

The Posten October 2023

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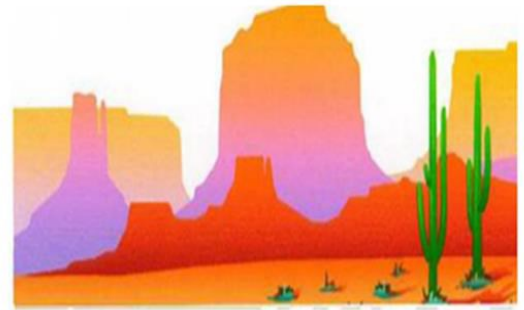
Desert Fjord Lodge 6-133
2531 N Scottsdale Rd
Scottsdale, AZ 85257



SONS OF NORWAY

Desert Fjord Lodge

Established 1984



President's Column

What could be more Norwegian than lefse, lutefisk and Aquavit? This month we have a rare treat—a program telling us how to brew our own Aquavit. (Then we'll get a chance to sample some of Don Johnson's homemade beverage.) The Danes, Swedes and Norwegians each have their own special recipe for this Scandinavian spirit. The perfect complement to a fine meal or quiet evening, it's been enjoyed in Nordic countries since the 1500's. The Danes were so convinced of its medicinal value that they gave seniors .4 Litre of Aquavit each month ... this was discontinued when authorities discovered their youth were buying from the elderly to get Aquavit for their parties. Come and find out what's so great about Aquavit!

October is ***Sons of Norway Foundation*** month. Please find an article about this which appeared in a previous Posten. It's good to be reminded of the important work Sons of Norway does through the SON Foundation. Our lodge has done little to emphasize or support it, but I think it's not too late to do something about that! Maybe a few 50/50 raffles could be used to that end!

This is very late notice, but we've been invited to attend a ***Dreamers Circus*** concert of Nordic folk music at our own Musical Instrument Museum on October 9th. A couple Danes and a Swede make up the trio—find more information about this on page 6.

You'll find Leadership Team minutes from recent meetings. This may be boring reading, but we think it's important for our members to be informed about the important business of our lodge. And this might encourage some of us to get even more involved in our mission, meetings and activities!

Remember, October 9th is ***Leif Erikson Day***—we proudly celebrate his discovery of America!

Velkommen

Heritage and Cultural Meeting

October 15th at 2 PM

Masonic Lodge, 2531 N Scottsdale Rd, Scottsdale, AZ

Program:

AQUAVIT (a.k.a. Akvavit)



The Scandinavian Spirit!

By Don Johnson

New Nordic cuisine has taken the trendy restaurants of the world by storm in recent years, so more and more people are being introduced to the Scandinavian spirit. The name is derived from the Latin *aqua vitae*, or water of life. Aquavit is a flavored spirit that has been produced in the Nordic countries since the 15th century. The flavor comes from the spices and herbs, which can vary, but the main flavoring must be from caraway or dill in order to be termed aquavit, according to European Union rules.

Don Johnson will speak about the history of home-made aquavit and how to keep warm in Trondheim, Norway: the story of one-toe and three-fingered Ole Olmquest, master lumberjack and aquavit maker "It was a cold, wet, rainy morning in Trondheim with a Nor'Easter blowing in from the west. Ole knew what that meant to logging that day.....double Aquavit for the men....and why Aquavit was so important" – So sit back and listen to the rest of the story.....First, what is Aquavit?

Menu:

Sampling of Aquavit

Cheese and Crackers

Coffee and Lemonade

Cost: \$10.00 (\$5.00 of this defrays building rent)

- Please click [here](#) to register **by October 13th** or RSVP to Janet Peterson (480) 209-0684

Sons of Norway Foundation



The SON Foundation is a separate entity established by SON in 1966 and dedicated to preserving and promoting Norwegian heritage and culture as well as providing various forms of assistance to our members, lodges and communities.

