

The Posten

October 2021

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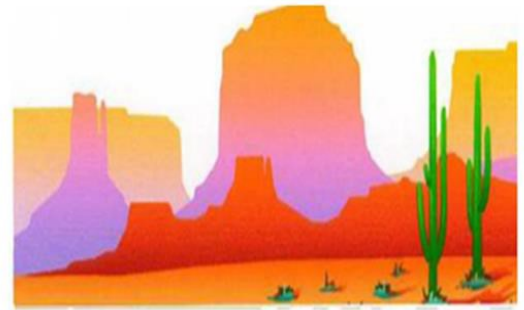
Desert Fjord Lodge 6-133
P O Box 561
Scottsdale, AZ 85252



SONS OF NORWAY

Desert Fjord Lodge

Established 1984



President's Column

This month we meet at our usual venue, the Masonic Lodge in Scottsdale—for the first time since early last year. Please find information about it on the next page. (FYI—the program info is not a mistake ... by accident the wrong movie was in the DVD case last month and we got to see instead a great Woody Allen movie “Midnight in Paris”. The good news: you didn’t miss “The Lutefisk Wars”.)



Please remember to observe Leif Erikson Day in some way. Fly a Norwegian flag or wear a Scandinavian T-shirt. *(A bit of history about this is on page 3.)* It's a good thing that discovery of America by a Viking is getting better known and accepted!

For many years Desert Fjord lodge has participated in the good work of Tubfrim. For various reasons sending used stamps to Norway has come to an end. Many thanks to all who took part in this; a special thank you to Lois Ripley and Lois Sakkas who prepared and packaged the stamps. *(Please read more about Tubfrim on page 4 as well as what you could do with your used stamps if you wish to give them for a good cause.)*

I hope you get a chance to try the mushroom stew recipe on page 6. I guess we cannot go hiking in a nearby forest looking for wild mushrooms, but our Scandinavian roots urge us to enjoy delicious, healthy cuisine.

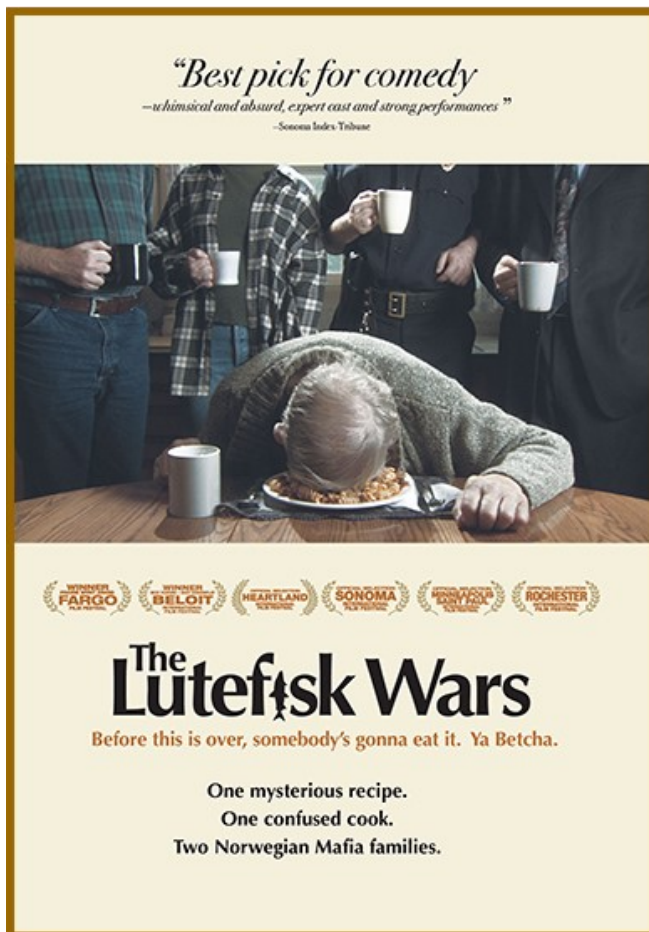
Velkommen

Heritage and Cultural Meeting

October 10th at 2 PM

Masonic Lodge, 2531 N Scottsdale Rd, Scottsdale, AZ

Program: The Lutefisk Wars, a movie



We're holding a meeting in our normal meeting place this month!

A basket will be passed for contributions to help defray the rent expense for our meeting. (Suggested donation: \$5 per person)

No food or beverage will be served, but please bring a snack and beverage for yourself.

I'm sure most of us are vaccinated and the lodge offers adequate space for social distancing, but feel free to wear a face mask if you feel threatened by the virus.

