

The Posten

November
2021

In this Issue:

- 2 Lodge Meeting
- 3 Membership Matters;
Ole and Lena
- 4 Library Corner; Ole and
Lena (cont'd)
- 5 Word from Len Carlson,
our Sons of Norway In-
surance Specialist
- 6 Scandinavian Fest
- 7 Sons of Norway District
Six and AZ Lodges Info;
November Birthdays
- 8 Desert Fjord Information

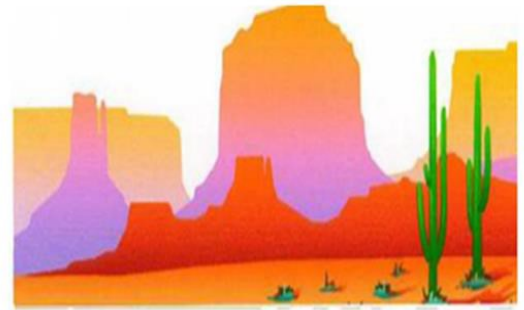
Desert Fjord Lodge 6-133
P O Box 561
Scottsdale, AZ 85252



SONS OF NORWAY

Desert Fjord Lodge

Established 1984



President's Column

This month I'm pleased to announce we have a special program presented by Erik Ringnes. Recently he made a trip to Norway—he'll show us pictures and tell us all about it. Many of us have been kept from travel there during this troubled time, but Erik will take us there.



An added bonus will be a short talk by our Sons of Norway insurance specialist, Len Carlson. He's been assigned to Desert Fjord lodge and I'm sure he has something good for us and our families.

Also, we'll be serving a light meal—wrapped croissants with your choice of turkey or ham. Shannon will bring us this tasty lunch. I hope you feel safe enough to join us for this month's program and meal. Bring a neighbor or friend along!

Please find a great article from our Membership Secretary on page 3. Lois continues to do good work serving our members and prospective members—thank you, Lois!

Recently, it's been scientifically established that Vikings discovered the New World 1,000 years ago—some of you perhaps saw an article about this. I thought about including that in this newsletter, but will work on it for a future Posten. We Scandinavians have much to be proud of!

As Thanksgiving Day is right around the corner, let us pause to reflect on all we have to be thankful for. Enjoy the holiday with good food, family and friends!

Velkommen

Heritage and Cultural Meeting

November 14th at 2 PM

Masonic Lodge, 2531 N Scottsdale Rd, Scottsdale, AZ

Program by Erik Ringnes: "Stories from Norway"
(we'll see beautiful scenes as he talks about his recent trip and some other trips to Norway in past years)



Menu

- Croissant Sandwiches (*individually wrapped*)
- Choice of oven-roasted Turkey or Ham
- Topped with cheese, tomato, and mustard aioli
- Coffee will be served.

Cost: \$12.00 (*includes \$5 to cover hall rental*)

- Please click [here](#) to register for the event **by Nov 12th** or RSVP to Lynn Solie (612) 250-6997.

Membership Matters by Lois Ripley, Membership Secretary

You never know what interesting and delightful people you'll meet when you come to Sons of Norway!

Some years ago members of Desert Fjord went up to Flagstaff and had a picnic in the park with members of the Nordic Pines lodge. Lois Saakas and I were sitting at the picnic table with a woman we didn't know. I introduced myself and asked her what her name was. Lo and behold, it was Dorothy Williams, a longtime member of Desert Fjord. (Dorothy joined SON on May 17, 1991) I asked her how long she'd been in AZ and where she came from.

Much to my delight, she told me about growing up in St Paul, MN. I said, "So did I." My next question to her, "Where did you go to school?" You can imagine my surprise when I learned that Dorothy came from my neighborhood and we'd both graduated from the same school, Wilson High School. "Dorothy, I graduated from there in 1952 – when did you graduate?" She told me she graduated with the class of 1940.

Dorothy and I got better acquainted following the Flagstaff outing. Ever so often we went for lunch until she relocated to CA to live with her daughter. One time when I visited MN I took a picture of the house she grew up in and brought it to her. I found out she was a professional violinist who had played in the Phoenix Symphony. Now retired, she played in a string quartet that volunteered to play in local high schools. What began at a lodge picnic grew into an unforgettable relationship with someone from my hometown.