The SON Foundation's largest area is the granting of various scholarships for many different areas of education. The Foundation issues scholarships through 14 different types of educational scholarship programs. These vary from regular college to apprenticeship and vocational schooling opportunities. The scholarships are usually available to students who are members of SON, children or grandchildren of SON members. Listings of these various scholarships are available on the SON website in the Foundation section. There are scholarships for students who attend college in Norway and there are even Camperships for kids across the United States to attend Norwegian cultural camps.

The other major area of the Foundation are the six categories of grants. Three of the grant types are for Heritage and Cultural funding and three are for individual funding grants. Heritage and Cultural grants rules and guidelines are available in the Foundation section of the SON website. Individual grants can be Helping Hands grants for Children, for Medical Relief or Disaster Relief. These Helping Hands grants are for SON members and their families who are in times of need.

The SON Foundation is a 501 (c) (3) tax exempt entity. There are two basic contribution types, there is a form on the SON website in the Foundation section under Donate on the left margin. There are also Legacy gift procedures on the form with a contact person and phone number for information on Legacy gifts.

If you have any questions, please contact one of our Foundation Directors:

Gordon Peterson gordie41@cox.net

Don Solie Donsolie3@gmail.com

Membership Matters by Lois Ripley, Membership Secretary

You never know what interesting and delightful people you'll meet when you come to Sons of Norway!



* * *

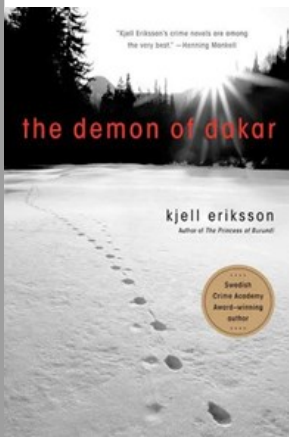
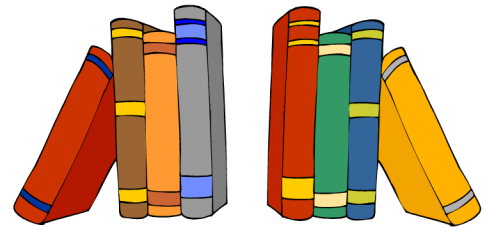
If your contact information changes, please let me know. Your current phone number and your email address are how we stay connected. I can be reached at: (480) 521-8693; my email address is: lcripley@gmail.com. (You

LIBRARY CORNER

A Book Review by Jan Johnson

The Demon of Dakar

By Kjell Eriksson



In *The Demon of Dakar*, Ann Lindell and her motley crew of colleagues are faced with a most baffling murder case in which all clues lead straight back to a popular local restaurant named Dakar. The owner, Slobodan Andersson, has some shady connections in his past, and his partner's reputation is equally murky.

The kitchen crew is not above suspicion, either. The meat chef is an oddball, to say the least, while unbeknownst to the rest, the newest hire's personal life is a tangled web of lies. Even Eva Willman, the seemingly blameless older woman returning to the workforce as a waitress, has skeletons in her closet. And then the tension ratchets up a number of notches as it becomes apparent that one murder has not satisfied the killer in the least. If Ann is to prevent a bloodbath at Restaurant Dakar, she must match wits with a killer whose motives are seemingly completely obscure.

* * *

*Born 1953 in Uppsala, Kjell Eriksson is a Swedish writer, author of the detective chief inspector Ann Lindell crime novels. **Shining Path**, the first of the Lindell series, was named Best First Novel of 1999 by the Swedish Crime Academy. **The Princess of Burundi**, fourth in the series, was awarded the Swedish Crime Writers' Academy Best Swedish Crime Novel Award in 2002. **Open Grave**, published in 2009, was the tenth and final novel in the series. Currently only eight Lindell novels are available in English, though St. Martin's Press has the rights to the whole series.*

Desert Fjord Leadership Team Meeting Minutes
August 10, 2023, 7:30 pm via Zoom

The meeting was called to order at 7:30. Members in attendance via zoom: Jonathan Walters, Bethany Tso, Lois Ripley, Phyllis Bergo, Ed Bergo, Jana Peterson, Don Solie, Lynn Solie.

