

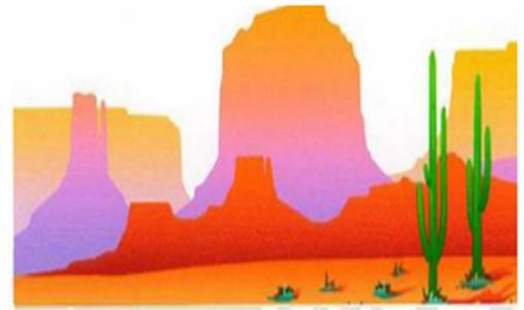
The Posten May 2023



SONS OF NORWAY

Desert Fjord Lodge

Established 1984



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Fjord Information

Desert Fjord Lodge 6-133
2531 N Scottsdale Rd
Scottsdale, AZ 85257

President's Column

This month we join with AZ Norseman to celebrate Norwegian Constitution Day at McCormick-Stillman Railroad Park. Why is this such a big deal for Norwegians?

A bit of history:

Norway declared independence as a kingdom with the constitution that was signed 17 May in 1814. **The constitution was an attempt to avoid being seized by Sweden after the defeat of Denmark-Norway in the Napoleonic Wars.** The plan did not succeed and in August 1814 the Union between Sweden and Norway was a fact.

While many countries celebrate their national day with a military parade, Norway's 17th of May is a party for everyone, especially children. Before heading out to the parades and festivities, **many like to get together to share a huge breakfast** – often a pot luck with friends, family, and neighbors – with freshly baked bread, scrambled eggs, smoked salmon, and (for the grown-ups) some bubbly.

Let us come out and show the national pride that Norwegians share. *(Please see page 4 for complete details.)*

Sons of Norway has three legs—you could think of it as a three-legged stool, needing all three for balance and stability. There's the financial leg that includes all the financial products for the benefit of members. There's the fraternal leg that's comprised of all the local lodges and their members. Finally, there's the Foundation leg—a separate entity established over 50 years ago. The SON Foundation does a lot of good and important work. It should have more visibility for members and it deserves our support. We have two Foundation Directors to give it more visibility and encourage our support. *(Find an article on the Foundation on page 3.)*

Feel some Norwegian pride this month!

Velkommen

Membership Matters by Lois Ripley, Membership Secretary

You never know what interesting and delightful people you'll meet when you come to Sons of Norway!



Last month I wrote about Howard Barikmo, a longtime member who recently died. This month I'm writing about Neil Heggem, a new member who joined us in 2023.

Neil contacted me and expressed an interest in learning more about his Norwegian Heritage. I invited him to one of our meetings and he came. When I saw him, I thought it must be Neil – he looks like a Viking. Visiting with him has been a delight for me. It's great to see a new face at our meetings!

* * *

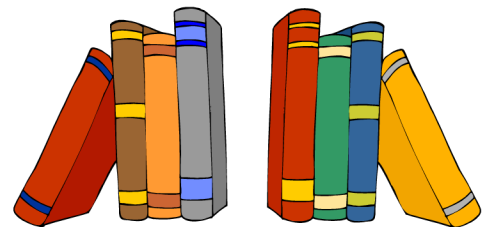
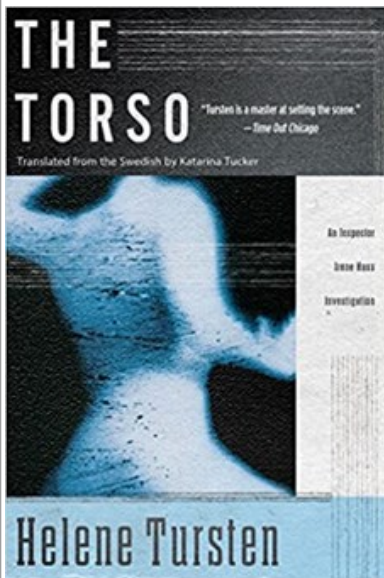
If your contact information changes, please let me know. Your current phone number and your email address are how we stay connected. I can be reached at: (480) 521-8693; my email address is: lcripley@gmail.com. (You can also speak with me at one of our lodge meetings.)

LIBRARY CORNER

A Book Review by Jan Johnson

The Torso

By Helene Tursten



A partial torso washes up on a Swedish beach, so mutilated that gender is only established through DNA testing. Detective Inspector Irene Huss of the Göteborg Police liaises with her Danish counterparts, who have a similar unsolved murder in their files. But when people connected to Irene start turning up dead, she fears she might be next.

Helene Tursten was a nurse and a dentist before she turned to writing. Other books in the Irene Huss series include *Detective Inspector Huss*, *The Glass Devil*, *Night Rounds*, and *The Golden Calf*. In 1954 she was born in Göteborg, Sweden, where she now lives with her husband and daughter.