* * *



If your contact information changes, please let Lois know. Your current phone number and your email address are how we stay connected. Lois can be reached at: (480) 838-5548; her email address is: lcripley@gmail.com. (You can also speak with her at one of our lodge meetings.)

Entertainment from Ole and Lena

At the Ladies Aid, the discussion was on the question of "When does life begin?" Mrs Knutson stated her opinion: "At birth." Mrs Torkelson said she thought life began at conception. Lena, however, had an entirely different opinion. "Life begins," said Lena, "ven da dog dies and da kids leave home."

* * *

Doctor (on the phone): Ole, I have to tell you . . . Your check came back.

Ole: Vell, let me tell YOU sumting. So did my arthritis!

* * *

Lars asked Ole what he was going to have for supper. "Same old ting, I suppose," said Ole. "Cold shoulder and hot tongue."

(cont'd on page 4)

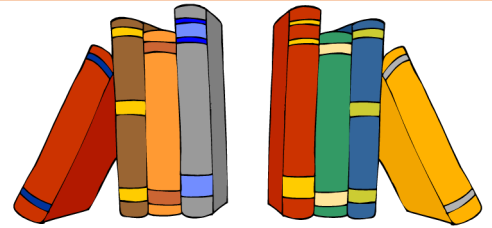
Entertainment from Ole and Lena (*cont'd from page 3*)

Ole had his car towed into town when the motor quit. He told Sven about it, complaining about the outlandish price of \$35. "dat's a big robbery, Ole," said Sven. "Yah, I know it's a yip, but I got even. I kept da brakes on all da vay back to town."

LIBRARY CORNER

A Book Review by Jan Johnson

(*highlighting one of the books soon available in our great Library*)



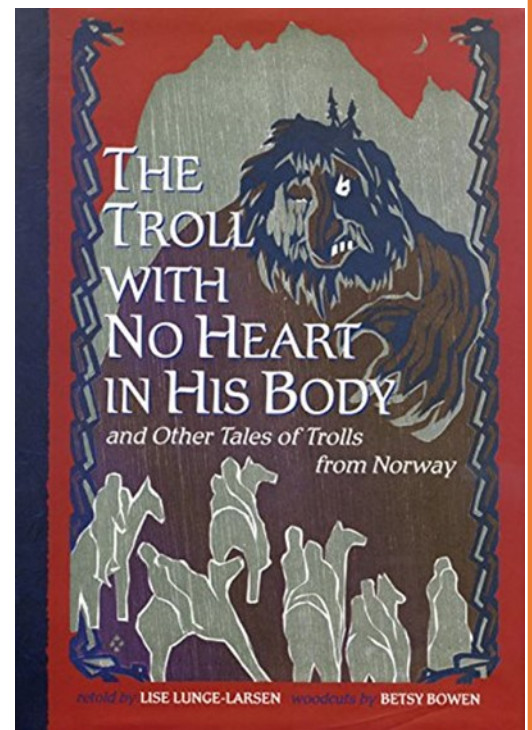
The Troll With No Heart In His Body **Lise Lunge-Larsen**

What are trolls and why do children love them so much? As tall as trees and as ancient and rugged as the Norwegian landscape from which they come, trolls are some of folklore's most fascinating and varied creatures. In this collection of nine troll tales, Lunge-Larsen brings a combination of childhood memories and careful research to the retelling of each story, while Betsy Bowen's striking woodcuts are as timeless and rare as the trolls themselves.

Born and raised in Norway, Lise Lunge-Larsen, known to many as "the Troll Lady," met her first troll at the age of three, and the experience shaped her understanding

of the natural world as a place alive and full of mysterious creatures and stories. She has been a storyteller for more than thirty years; children still beg for "just one more troll story."

The image on the left is the artist's wood cut print of one of the illustrations in this wonderful children's book purchased in Betsy Bowen's Gallery in Grand Marais, MN.



Hello everyone, I bet all of you are settling into the fall and winter months – good for you!

As you read this article about life insurance, focus your thoughts on your adult kids, grandkids and great grandkids as they all have needs that life insurance can take care of ... plus, if you think of what I am saying pertains to you, awesome!