Secretary's Report - Lynn

Minutes were approved from the April Leadership meeting.

A planning meeting will take place after the Cultural and Heritage meeting on September 10th.

Treasurer's Report - Janis (sent via email to Lynn)

Checking Account \$1034.54

Savings Account \$900.07 (Thanks to a generous benefactor ear marked for District convention in 2024).

Membership - Bethany and Lois

Growing new members - discussion on calls to be made in September, going together with other groups for events, perhaps a tea or other gathering. And community outreach and networking when the events are complimentary to the lodge.

Cultural and Heritage Meetings - Jana

September Meeting either an "Aquavit tasting" on Sept. 3rd, or "Meet and Greet" for Sept 10th. It was decided a Meet and Greet on September 10th.

Christina Carleton from Norway House in Minneapolis could give a presentation in January.

Discussion for other lodges to come to help support and help with defraying costs of bringing her here. No decisions made.

SofN Foundation - Don

reported that a \$20. Donation was sent to lodge headquarters after the April meeting.

Discussion on ways to bring \$ in for the Foundation.

Old Business

Flagstaff-possible Desert Fjord North (annex)? (See attachment) Discussion on the pros and cons. A group of Jonathan, Lois and Bethany will take point and research. No decisions made at this time.

New Business

Officer search for Desert Fjord, Jonathan has served our lodge well over the years and we are thankful. He has requested a replacement.

A nominating committee has been asked to serve. Ed and Phyllis Bergo are considering serving.

The meeting was adjourned at 8:10.

Respectfully submitted,

Lynn Solie, Secretary, Desert Fjord Lodge

612-250-6997

DREAMERS' CIRCUS
Original Nordic Folk Music from Copenhagen
at the
Musical Instrument Museum in Phoenix
Monday, October 9 at 7:00 pm

New York, NY: September 18, 2023 -- Dreamers' Circus is an award-winning trio of remarkable, classically-trained Scandinavian musicians whose original Nordic folk music is infused with jazz, pop and classical sensibilities. The trio comes to the Musical Instrument Museum (MIM) in Phoenix on Monday, October 9 at 7:00 pm. For tickets and venue information, visit the [MIM website](#).

The trio, based in Copenhagen, are hugely popular and critically acclaimed in Denmark. They made their London debut this summer at Kings Place. They have taken home five Danish Music Awards and were named 2023 Artist of the Year by the Danish national classical radio channel P2 (the first non-classical group to earn that honor). Their official line-up is fiddle, cittern and piano/accordion, but collectively, they also play ukelele, guitar, keyboard/ synthesizer, kannel (a Northern-European box zither), and clog fiddle (a Swedish instrument made from a wooden clog), among others.

The trio says, "We think of Dreamers' Circus as a group of friendly musical disruptors! The various strands and traditions that form the roots of the remarkable variety of American music inspire us, and we love coming across the Atlantic to celebrate those traditions and introduce (or re-introduce) some of our own tunes from the Nordic countries. We've got some new music and some very old music to share with you. Looking forward!"

Swedish multi-instrumentalist **Ale Carr** (cittern) is recognized as one of the leading players of plucked string instruments in Nordic folk music today. He has won five Danish Music Awards in addition to the ones he earned with Dreamers' Circus and appeared this summer at the BBC Proms at Royal Albert Hall with The Deutsche Kammerphilharmonie Bremen. **Nikolaj Busk** (piano/accordion) is a composer and pianist who grew up on traditional Danish songs as well as Louis Armstrong and the Beatles before being "adopted," as he puts it, by folk music. Violinist **Rune Tonsgaard Sørensen** is probably best known to US audiences as violinist in the Danish String Quartet, which just released PRISM V on ECM records. Lesser known fact: Rune also studied church organ and was formerly concertmaster of the Copenhagen Philharmonic.

