** It's time to revisit it.

It's money sitting in your saving's account, checking account or in a bank CD.

What do these have in common? **LOW INTEREST RATES OR HARDLY ANY INTEREST RATE!**

*LAZY MONEY* can also be money that you aren't going to spend and are going to pass along to your children or grandchildren.

Here are some examples of what I mean.

- Male age 65-\$34,098 buys \$50,000 of Income tax free death benefit
- Male age 65-\$17,079 buys \$25,000 of income tax free death benefit

Think about this, \$34,000 provides \$15,902 of additional money instantly, income tax free to the beneficiary!!!

I ask you to just think of this concept and how it can enhance the amount of money that you can pass along to your loved ones.

I have lots of good ideas of how to make the most of your LAZY MONEY!

Give me a call – I would be willing to help!

Len Carlson

(651) 253-1943

or by email at:

len.carlson[253@gmail.com](mailto:253@gmail.com)

**District Six President: Luella Grangaard**

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: [www.sofn6.org](http://www.sofn6.org)

Facebook:

<https://www.facebook.com/groups/377019032437840/>

**Zone Seven Director: Benny Jo Hinchey**

Zone Seven is made up of lodges in the following states:

**Arizona:** Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

**Utah:** Salt Lake City #83-Leif Erikson

**OTHER SONS OF NORWAY LODGES IN ARIZONA**

**Nordic Pines 6-167** - 3rd Sunday, Family

Resource Ctr., Flagstaff, AZ

**Overtro Fjell 6-153** - 3rd Saturday

at 11:00 am, Mesa, AZ

**Sola 6-168** - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZI

**Sol Byer 6-134** - 3rd Saturday at

11:00 am, Elks Lodge, 10760 Union

Hills Dr., Sun City, AZ

**LODGES IN OTHER STATES**

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

**OTHER CONTACTS**

Honorary Norwegian Consul:

Alex Boemark



“Like” us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

# May Birthdays

Kathleen G Rice	3rd
Winston Reed *	5th
Roxane McLaughlin	7th
Jodi K Levell	10th
Kenneth M Westby	11th
Laura J Riddle	13th
Janis Stevenson Johnson	15th
Emily McLaughlin	17th



Eleanor Reed *	17th
Knut Haldorsen	20th
Jonathan D Walters	20th
Janice E Haldorsen	25th
Susan W McClinton	27th
Shannon Sue Prondzinski	28th
Jimmy D Rice	29th

\* Heritage Member

*Gratulerer Med Dagen – Happy Birthday !!*





## Exciting news!

Our former Unger Venner member, Kaare Sellers (Jana Peterson's daughter), has become a document translator in Norwegian and Icelandic languages for Amazon. Kaare has been the recipient of 2 Scholarships through Sons of Norway Desert Fjord to University of Oslo (UIOSS) where she studied Norwegian and Scandinavian Studies, as well as classes in Old Norse at ASU. As a young girl Kaare also studied Norwegian at our lodge with Roger Espeland and Knut Haldorsen.

*Gratulerer, Kaare!*

### Officers of Desert Fjord Lodge

**President:** Jonathan Walters—(347) 801-3345

**Secretary:** Phyllis Bergo (480) 812-9762

**Assistant Secretary:** Lynn Solie

**Treasurer:** Janis Johnson—janisjoan41@gmail.com

**Membership Secretary:** Lois Ripley (480) 838-5548; Cell (480) 521-8693

**Member at Large:** Norman Jenson, Don Solie

**Auditors:** Dirk Walter

**Counselor:** Ed Bergo

**Co-Cultural Directors:** Jana Peterson, Nina Poe

**Desert Fjord Boutique:** Ali Berg-Anderson

**Distribution:** Janis Johnson

**Education Committee (Scholarships & Grants):** Nina Poe, Paul Lindbloom, Gordon Peterson

**Foundation Directors:** Gordon Peterson, Paul Lindbloom

**Greeters:** Georgiann Crouse, Norman Jenson, Jr

**Librarian:** Janis Johnson

**Marshals:** Knut Haldorsen and Peter Flanders

**Posten Editor:** Jonathan Walters

**Publicity Director/Public Relations:** Janis Johnson

**Reservations:** Lynn Solie (612) 250-6997

**Social Directors:** Berit Miltun— (480) 966-2009, Nellie Lokken

**Sunshine:** Dawn Walter— (480) 860-9192

**Trustees:** (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

**Webmaster:** Jan Loomis

#### Mission Statement:

**To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.**

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 561

Scottsdale AZ 85252

STAMP

TO:

Please return to sender

If not deliverable

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Sons of Norway International Headquarters Website:

<https://www.sofn.com/>



<http://www.boxtops4education.com/participating-products>