

The Posten November 2025

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Desert Fjord Lodge 6-133
2531 N Scottsdale Rd
Scottsdale, AZ 85257



SONS OF NORWAY

Desert Fjord Lodge

Established 1984



President's Column

This month we have a very special program—Kathi Huhtaluhta and Marvin Todacheenie bring their gifts of music, blending Sami and Navajo. We enjoyed them two years ago and are excited to have them return! Come and bring a friend—you won't be disappointed. Please find details about our meeting on the next page and learn more about Kathi and Marvin on page 3-4.



Last month we held election for new officers who will be installed in January. We are blessed with members who have stepped up to lead us going forward. Our very best to them as they get ready to do that!

President	Mark Alexander
Vice President	Jonathan Walters
Secretary	Kristine Schulz
Treasurer	Neil Heggem

Please note that we need to fill some other officer positions besides these here. Find information about them on page 3. The positions of Social Director and Membership Secretary are also very important. Give it some consideration and please don't be bashful! I'm sure Lois and Berit will be more than happy to stand by and help you learn the ropes.

Our **Boutique** will be open for business at our November meeting. Also, there's a **Scandinavian Fest** hosted by Overtro Fjell Lodge in Mesa on November 22nd—info on page 9. One of our members greeted Prince Haakon in connection with the Bicentennial observance—see page 7. Much to be thankful for—**Happy Thanksgiving!!**

Velkommen

Heritage and Cultural Meeting

November 9th at 2 PM

Masonic Lodge, 2531 N Scottsdale Rd, Scottsdale, AZ

Program: Kathi Huhtaluhta and Marvin Todacheenie
Perform Indigenous Sami and Navajo music



Menu: Potluck (*with a focus on Finland*)

- Bring a dish, salad or dessert to share ... Finnish if possible
- Coffee and lemonade will be served.

Cost: \$12 (*includes meeting room charge of \$5*)

- Click [here](#) to register **by Nov 7th** or RSVP to Janet Peterson (480) 209-0684

HELP WANTED

Sons of Norway is a volunteer fraternal group. We function by virtue of those members who step up and give their time and energy for the good of the group. When I first joined Sons of Norway, the lodge put me to work. It's a great way to get better acquainted with other members; I'd say it's a way to get more bang for your buck as a member!

- **Membership**

Lois Ripley has been our **Membership Secretary** for some time - it's now time to thank her for her service to our lodge. She's retiring and, as a result, we need a volunteer to take her job of welcoming new members and maintaining the membership list. I'm sure Lois would be more than helpful to tell you more about what you're signing up for **(480) 521-8693**.

- **Food**

Berit Miltun has been our **Social Director** for a long time. It's time for someone else to wear this hat! To fulfil the responsibilities of this position, you don't have to personally cook the food for our meeting. It has more to do with organizing what our meeting's menu will be and making sure that everything is handled, whether we have a snack or dessert or potluck. (Please call Berit to learn more about what she does: **(602) 758-2818**.)

- **Reminder Calls**

For some time, it's been our practice to call members to remind them of our meetings. We've had a group of Callers each assigned to contact a portion of our members. We've discovered that few people answer their phones and messages have to be left. Most likely this happens because the call doesn't ring through if the caller isn't on the recipient's contact list.

As a result, **we will no longer do reminder calls unless you tell us you want such a call.** Please [CLICK HERE](#) to inform us or call Phyllis Bergo (602) 762-3840 to get a Reminder Call.

- Mange tusen takk to Gerorgiann Crouse, Norm Jenson, Lois Ripley and Phyllis Bergo who made monthly calls for us!



Kathi in Norway

Kathi Huhtaluhta and Marvin Todacheenie

Kathi Huhtaluhta is a vocalist/composer/ of Finnish/Sami/Lapland heritage. Kathi composes her own music and "yoiks," and visits with family in Roavaniemi, Lapland, Finland and also in Norway's Lapland in the summers. Kathi worked with United Nations for a number of years; during this experience she began to write and compose music in a variety of languages. She has produced numerous albums and music videos.

(cont'd on next page)

(cont'd from page 3)

Ms Huhtaluhta has performed in both Tucson's **Meet Yourself** and the **Tucson Folk Festival**. She's had other engagements in Tucson and Phoenix and also internationally. She was a highlighted performer at the famous **Music Festival** in Kaustinen, Finland.



experience. They collaborated on the album **"Ela, Tannsia, Laula"**.