You have worked hard to build financial security for your loved ones like your children, and your children are doing the same for your grandchildren. That financial security is worth protecting with life insurance.

There are two types of life insurance – term and permanent. What's the difference? Term life insurance lasts for a number of years like 10, 15, 20 and 30 years. Premiums are locked in for this term period – but at the end of the period, the premiums are much higher.

With either term or permanent, when you pass away while coverage is in place, your policy will pay the death benefit. The problem is that only about 1% of all term insurance that people buy results in a death claim because it's too expensive at the end of the term period.

Permanent insurance, on the other hand, provides for coverage for your entire life, has guaranteed growth and premiums are locked in. Permanent insurance allows you to build cash values that can be used for own use, like supplement retirement income, pay off debts, etc.

Let me leave you with this thought – a majority of people that own life insurance say that one of the main reasons that they own life insurance is to transfer wealth across generations.

YOU DON'T BUY LIFE INSURANCE FOR YOU; YOU BUY IT FOR THE ONES YOU LOVE.

As always, I'm available to visit –

Len Carlson

(651) 253-1943

or by email at:

len.carlson253@gmail.com

Scandinavian Fest
Virtual Holiday Market
November 12-14



Join the Event

It's almost time to shop!

The Scandinavian Fest Virtual Holiday Market is coming up soon! Join us from November 12-14 to shop from over 50 vendors – find unique Nordic products, holiday gifts and décor, and food and drink items all from the comfort of your home.

How to participate in the Virtual Holiday Market?

1. Visit the event page on Facebook and mark yourself as “Going”: <https://www.facebook.com/events/427845251665287>
2. Visit the event page and click on the “Discussion” tab to see all the posts from vendors.
3. Once you see a post of an item you like, just click on the link to that business’ website and purchase online!
4. Make sure you enter our daily giveaways for a chance to win fun prizes.

Thank you for shopping small this year and supporting Nordic small businesses!

Scandinavian Fest

District Six President: Luella Grangaard

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: www.sofn6.org

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Benny Jo Hinchey

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Nordic Pines 6-167 - 3rd Sunday, Family

Resource Ctr., Flagstaff, AZ

Overtro Fjell 6-153 - 3rd Saturday

at 11:00 am, Mesa, AZ

Sola 6-168 - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZ

Sol Byer 6-134 - 3rd Saturday at

11:00 am, Elks Lodge, 10760 Union

Hills Dr., Sun City, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



“Like” us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

November Birthdays

Norman C Jenson	3rd
Shirley M Berg	4th
Karl K Haldorsen	6th
Dawn Grove	9th
Michael J Osland	9th
Heather L Kalin	13th
Nicholas J Bergo	14th



Janet Peterson	19th
Madeline Levell *	20th
Olivia D Loomis *	21st
Kari A Jay	26th
Nancy J Zine	26th
Dirk P Walter	28th
Mary A Steinnes	29th

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!



Fall in Norway (photo by Erik Ringnes)

Officers of Desert Fjord Lodge

President: Jonathan Walters—(347) 801-3345

Vice President:

Secretary: Phyllis Bergo (480) 812-9762

Treasurer: Janis Johnson— janisjoan41@gmail.com

Membership Secretary: Lois Ripley (480) 838-5548

Auditors: Dirk Walter

Counselor: Ed Bergo

Co-Cultural Directors: Jana Peterson, Nina Poe

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education Committee (Scholarships & Grants): Nina Poe, Paul Lindbloom, Gordon Peterson

Foundation Directors: Gordon Peterson, Paul Lindbloom

Greeters: Georgiann Crouse, Norman Jenson, Jr

Librarian: Nancy Zine

Marshals: Knut Haldorsen and Peter Flanders

Posten Editor: Jonathan Walters

Publicity Director/Public Relations: Janis Johnson

Reservations: Lynn Solie (612) 250-6997

Social Directors: Berit Miltun— (480) 966-2009, Nellie Lokken

Sunshine: Dawn Walter— (480) 860-9192

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

Webmaster: Jan Loomis

Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 561

Scottsdale AZ 85252

STAMP

TO:

Please return to sender

If not deliverable



Sons of Norway International Headquarters Website:

<https://www.sofn.com/>



<http://www.boxtops4education.com/participating-products>