"Dreamers' Circus does for Nordic folk music, what Astor Piazzolla and the tango nuevo did for Argentinian folk music."

Politiken (Denmark)

Click [here](#) for ticket information.



I hope everyone had a great summer!

Simplified Issue Life Insurance is fast, easy and affordable. I know how important it is to you that the coverage is easy to apply for and affordable. I can help you determine how much coverage is best for you and help you select your beneficiaries.

This type of final expense life insurance is a good option for those who:

- Do not want to have a medical exam
- Would like between \$10,000 and \$50,000 in coverage to help cover expenses
- Want to add to the coverage they already have
- Are between ages 0-74 years of age

While talking about end-of-life can be uncomfortable, planning for these expenses is important. Final expense life insurance can help keep loved ones from paying these types of expenses out-of-pocket.

Please contact me so I can answer any questions that you may have.

Len Carlson FIC CLU

(651) 253-1943

or by email at:

len.carlson253@gmail.com

Desert Fjord Leadership Team Meeting Minutes
September 10, 2023, 3:00 pm
2531 N Scottsdale Road, Scottsdale, AZ

Members in attendance: Jonathan Waters, Janis Johnson, Gordie Peterson, Janet Peterson, Berit Miltun, Lois Ripley, Don Solie, Phyllis Bergo, Ed Bergo, Lynn Solie.

Secretary's Report - Lynn Solie

The minutes from the August meeting were approved as written.

Treasurer's Report - Janis Johnson

The financials are the same as last month.

Membership - Lois Ripley

Lois reported that we had a visitor checking out the lodge wanting to find people to help him with his conversational Norwegian.

Lois has a box of name tags that she would like to donate. Janis agreed to work on a template for new name badges.

The group had discussions on bringing in new members. Advertising at the Jul Bazaars, Facebook and Website.

Lynn agreed to make up 4x6 cards advertising our lodge to be handed out.

Cultural and Heritage Meetings - Jana

Jana was unable to attend, and passed along:

October Meeting will be an Aquavit making by Don Johnson.

Discussion – Meeting will be moved to October 15th if possible.

November meeting will be traditional Norwegian Jule with a cookie exchange.

January Meeting, Christina Carleton from Norway House in Minneapolis.

Discussion for the January meeting on how much it will cost. Perhaps get a grant to defray costs. Jonathan will talk with Jana.

A request was made wondering if we could have a meeting about genealogy?

Social - Berit

Discussion on streamlining the food and beverage portion of our meetings.

October meeting will be cheese and crackers, coffee and lemonade with a cost of \$10. (\$5.00 for the hall rental and \$5.00 for food)

November will be a potluck with a bake sale as it is too early for Christmas cookie baking.

New Business

Officer search for Desert Fjord.

Lynn to send Jonathan club info for the Posten.

The meeting was adjourned.

Respectfully submitted,

Lynn Solie, Secretary, Desert Fjord Lodge

612-250-6997

District Six President: Lis Barca

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: **www.sofn6.org**

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Jonathan Walters

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Overtro Fjell 6-153 - 3rd Saturday at 11:00 am

Our Savior's Lutheran Church

625 S Ellsworth, Mesa, AZ

Sola 6-168 - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZ

Sol Byer 6-134 - 3rd Saturday at 11:00 am

Sun City West Foundation

14465 R.H. Johnson Blvd, Sun City West, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

October Birthdays

Sada J Reed 1st
Mary J Gordon 3rd
Mike Opoien 11th



Logan Ronalds 15th
Barbara B Richey 19th
Richard G Erickson 24th

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!