Kathi and Marvin were invited to perform in the opening ceremonies with the prestigious **USA Finnfest** in Sault Ste Marie, Canada as well as with the **USA Finnfest** in Tucson, Arizona, in 2012. They've been invited to perform with Finnish and Nordic Festivals in Washington and Oregon, as well as with "Friends of Finns" in Phoenix and the Finnish American Club in Tucson.

Marvin Todacheenie is a world-renowned Native flute player from Arizona. He grew up in the tradition of the **Navajo/Dine'** people, where he learned from his grandfather to design and make traditional flutes. Marvin shares the songs and music of his native culture on his flutes. Marvin and Kathi Huhtaluhta together create a dynamic duo ... blending both their indigenous styles to create a spiritual, cultural



Membership Matters by Lois Ripley, Membership Secretary

You never know what interesting and delightful people you'll meet when you come to Sons of Norway!

* * *



Come ... meet with us and explore what a remarkable Scandinavian culture we share.

If your contact information changes, please let me know! Your current phone number and your email address are how we stay connected.

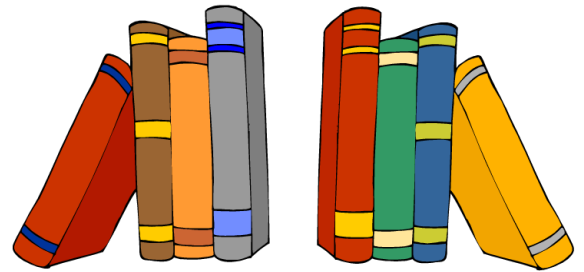
I can be reached at: (480) 521-8693 or my email address: lcripley@gmail.com. (You can also speak with me at one of our lodge meetings.)

LIBRARY CORNER

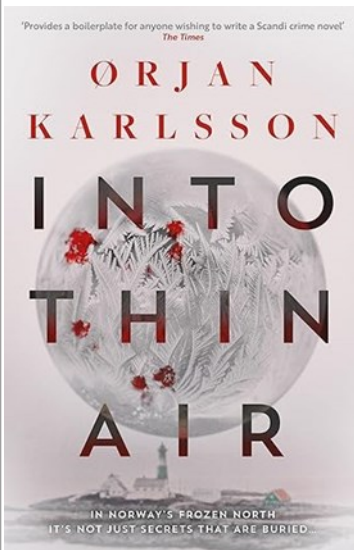
A Book Review by Janis Johnson

Into Thin Air

By Ørjan Karlsson



In Norway's frozen north, it's not just secrets that are buried...



When nineteen-year-old Iselin Hanssen disappears during a run in a popular hiking area in Bodø, Northern Norway, suspicion quickly falls on her boyfriend. For investigator Jakob Weber, the case seems clear-cut, almost unexceptional, even though there is some suggestion that Iselin lived parts of her life beneath the radar of both family and friends.

But events take a dramatic turn when another woman disappears in similar circumstances – this time on the island of Røst, miles off the Norwegian coast, in the wild ocean.

Rumours that a killer is on the loose begin to spread, terrifying the local population and leading to wild conspiracies. But then Jakob discovers that this isn't the first time that young women have vanished without a trace in the region, and it becomes clear that someone is hiding something ... and another murderous spree may have just begun

* * *

Ørjan N. Karlsson grew up in Bodø. A sociologist by trade, he received officer training in the army and has taken part in overseas missions. He has worked in the Defense Ministry and is now a departmental manager in the Norwegian Directorate for Civil Protection. He has written a large number of thrillers, sci-fi novels and crime novels for adults.

District Six President: Lis Barca

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: **www.sofn6.org**

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Jonathan Walters

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell; Flagstaff #167- Nordic Pines; and Yuma #168-Sola

Utah: Salt Lake City #83-Leif Erikson

OTHER SONS OF NORWAY LODGES IN ARIZONA

Overtro Fjell 6-153 - 3rd Saturday at 11:00 am

Our Savior's Lutheran Church

625 S Ellsworth, Mesa, AZ

Sol Byer 6-134 - 3rd Saturday at 11:00 am

Sun City West Foundation

14465 R.H. Johnson Blvd, Sun City West, AZ

LODGES IN OTHER STATES

Go to: **<https://members.sofn.com/lodgeDirectory/>**

Most post their monthly newsletter on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



"Like" us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

November Birthdays

Norman C Jenson Jr	3rd
Shirley M Berg	4th
Karl Haldorsen	6th
Dawn Grove	9th
Michael J Osland	9th
Kelly Drown	12th



Heather L Kalin	13th
Nicholas Jacob Bergo	14th
Janet Peterson	19th
Olivia D Loomis	21st
Vickie Elliott	29th

*** Heritage Member**

Gratulerer Med Dagen – Happy Birthday !!