We hope you can join us!

- Please click [here](#) to register for the event or RSVP to Lynn Solie (612) 250-6997.

Membership Matters



* * *

If your contact information changes, please let Lois know. Your phone number and your email address are how we stay connected in this lodge. Lois can be reached at: (480) 838-5548; her email address is: lcripley@gmail.com. (You can also speak with her at one of our lodge meetings.)

Lois Ripley, our new Membership Secretary, is learning the ropes. You'll be seeing a column from her here several times a year.

OBSERVING LEIF ERIKSON DAY

The 1874 book *America Not Discovered by Columbus* by Norwegian-American Rasmus B. Anderson helped popularize the idea that Vikings were the first Europeans in the New World, an idea that was verified in 1960. During his appearance at the Norse-American Centennial at the Minnesota State Fair in 1925, President Calvin Coolidge gave recognition to Leif Erikson as the discoverer of America due to research by Norwegian-American scholars such as Knut Gjerset and Ludvig Hektoen. In 1929, Wisconsin became the first U.S. state to officially adopt Leif Erikson Day as a state holiday, thanks in large part to efforts by Rasmus Anderson. In 1931, Minnesota did also. Thanks to the efforts of the Leif Erikson Memorial Association of Saskatchewan, the Legislative Assembly of Saskatchewan proclaimed—through an order-in-council in 1936—that Leif Ericsson Day would be observed on October 9. By 1956, Leif Erikson Day had been made an official observance in seven states (Wisconsin, Minnesota, South Dakota, Illinois, Colorado, Washington, and California) and one Canadian province (Saskatchewan).

In 1963, Senator Hubert Humphrey and Representative John Blatnik, both from Minnesota, introduced bills to observe Leif Erikson Day nationwide. On September 2, 1964, Congress unanimously authorized and requested the President to create the observance through an annual proclamation. Lyndon B. Johnson did so that year, as has each president in the years since, often using the proclamation

to praise the contributions of Americans of Nordic descent generally as well as the spirit of discovery.

Bills have been introduced in the Parliament of Canada to observe Leif Erikson Day.

October 9th is not associated with any particular event in Leif Erikson's life. The date was chosen because the ship *Restauration* coming from Stavanger, Norway, arrived in New York Harbor on October 9, 1825, beginning a wave of immigration from Norway to America.

The federal government of the United States observes the holiday and some U.S. states officially commemorate Leif Erikson Day. It is celebrated in many communities, particularly in the Upper Midwest and other places where large numbers of people from the Nordic countries settled. It has long been observed in Seattle, Washington. In 2012, the day was made official in Las Vegas, Nevada.



US stamp issued on Leif Erikson Day in 1968



TUBFRIM
NO-3540 NESBYEN - NORGE



For a long time Desert Fjord members have collected stamps, bringing them to our lodge meetings to be packaged and sent to Tubfrim in Norway. Started in 1928 by a postmaster in the small town of Nesbyen, Norway, used stamps were sold to collectors and the profits given to the Tuberculosis Association of Norway. The idea caught on in many towns in Norway and then spread to other countries. Eventually the operation of Tubfrim was taken over by Norwegian Health Services and, since tuberculosis was no longer a serious threat, the money was given to aid and improve Disabled Children's Services and Programs in Norway. By 2002 Tubfrim had earned over 13 Million Kroner!

There is no longer a designated person in District 6 of Sons of Norway to receive Tubfrim stamps. Also, the Norwegian Seamen's Church will no longer take stamps to Norway. Therefore, we'll no longer collect stamps for Tubfrim. Many thanks to our members who supported this worthy cause

over the years!

The last of the stamps collected by Desert Fjord were sent to The Postal History Foundation in Tucson, AZ. Stamps they receive maintain and sustain the Stamp Discovery Program which involves 13,000 students, teachers and parents across the US in learning activities, field trips, merit badge services using 500,000+ stamps and 100+ lessons and activities. They also support the Slusser Memorial Library in their work preserving and making accessible 32,000 philatelic books, catalogs, journals, photographs, maps, museum and archival collections. Beyond that the foundation also helps the Postal History Museum. To learn more about their activities, please visit their website:

www.postalhistoryfoundation.org.

If you still wish to collect and give stamps please consider The Postal History Foundation. Their address is: 926 North First Ave, Tucson, AZ 85719-4818.

ND Farmer's Wealth

There was a Norwegian immigrant man who had worked all his life on his North Dakota farm and had saved all of his money, a real "miser" when it came to his money.

Just before he died, he said to his beautiful wife ... "When I die, I want you to take all my money and put it in the casket with me. I want to take my money to the afterlife with me."