A Proclamation on Leif Erikson Day, 2023

It is believed that, roughly a millennium ago, Leif Erikson and his crew became the first Europeans to set foot in North America. These Norse explorers boldly charted new paths that would inspire adventurers for centuries to come. With bravery, optimism, and tireless effort, Leif Erikson embodied many of the same traits that future generations of Danes, Finns, Icelanders, Norwegians, and Swedes would weave into the fabric of America's story. This Leif Erikson Day, we join together to honor the heritage of our Nordic communities and celebrate all they have done to strengthen our country.

Throughout our Nation's history, countless Nordic immigrants have come to America – many with little more than the hope in their hearts. Motivated by the promise of possibilities and the search for the American Dream, these families packed up their lives on distant shores to build new homes here. Establishing communities across our Nation, Nordic Americans have contributed so much to our society. Nordic migrants helped lay our country's foundations by fighting for liberty in our Armed Forces; establishing churches, schools, and businesses; and playing essential roles in the labor movement. And as public servants, doctors, engineers, entrepreneurs, community leaders, and so much more, Nordic Americans continue to push our Nation ever forward, enriching every part of American life.

Today, my Administration also reaffirms our strong relations with Nordic nations and their people. Grounded in our shared values of democracy, freedom, and justice, America is working with our Nordic partners to take on our greatest challenges. We are collaborating to address the climate crisis by increasing opportunity and investments in emerging technologies. And we are working together to preserve a free and open Indo-Pacific and to provide security and humanitarian assistance to the people of Ukraine as they defend themselves against Russia's brutal invasion. In service of these missions, last year, the United States supported the ratification process for Finland to join NATO – culminating in the fastest ratification period in modern history. We continue to fully support Sweden's membership in our alliance. Our nations are stronger together, and we will continue working with these capable and committed partners.

This Leif Erikson Day, we celebrate the tremendous contributions of Nordic Americans to our Nation. Most of all, we rededicate ourselves to the American spirit of adventure embodied in Leif Erikson's journey roughly a millennium ago. Let us continue to pursue bravely principles of liberty, equality, and justice so all people in our country can achieve the American Dream.

To honor Leif Erikson, son of Iceland and grandson of Norway, and to celebrate Nordic-American heritage, the Congress, by joint resolution (Public Law 88-566) approved on September 2, 1964, has authorized the President of the United States to proclaim October 9th of each year as "Leif Erikson Day."

NOW, THEREFORE, I, JOSEPH R. BIDEN JR, President of the United States of America, do hereby proclaim October 9, 2023, as Leif Erikson Day. I call upon all Americans to celebrate the contributions of Nordic Americans to our Nation with appropriate ceremonies, activities, and programs.

IN WITNESS WHEREOF, I have hereunto set my hand this sixth day of October, in the year of our Lord two thousand twenty-three, and of the Independence of the United States of America the two hundred and forty-eighth.

JOSEPH R BIDEN JR

Desert Fjord Resources

Looking for information on future meetings, events and Postens?

Desert Fjord web site: <https://desertfjord.org/>

If you are looking for some wonderful Scandinavian recipes, check out:

Sons of Norway web site: <https://www.sofn.com>

As members, we have access to a free, in-depth genealogy club that meets monthly via zoom:

Anthony G (Tony) Hjelmstad, Slektforskningklubb / Genealogy Club



Fjelldalen Lodge #6-162
9078 Greenspointe Ct.
Highlands Ranch, CO 80130
303-324-5381 (c)



**SONS of
NORWAY**

Genealogy@Fjelldalen.com <https://www.fjelldalen.com/>

Genealogy Club (District 6)

Our Desert Fjord Lodge hosts a monthly Book Club meeting in Jana Peterson's home. Members gather to read and review Scandinavian books with an emphasis on murder mystery's. For more information call Jana Peterson at 480-326-2927.

