

The Posten

September 2019

In this Issue:

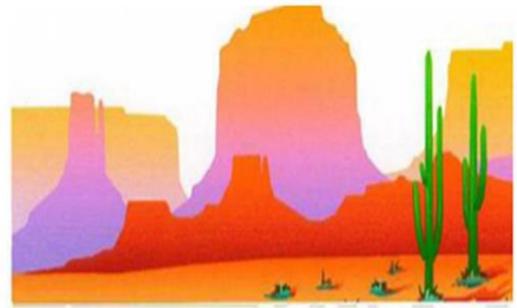
- 2 Upcoming Meetings
- 3 Duffel Bags for I-HELP;
Wanted: A Lucia
- 4 Library Corner; Home is
Where the Heart Is
- 5 Wine & Painting Night;
September Birthdays
- 6 "A Scandinavian Tour";
Sons of Norway District
Six and Arizona Lodges
Information
- 7 Picnic in the Pines 2019
- 8 Desert Fjord Information;
New Member Welcome
Party

Desert Fjord Lodge 6-133
P O Box 1716
Scottsdale, AZ 85252-1716



SONS OF NORWAY

Desert Fjord Lodge



President's Column

I hope this finds you refreshed and invigorated from your activities during the summer—ready to bring new energy to the work of our lodge. Our monthly meetings resume with a great program and menu to complement it. Please come join us and bring along a friend. *All the details are on the next page.*

I'm pleased to announce a new column coming to our newsletter: "Home is Where the Heart Is". Our Treasurer, Janis Johnson, brought the idea for this and will act as a contributing editor for this project. Each of us has some link through our family and ancestors to a particular farm, valley and area in the beautiful land of Norway. This new column is an opportunity for us to share month by month in our Posten something about where they came from. I imagine our understanding of different parts of Norway will be expanded and enriched. *Page 4 tells you a little about this;* in October you'll be able to learn from one of our members something about their roots in Norway.

Coming soon is an opportunity for our lodge to attend and be involved in "A Scandinavian Tour", a concert presented by the North Valley Symphony Orchestra. Our lodge has been specially invited to participate—you'll be hearing more about this soon! *Page 6 gives you some preliminary details.*

Our lodge will be forming a Nominating Committee to present a slate of candidates to fill vacancies and serve in various capacities. Please be ready to consider taking on some responsibility to carry on the good work of Desert Fjord Lodge. Our lodge is a great base of operations to spread the cheerful, winsome Scandinavian spirit in our community. I'm reminded of one of our late members, Sharon Clunk, who served our lodge in many ways. A fellow who worked in her home as a contractor for six months stood up at her memorial service to tell about his experience. Sharon hugged him when he arrived and when he left each day. He never got a complaint from her; she was always cheerful. Because of Sharon he almost became a Norwegian! May we also be that kind of Norwegian!!



Velkommen

Business Meeting at 1 pm, Saturday, September 7th

Scottsdale United Methodist Church, 4140 North Miller Rd,
Scottsdale, AZ

Heritage and Cultural Meeting—September 8th at 2 PM

Masonic Lodge, 2531 N Scottsdale Rd, Scottsdale



Program: *AQUAVIT* (a.k.a. AKVAVIT)

THE SCANDINAVIAN SPIRIT!

by Don Johnson

New Nordic cuisine has taken the trendy restaurants of the world by storm in recent years, so more and more people are being introduced to the Scandinavian spirit. The name is derived from the Latin *aqua vitae*, or water of life. Aquavit is a flavored spirit that has been produced in the Nordic countries since the 15th century. The flavor comes from the spices and herbs, which can vary, but the main flavoring must be from caraway or dill in order to be termed aquavit, according to European Union rules.

Don Johnson will speak about the history of home-made aquavit and how to keep warm in Trondheim, Norway: the story of one toe and three-fingered Ole Olmquest, master lumberjack and aquavit maker

"It was a cold, wet, rainy morning in Trondheim with a Nor'Easter blowing in from the west. Ole knew what that meant to logging that day.....double Aquavit for the men.....and why Aquavit was so important" - so sit back and listen to the rest of the story.....First, what is Aquavit?.....

Menu :

- **Fillet of Pork with Mushrooms and White Wine Sauce**
- **Mashed Potatoes**
- **Buttered Corn**
- **Dessert**
- **Coffee, Tea and Water**

Price: Adults \$15.00; Children—\$7.50

Reservations: Via the link [online](#) (click "online") or call Phyllis Bergo by September 6th!