Crown Prince Haakon's Visit to Luther College October 6, 2025

by

Jackson Loomis

When I heard that the Crown Prince of Norway was coming to Luther College to celebrate 200 years of Norwegian emigration to the US, I was very excited, because I was just in Norway over the Summer, and now I got to be a part of history.

On the day of his visit, I attended the dedication ceremony of The Royal Family Samlingshall at the Vesterheim museum. There, I wore my Norwegian sweater with pride and got to see the Prince as he made his grand entrance for his speech. My friend Julie was wearing her Bunad, and we both got compliments on our attire by members of the entourage walking by. We were even interviewed by the Iowa Public Radio, along with being photographed several times by all the press.

Prince Haakon was very personable, and after his speech, he made his way around the Vesterheim street fair, shaking hands and talking to everyone (me included!). I enjoyed seeing everyone's Norwegian pride as they waved flags and cheered while he walked by. It made me feel proud of my own Norwegian heritage, and happy that I could be at Luther during this historic moment.

After the Vesterheim celebration, I made my way back to campus to sing in Norskkor, the first-year Tenor/Bass choir, for the Prince's arrival. Past and present members of Norskkor gathered to sing "Oh Sing Jubilee" – the Norskkor anthem – outside on the lawn as the Prince walked by. After singing, I got my trumpet and gathered with my trumpet studio ensemble to play a couple of fanfares as the Prince entered the Center for Faith and Life, where he gave the Convocation speech.

In the Convocation speech, Prince Haakon reflected on 200 years of emigration from Norway to the US, and about his own experience coming to the US to go to college in Berkeley, California. He expressed his gratitude for The US being a place where anyone can come to make a life for themselves. One major point he made is that the essence of a free society is the courage to exchange ideas without fear. This is what he feels strengthens Norway's relationship with the US. It made me very hopeful for the future of Luther, and for my education in a proud Norwegian community.



Jackson Bjorn Loomis receiving his 5-year Sons of Norway membership pin from Floyd Downs, Membership Secretary, October 2012



Being interviewed by Iowa Public Radio



Jackson greeting Crown Prince Haakon at Vesterheim Museum, Decorah, IA, October 2025



Jackson and his friend Julie awaiting the Crown Prince's arrival at Vesterheim Museum.



The Desert Fjord Boutique

* * *

Will be open at our November meeting—please come prepared to do some of your Christmas shopping!



Overtro Fjell Sons of Norway 2025 Annual

Scandinavian Fest

Sat., November 22
10 am to 2 pm



NO CHARGE
for admission!

Our saviors lutheran church
612 S. Ellsworth — MESA, AZ
(between Broadway and Southern)

A variety of Norwegian, Icelandic, Swedish and Finnish gifts & decor for purchase that include rosemaling, gifts, gnomes and so much more!

This is the place to get delicious homemade baked goods just in time for the holidays. There will be a wide selection of Norwegian specialties such as Lefse, Krumkake, almond cake, cookies, bars, breads and a whole lot more.

While you're there you may also find pølse in lefse, rømmegrøt, hjertevafler (heart waffles), etc to enjoy with your coffee!

CASH ONLY - We don't accept cards.

Viking Voyager
and
Single Premium Whole Life
(for the grandkids)



In my last article I talked about a Christmas gift of a Life Insurance policy for your Grandkids and Great Grandkids and the reasons why it's a good idea to do so. I referred to a Viking Voyager policy and a Single Premium Whole Life policy. Here's a sample of what the cost of each is.

Viking Voyager, issues age 0 to 17.

Age	Face Amount	Premium	Age	Face amount	Premium
• 0	\$10,000	\$362	0	\$25,000	\$504
• 5	\$10,000	\$341	5	\$25,000	\$477
• 10	\$10,000	\$326	10	\$25,000	\$475

These are one time premiums and coverage goes until age 26 at which time they can convert to a Whole Life policy.