Sons of Norway Foundation



The SON Foundation is a separate entity established by SON in 1966 and dedicated to preserving and promoting Norwegian heritage and culture as well as providing various forms of assistance to our members, lodges and communities.

The SON Foundation's largest area is the granting of various scholarships for many different areas of education. The Foundation issues scholarships through 14 different types of educational scholarship programs. These vary from regular college to apprenticeship and vocational schooling opportunities. The scholarships are usually available to students who are members of SON, children or grandchildren of SON members. Listings of these various scholarships are available on the SON website in the Foundation section. There are scholarships for students who attend college in Norway and there are even Camperships for kids across the United States to attend Norwegian cultural camps.

The other major area of the Foundation are the six categories of grants. Three of the grant types are for Heritage and Cultural funding and three are for individual funding grants. Heritage and Cultural grants rules and guidelines are available in the Foundation section of the SON website. Individual grants can be Helping Hands grants for Children, for Medical Relief or Disaster Relief. These Helping Hands grants are for SON members and their families who are in times of need.

The SON Foundation is a 501 (c) (3) tax exempt entity. There are two basic contribution types, there is a form on the SON website in the Foundation section under Donate on the left margin. There are also Legacy gift procedures on the form with a contact person and phone number for information on Legacy gifts.

If there are any questions please contact one of our Foundation Directors. We are here to help you understand and get involved in the important work of the SON Foundation.

- Gordon Peterson gordie41@cox.net
- Don Solie Donsolie3@gmail.com

SYTTENDE MAI 2023

Commemorating the 1814 signing of Norway's Constitution

Saturday, May 13th

9:00 AM – 12

NOON

McCormick-Stillman Railroad Park

7301 E. Indian Bend Rd., Scottsdale, AZ
Rotary Ramada (west of playground)



Admission: FREE



Show your Nordic spirit and join our local Norwegian clubs as we all come together to celebrate *Syttende Mai* or 17th of May! This annual potluck brunch event in honor of Norwegian Constitution Day will be full of food, fun, *bunader*, children's games - and of course the traditional 17th of May parade! Bring your Norwegian flags, your good spirits, and a dish to share.

*The clubs will provide coffee, lemonade, and cups/plates/plastic ware

Program:

- 9:00 Welcome
- 9:30 17th of May Parade with Norwegian music and flag-waving
- 10:00 Food is served
- 10:30 *Tale for Dagen* (Speech of the Day)
Speaker – TBD
- 11:00 Traditional Norwegian children's games – with ice cream rewards!
- 11:30 Explore the park and enjoy table games

Co-hosted by Arizona Norseman & Desert Fjord and Overtro Fjell Sons of Norway Lodges

www.aznorseman.org | www.facebook.com/aznorseman | www.desertfjord.org | www.facebook.com/desertfjord | www.facebook.com/Sonsofnorwaymesa





Desert Fjord's Scandinavian Noir

(aka Viking Book and Wine Club)

May 20th at 4 pm

Jana Peterson's Home:

**5901 E Hummingbird Lane,
Paradise Valley, AZ**

RSVP (480) 326-2927

Book this month: *The Golden Cage*

by Camilla Lackberg

Bringing snacks is optional

This month's article is about **Simplified Issue Whole Life** and why you need it. Many people face unanticipated expenses after the loss of a loved one. Dealing with these expenses along with the emotions of a loss can be very stressful. I can help you prepare for these expenses with the right amount of insurance.



Without life insurance families may struggle to come up with the funds they need to provide the service they know their loved one would want. Life Insurance can help with these expenses and minimize the stress of this phase of life.

While talking about end-of-life is uncomfortable, planning for these expenses is important to do. I can show you how final expense life insurance can help keep your loved one from paying these types of expenses out-of-pocket.

Here are some features of Sons of Norway's Simplified Issue Whole Life:

- **Face amounts**
 - \$25,000-\$50,000 Issue ages 0-59
 - \$10,000-\$50,000 Issue ages 60-85
- **Mode of payment**
 - Annual, semi-annual, quarterly or bank draft
- **Simplified Underwriting**
 - Simplified issue application medical questions are used along with these items to underwrite the risk:
 - telephone interview, MVR check, MIB check and prescription database check

For more details, please contact me:

Len Carlson FIC CLU

(651) 253-1943

or by email at:

len.carlson253@gmail.com

Desert Fjord Leadership Team Meeting
April 11, 2023 via Zoom 7:00 pm
Minutes

Members in attendance: Jonathan Walters, Janis Johnson, Lois Ripley, Ali Berg Anderson, Bethany Tso, Ed Bergo, Phyllis Bergo, Don Solie and Lynn Solie

Secretary's Report - Lynn Solie

The minutes from the January Leadership meeting were sent to all leadership team members for review prior to the meeting and were approved as written.