(the online registration now offers a "no meal" option and you can pay \$5 to attend the meeting only)



(480) 812-9762

Make your check payable to Sons of Norway & mail to:
Phyllis Bergo, 2589 East Erie Ct, Gilbert AZ, 85295

Lodge Good Works—Helping those in our community

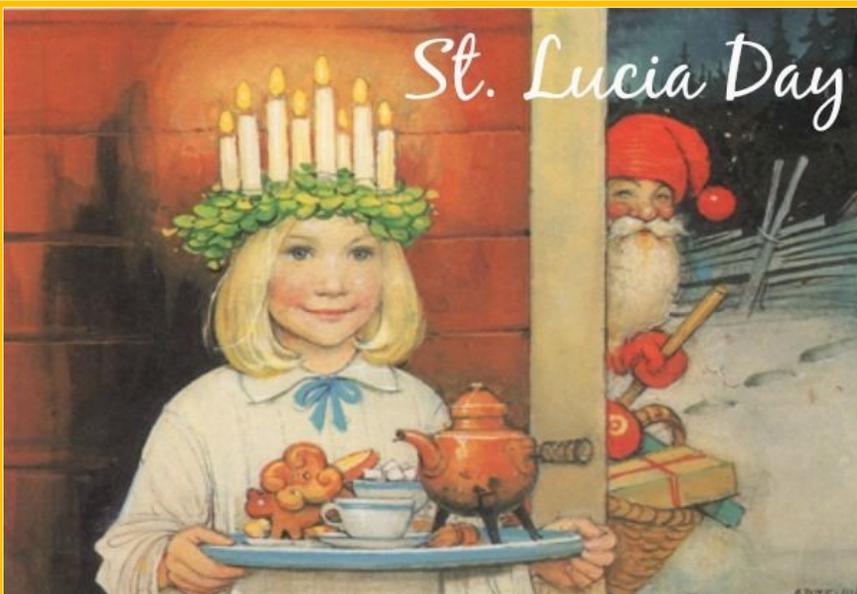


DUFFLE BAGS FOR I-HELP

(you can join Desert Fjord members to help I-Help)

These duffel bags are made to give to homeless women who sleep at the churches in the East Valley. The program is called I-Help. They often bring their belongings in plastic bags or worn out totes. Our lodge members can make a contribution by helping prepare the fabric ... coming to a snip and rip party at the home of Phyllis Bergo. And Desert Fjord gets credit for community service!

Shirley Ouren and her cousin, Roberta, joined Phyllis to make several bags this summer. Those interested in participating & learning how to make these should call Phyllis @ 480-812- 9762 or email phyllisbergo@gmail.com

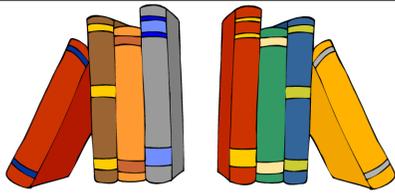


Dear Members:

We're looking for someone to be a Lucia...a young lady, high school age, for an upcoming Heritage Meeting.

Please email:

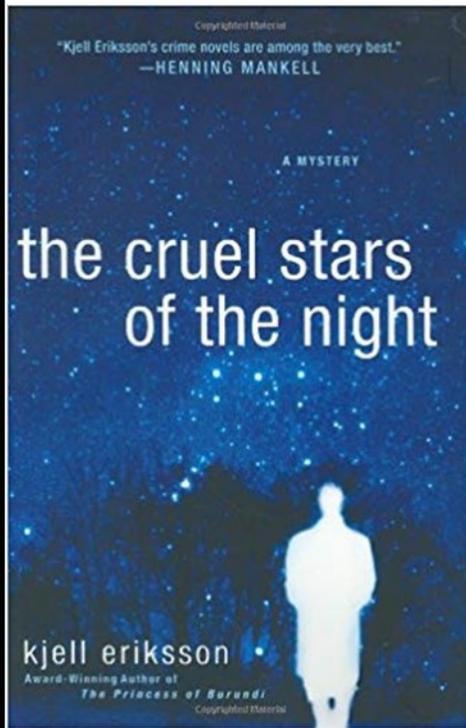
janapeterson@cox.net (or call Jana at 480-326-2927) if you have a relative who would like to do this! Tusen tak!



LIBRARY CORNER

A Book Review by Janis Johnson

(this is to highlight one of the books available in our great Library—please note that we are currently seeking one of our members to get involved with our Library and serve the lodge as our Librarian)



The Cruel Stars of the Night opens one snowy day when thirty-five-year-old Laura Hindersten goes to the police to report that her father, a local professor, is missing. Inspector Ann Lindell and her colleagues can find no motive for the man's disappearance. And when the corpses of two elderly men do turn up, neither of the dead men is the missing academic.

Unexpectedly, the police get help from one of the professor's colleagues, who believes there is an astonishing link between the murders and the disappearance of Professor Hindersten. But as the pressure on Lindell increases dramatically, she is shocked to discover that the killer has many more diabolical schemes in store.

Combining heart-pounding suspense with brilliant psychological insight, *The Cruel Stars of the Night* moves like a comet as it approaches the cliff-hanging climax.

Home Is Where the Heart Is

Would you be willing to share something about where your ancestors or your native-born Norwegians came from in Norway? Beginning with the October Posten, we will feature a new column about the area of Norway your family called home at one time.