The Single Premium policy, the minimum premium is \$2,000, payable one time. Here are two examples:

Age	Face Amount	Premium {Male}	Age	Face Amount	Premium {female}
• 0	\$12,022	\$2,000	0	\$13,096	\$2,000
• 5	\$10,840	\$2000	5	\$11,692	\$2,000

This policy accumulates cash values and the face amount increases.

For more details, please give me a call.

Len Carlson FIC CLU

(651) 253-1943

or by email at:

len.carlson253@gmail.com

THE SCANDINAVIAN FOLKDANCERS OF PHOENIX

Invite you to join us!

All ages...it's fun!

Interested? PH 480-326-2927 Email: baec56@gmail.com



Instruction and performance of traditional folkdances of the Scandinavian Countries. Practices twice a month. Individuals welcome, (partners not necessary).

Like us on Facebook!

Desert Fjord Resources

- *Looking for information on future meetings, events and Posters?*
Desert Fjord website: <https://desertfjord.org/>
- *If you are looking for some wonderful Scandinavian recipes, check out:*
Sons of Norway website: <https://www.sofn.com>
- *As members, we have access to a free, in-depth genealogy club that meets monthly via zoom –* **Genealogy Club (District 6):**

Anthony G (Tony) Hjelmstad, Slektforskningklubb / Genealogy Club



Fjelldalen Lodge #6-162
9078 Greenspointe Ct.
Highlands Ranch, CO 80130
303-324-5381 (c)



**SONS of
NORWAY**

Genealogy@Fjelldalen.com <https://www.fjelldalen.com/>

- *Our Desert Fjord Lodge (**Scandinavian Noir Book Club** ... previously known as **Viking Book and Wine Club**) hosts a monthly Book Club meeting in Jana Peterson's home. Members gather to read and review Scandinavian books with an emphasis on murder mysteries. For more information call Jana Peterson at 480-326-2927.*
- *As members of Sons of Norway, we are invited to join the free, national book club that meets monthly via Zoom:*
Sons of Norway Book Club:
Bill Browning
Sons of Norway Book Club Coordinator
SonsofNorwayBookClub@gmail.com
[404-953-2525](tel:404-953-2525)
- *As members of Sons of Norway, District 6, we have access to Camp Norge in California. Check out the camp information:*
Camp Norge: <https://www.campnorge.org/site/>

Happy Thanksgiving



Officers of Desert Fjord Lodge

President: Open (Jonathan Walters)—(347) 801-3345

Vice President: Phyllis Bergo (Acting VP)

Secretary: Ed Bergo (Acting Secretary)

Treasurer: Janis Johnson—janisjoann41@gmail.com

Membership Secretary: Lois Ripley (480) 521-8693

Member at Large: Norman Jenson

Auditor: Open

Counselor: Ed Bergo

Co-Cultural Directors: Jana Peterson, Nina Poe

Desert Fjord Boutique: Ali Berg-Anderson

Distribution: Janis Johnson

Education Committee (Scholarships & Grants): Nina Poe,
Gordon Peterson

Foundation Directors: Gordon Peterson

Greeters: Georgiann Crouse, Norman Jenson, Jr

Librarian: Janis Johnson

Marshals: Knut Haldorsen

Posten Editor: Open (Jonathan Walters)

Publicity Director/Public Relations: Janis Johnson

Reservations: Janet Peterson (480) 659-7328

Social Director: Berit Miltun— (480) 966-2009

Sunshine: Open

Trustees: (1yr) K Haldorsen; (2yr) P Flanders; (3yr) Norm
Jenson

Webmaster: Jonathan Walters

Mission Statement:

The mission of Sons of Norway is to provide quality insurance and financial products to our members, promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Scandinavian countries.

FROM:

Desert Fjord Lodge, Sons of Norway

2531 N Scottsdale Rd

Scottsdale AZ 85257

STAMP

TO:

Please return to sender

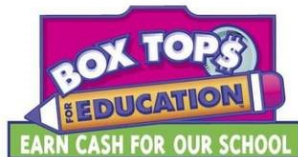
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Sons of Norway International Headquarters Website:

<https://www.sofn.com/>



<http://www.boxtops4education.com/participating-products>