As members of Sons of Norway, we are invited to join the free, national book club that meets monthly via Zoom:

Sons of Norway Book Club:

Bill Browning

Sons of Norway Book Club Coordinator

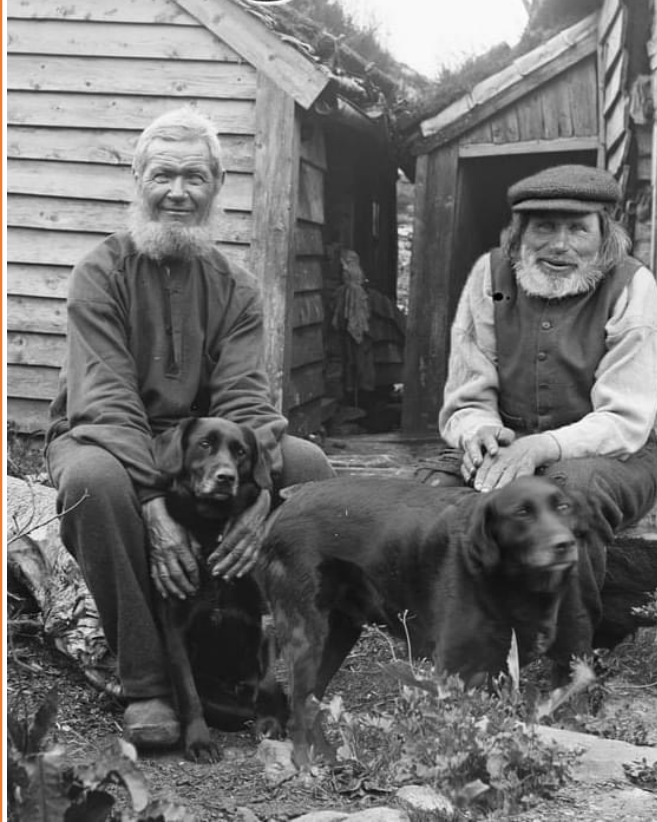
SonsofNorwayBookClub@gmail.com

404-953-2525

As members of Sons of Norway, District 6, we have access to Camp Norge in California. Check out the camp information:

Camp Norge: <https://www.campnorge.org/site/>

A bar customer asked the bartender if he wanted to hear a Norwegian joke. The bartender pointed to a large man at the end of the bar and said, "He's Norwegian." Then the bartender pointed to a burly policeman near the door and repeated, "He's Norwegian." The bartender finished, "Now think about whether you want to tell that joke, because I'm Norwegian, too."



The customer replied, "I guess I won't tell that joke after all. I'd have to explain it three times."

The Norwegian Joke

Officers of Desert Fjord Lodge

President: Open (Jonathan Walters)—(347) 801-3345

Vice President: Bethany Tso—(602) 770-7565

Secretary: Lynn Solie—(612) 250-6997

Treasurer: Janis Johnson— janisjoann41@gmail.com

Membership Secretary: Lois Ripley (480) 521-8693

Member at Large: Norman Jenson, Don Solie

Auditor: Dirk Walter

Counselor: Ed B ergo

Co-Cultural Directors: Jana Peterson, Nina Poe

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education Committee (Scholarships & Grants): Nina Poe, Gordon Peterson, Don Solie

Foundation Directors: Gordon Peterson, Don Solie

Greeters: Georgiann Crouse, Norman Jenson, Jr

Librarian: Janis Johnson

Marshals: Knut Haldorsen and Peter Flanders

Posten Editor: Open (Jonathan Walters)

Publicity Director/Public Relations: Janis Johnson

Reservations: Lynn Solie (612) 250-6997, Janet Peterson (480) 659-7328

Social Director: Berit Miltun— (480) 966-2009

Sunshine: Bethany Tso—(602) 770-7565

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jenson

Webmaster: Jan Loomis

Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway
2531 N Scottsdale Rd
Scottsdale AZ 85257

STAMP

TO:

Please return to sender

If not deliverable



Sons of Norway International Headquarters Website:

<https://www.sofn.com/>



<http://www.boxtops4education.com/participating-products>