If you'd like to share your family story in one or two paragraphs, please send it to janisjoann41@gmail.com. If there's a picture or two to share as well, they'd be most welcome. Let's see if we can have some representation from all the fylkes in the beautiful land of Norway.

This will be an exciting time of show and tell for our lodge!

ASCENSION Wine & Painting Night with Jana Peterson. Saturday, Sept. 7th, 2019

**4:00 PM – 7:00 PM Ascension Lutheran Church Fellowship Hall
7100 N. Mockingbird Lane Paradise Valley, AZ 85253**



Participants will learn how to make their own “Wonder” masterpiece. All materials are included in registration—including wine and light snacks. You will go home an awakened artist—with a painting to show for it! Great gift, too!

\$40 per person includes supplies, wine, and light snacks. Registration is limited to 30 participants! Get your ticket (and your friend's) now! You can sign up in the Ascension Narthex, 7100 N. Mockingbird Lane, P.V., or please call 480-948-6050 (Ascension Office) or 480-326-2927 to RSVP.

September Birthdays

Taruno Steffensen	7th
Liv VanderBeischel *	7th
Joseph Vincent Walter *	7th
Shirley E Kalin	12th
Jan B Loomis	17th



Ali Berg Anderson	18th
Janice L Lindbloom	22nd
Jennifer M Loomis	23rd
Richard L Westby	30th

* Heritage Member

Gratulerer Med Dagen – Happy Birthday !!



OCT
19

North Valley Symphony Orchestra

presents a concert program:

"A Scandinavian Tour"

Embrace an evening of music that evokes the misty fjords, the rugged mountains and deep forests of Scandinavia ... including Grieg's famous Peer Gynt Suites

- 7:00—9:00 pm, Saturday, October 19th
- North Canyon High School, 1700 E Union Hills Drive, Phoenix, AZ
- Tickets—\$5.00 (*Group discount for 20 or more*)

Desert Fjord Lodge is being invited to participate in this concert by attending the performance and wearing bunads (to be introduced on stage at intermission), participating in an information table and a raffle. At the September Board Meeting the event will be discussed - please stay tuned for more information to come about this. Please save the date and time on your calendar!

District Six President: Luella Grangaard

District Six is made up of the following states:

Arizona, Colorado, Nevada, New Mexico, Utah and Hawaii
- Website: www.sofn6.org

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Benny Jo Hinchey

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Nordic Pines 6-167 - 3rd Sunday, Family

Resource Ctr., Flagstaff, AZ

Overtro Fjell 6-153 - 3rd Saturday

at 11:00 am, St Peter Lutheran Church,

1844 E Dana Ave, Mesa, AZ

Sola 6-168 - 3rd Tuesday at 7:00 pm,

Faith Lutheran Church,

2215 S. 8th Ave., Yuma, AZ

Sol Byer 6-134 - 3rd Saturday at

11:00 am, Elks Lodge, 10760 Union

Hills Dr., Sun City, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark





Picnic in the Pines—Payson 2019

Our thanks to Jan and Sherrie Loomis
for opening their beautiful home and
hosting this annual event!



Officers of Desert Fjord Lodge

President: Jonathan Walters— (347) 801-3345

Vice-President: Jan Loomis— (602) 617-7542

Secretary: Phyllis Bergo

Treasurer: Janis Johnson— janisjoan41@gmail.com

Auditors: Dirk Walter and Floyd Downs

Box Tops for Education:

Counselor: Ed Bergo

Cultural Directors: Jana Peterson, Nina Poe, Laurie Peterson

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education and Scholarships: Elizabeth Lenci-Downs, Nina Poe

Foundation Directors: Gordon Peterson, Paul Lindbloom

Greeters: Floyd Downs and Ross Berg

Historian:

Librarian:

Marshals: Knut Haldorsen and Peter Flanders

Membership Secretary: Sherrie Loomis—(480) 786-4232

Posten Editor:

Publicity Director/Public Relations: Janis Johnson

Reservations: Phyllis Bergo

Social Directors: Berit Miltun— (480) 966-2009, Nellie Lokken

Sports:

Sunshine: Dawn Walter— (480) 860-9192

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm Jensen

Tubfrim: Lois Ripley and Lois Saakas

Webmaster: Jan Loomis



New Member Welcome Party At Postino Highland



“Like” us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six newsfeeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

Mission Statement:

To promote and to preserve the heritage and culture of Norway; to celebrate our relationship with other Nordic Countries; and to provide quality insurance and financial products for our members.

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 1716

Scottsdale AZ 85252-1716

STAMP

TO:

Please return to sender

If not deliverable



Sons of Norway International Headquarters Website:

<https://www.sofn.com/>

Tubfrim - a Norwegian program that collects and sells cancelled postage stamps to raise funds to aid individuals who are handicapped. Just bring to any of our regular meetings; put your name on the bag or box so your name gets put into the drawing.



<http://www.boxtops4education.com/participating-products>