And so he got his wife to promise him, with all of her heart, that when he died, she would put all of the money into the casket with him.

Well, he died. He was stretched out in the casket, his wife was sitting there—dressed in black (what else), and her best friend was sitting next to her.

When they finished the ceremony, and just before the undertaker got ready to

(cont'd on page 5)

close the casket, the wife said, "Wait just a moment!"

She had a small metal box with her; she came over with the box and put it in the casket.

Then the undertaker locked the casket down and they rolled it away. So her friend said, "Girl, I know you were not fool enough to put all that money in there with your husband."

The loyal wife replied, "Listen, I'm a Norwegian Lutheran & I cannot go back on my word. I promised him that I was going to put that money in the casket with him."

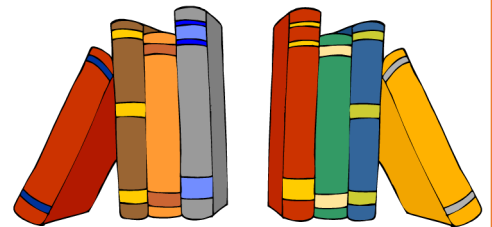
"You mean to tell me you put that money in the casket with him???"

"I sure did," said the wife. "I got it all together, put it into my account and wrote him a check ... if he can cash it, then he can spend it. AMEN!"

LIBRARY CORNER

A Book Review by Jan Johnson

(highlighting one of the books soon available in our great Library)



The Historians



It is 1943 and Sweden's neutrality in the war is under pressure. Laura Dahlgren, the bright, young right-hand of the chief negotiator to Germany, is privy to these tensions, even as she tries to keep her head down in the mounting fray. However, when Laura's best friend from university, Britta, is discovered murdered in cold blood, Laura is determined to find the killer.

Prior to her death, Britta sent a report on the racial profiling in Scandinavia to the Minister of Foreign Affairs secretary, Jens Regnell. In the middle of negotiating a delicate alliance with Hitler and the Nazis, Jens doesn't understand why he's received the report. When the pursuit of Britta's murderer leads Laura to his door, the two join forces to get at the truth.

But as Jens and Laura attempt to untangle the mysterious circumstance surrounding Britta's death, they only become more mired in a web of lies and deceit. This trail will lead to a conspiracy with the potential to topple the nation's identity—a conspiracy some in Sweden will try to keep hidden at any cost.

* * *

Author **CECILIA EKBÄCK**'s first novel was *Wolf Winter*, which won the HWA Goldsboro Debut Crown and the High Plains Book Award. Her second novel, *The Midnight Sun*, was published to wide acclaim. Originally from a small town in northern Sweden, Ekbäck now lives in Canmore, Alberta, with her husband and twin daughters.



Wild About Mushrooms

Norwegians are avid foragers. From berries to mushrooms to wild greens, foraging is a very popular activity throughout Scandinavia. This enduring custom also finds its way into the recipes of the region, many of which call for wild edibles as ingredients.

Seasonal in Norway at this time of year, chanterelle mushrooms are golden in color and trumpet-shaped,

prized for their good looks and their mildly earthy, almost fruity, flavor. Should you be able to get your hands on a handful of these beauties, you're on your way to making *kantarellstuing* (Chanterelle Mushroom Stew), a Norwegian fall favorite. If chanterelle mushrooms are unavailable to you, use cremini or whatever interesting mushrooms you can find.

Ingredients:

- 2 tbsp extra-virgin olive oil
- 1 onion, diced small
- 1 ½ pounds cremini mushrooms, stems removed and sliced or quartered
- 1 tsp chopped fresh thyme
- 2 tsp chopped fresh sage
- 1 tbsp tomato paste
- ¾ cup diced tomatoes (fresh or canned)
- 1 tbsp flour
- 2 cups vegetable broth
- 1 tbsp soy sauce
- 3 tbsp heavy cream
- 1 tbsp unsalted butter
- ½ pound wild mushrooms (such as chanterelles, oyster mushrooms, or morels), stems removed and sliced or broken into smaller pieces if large
- 3 garlic cloves, minced
- 2 tbsp chopped fresh parsley

Preparation:

Heat the olive oil in a large pot over medium heat. Add onions and cook until they are translucent, about 3 minutes. Add cremini mushrooms and a pinch of salt and cook until the mushrooms have given up their liquid and are browned and tender, about 10 minutes. Add thyme, sage, and tomato paste. Cook for one more minute.