Treasurer's Report - Janis Johnson

The current financials were sent to all leadership team members.

The current checking account balance as of 4/6/23 is \$987.68

Discussion about additional fund raising. The cookbook has made a small profit and funds from the last boutique still need to be deposited.

Discussion on how to save money. The lodge could save \$160. per year by canceling the PO Box fee.

Membership - Lois Ripley and Bethany Tso

Lois did a great job writing a remembrance for Howard Barikmo in the last Posten.

Membership continues to make calls checking in on members.

Cultural and Heritage Meetings

Our next meeting will be Syttende Mai. We will be celebrating with AZ Norseman. The SON Overtro Fjell Lodge has been invited to join us.

Old Business

Boutique Storage has been moved to our storage closet at the Masonic Lodge.

New Business

Website: *We are looking for a member to take over as Web Master. The duties are keeping the Desert Fjord web site updated. Anyone with interest please contact Jonathan.*

Shannon replacement or other meal solution option: for the time being, it was decided that we would have dessert and coffee after our lodge meetings instead of a meal. We would still have a few "pot lucks" during the year.

Flagstaff – *members of the former Nordic Pines lodge may be interested to become a functioning satellite or annex of our lodge. Jonathan asked about this at the April 2 District Six Board meeting ... whether there was a precedent for this. Luella Grangaard, International Director of District 6, said she'd send some unofficial information on this. We have decided to explore the options.*

District 6 Membership Committee: *Bethany Tso and Jonathan have expressed interest in becoming part of this..*

SON Foundation: *The donation piggy banks will be on the tables at our next meeting and the foundation directors will give a foundation update at the next meeting.*

The Sons of Norway District 6 Convention *will take place in Las Vegas, June 20-24, 2024.*

The meeting was adjourned at 7:30.

Respectfully submitted, Lynn Solie, Secretary

Heritage and Cultural Meeting at Desert Fjord – April 2023



Our April meeting highlights included the Scandinavian Folkdancers of Phoenix, a Sons of Norway Foundation update and a delicious potluck lunch.



District Six President: Luella Grangaard

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: www.sofn6.org

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Jonathan Walters

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Overtro Fjell 6-153 - 3rd Saturday at 11:00 am

Our Savior's Lutheran Church

625 S Ellsworth, Mesa, AZ

Sola 6-168 - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZ

Sol Byer 6-134 - 3rd Saturday at 11:00 am

Sun City West Foundation

14465 R.H. Johnson Blvd, Sun City West, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



“Like” us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

May Birthdays

Kathleen G Rice	3rd
Winston Reed*	5th
Roxane McLaughlin	7th
Jodi K Levell	10th
Laura J Riddle	13th
Janis S Johnson	15th
Emily McLaughlin	17th



Eleanor Reed*	17th
Knut Haldorsen	20th
Jonathan D Walters	20th
Janis E Haldorsen	25th
Susan W McClinton	27th
Shannon S Prondzinski	28th
Jimmy D Rice	29th

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!



Rekefest 2023 at the home of Erik & Valerie Ringnes, Glendale—the trivia game and Music Bingo made a fun event along with delicious Norwegian shrimp

Officers of Desert Fjord Lodge

President: Open (Jonathan Walters)—(347) 801-3345

Vice President: Bethany Tso—(602) 770-7565

Secretary: Lynn Solie—(612) 250-6997

Treasurer: Janis Johnson— janisjoann41@gmail.com

Membership Secretary: Lois Ripley (480) 521-8693

Member at Large: Norman Jenson, Don Solie

Auditor: Dirk Walter

Counselor: Ed B ergo

Co-Cultural Directors: Jana Peterson, Nina Poe

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education Committee (Scholarships & Grants): Nina Poe, Gordon Peterson, Don Solie

Foundation Directors: Gordon Peterson, Don Solie

Greeters: Georgiann Crouse, Norman Jenson, Jr

Librarian: Janis Johnson

Marshals: Knut Haldorsen and Peter Flanders

Posten Editor: Open (Jonathan Walters)

Publicity Director/Public Relations: Janis Johnson

Reservations: Lynn Solie (612) 250-6997, Janet Peterson (480) 659-7328

Social Director: Berit Miltun— (480) 966-2009

Sunshine: Bethany Tso—(602) 770-7565

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

Webmaster: Jan Loomis

Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway
2531 N Scottsdale Rd
Scottsdale AZ 85257

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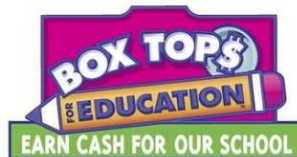
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Sons of Norway International Headquarters Website:

<https://www.sofn.com/>



<http://www.boxtops4education.com/participating-products>