Add the tomatoes to the pot and stir to combine. Sprinkle flour over the mixture and cook for one minute, stirring constantly. Gradually add 1 cup of broth, stirring constantly. Add the remaining cup of broth and bring to a boil. Reduce the heat to a simmer and cook for 5 minutes or until the stew has thickened slightly. Add the soy sauce and cream. Season to taste with salt and pepper. (The stew can be prepared up to a day ahead to this point. Cover tightly and refrigerate until you are ready to reheat and serve).

Heat the butter in a skillet over medium heat. Add the wild mushrooms and saute until they give up their liquid and begin to brown, about 5-8 minutes. Add the garlic and cook for one more minute. Add the wild mushrooms to the warm stew—stir gently to combine. Season to taste with salt and pepper. Sprinkle with chopped fresh parsley and serve over mashed potatoes, toasted sourdough bread, pasta or cooked whole grains such as barley or farro.

(borrowed from the Norwegian American)

Welcome back to what we all hope will be a normal lodge season! Perhaps you remember me – Len Carlson. I sent out a letter of introduction a few months ago to all of the lodge members. I have represented Sons of Norway since 1994, with 23 years at Headquarter as Director of Agencies. I live in Minnesota but spend 6 months in Arizona. I have chosen to still work in a different capacity with SON as your Insurance Specialist. I'll also be attending lodge meetings.

Here are the different products and services that I can help you with:

Annuities - Sons of Norway annuities offer the following:

- Protect your principal and gains during market volatility
- Take advantage of tax deferred growth
- Have access to your money
- Secure a steady and predictable stream of income
- Earn a much higher interest rate than your bank money market or CD



Guaranteed Issue Whole Life

- No medical exam
- Guaranteed coverage
- Premiums never increase
- Issue age - 0 to 85
- Issue amounts - \$5,000 to \$25,000

Term Insurance - Think of your kids and grandkids

- Offers lower premiums with greater coverages
- Great for covering debts and mortgages
- Offers a choice of 10, 15, 20, and 30 year term periods

Viking Voyager - A great gift idea from a grandparent

- Choice of coverage - \$10,000, \$15,000, or \$20,000
- You pay a single premium
- Issue age - 0 to 17

These are just a sample of what Sons of Norway has to offer. Please give me a call for a complimentary review to find out more about what we have to offer.

I can be reached by phone at:

(651) 253-1943

or by email at:

len.carlson253@gmail.com

District Six President: Luella Grangaard

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: www.sofn6.org

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Benny Jo Hinchey

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Nordic Pines 6-167 - 3rd Sunday, Family

Resource Ctr., Flagstaff, AZ

Overtro Fjell 6-153 - 3rd Saturday

at 11:00 am, Mesa, AZ

Sola 6-168 - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZ

Sol Byer 6-134 - 3rd Saturday at

11:00 am, Elks Lodge, 10760 Union

Hills Dr., Sun City, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



“Like” us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

October Birthdays

Sada Jean Reed	1st
Mary Jane Gordon	3rd
Mike Opoien	11th
Logan Ronalds *	15th



Barbara B Richey	19th
Brian L Cummings	24th
Richard G Erickson	24th
Timothy Stanley Leeland	28th

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!



Fall in Norway: Ironworks from 1610 at *Bærums Verk*, a village in *Bærum* in Akershus, Norway (photo by Erik Ringnes)

Officers of Desert Fjord Lodge

President: Jonathan Walters—(347) 801-3345

Vice President:

Secretary: Phyllis Bergo (480) 812-9762

Treasurer: Janis Johnson—janisjoan41@gmail.com

Membership Secretary: Lois Ripley (480) 838-5548

Auditors: Dirk Walter

Counselor: Ed Bergo

Co-Cultural Directors: Jana Peterson, Nina Poe

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education Committee (Scholarships & Grants): Nina Poe, Paul Lindbloom, Gordon Peterson

Foundation Directors: Gordon Peterson, Paul Lindbloom

Greeters: Georgiann Crouse, Norman Jenson, Jr

Librarian: Nancy Zine

Marshals: Knut Haldorsen and Peter Flanders

Posten Editor: Jonathan Walters

Publicity Director/Public Relations: Janis Johnson

Reservations: Lynn Solie (612) 250-6997

Social Directors: Berit Miltun— (480) 966-2009, Nellie Lokken

Sunshine: Dawn Walter— (480) 860-9192

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

Webmaster: Jan Loomis

Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 561

Scottsdale AZ 85252

STAMP

TO:

Please return to sender

If not deliverable



Sons of Norway International Headquarters Website:

<https://www.sofn.com/>



<http://www.boxtops4education.com/participating-products>