

The Posten

September 2026

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Desert Fjord Lodge 6-133
P O Box 4161
Scottsdale, AZ 85250



SONS OF NORWAY

Desert Fjord Lodge

Established 1984



President's Column

Happy Fall to all Sons of Norway Members!

The summer heat is cooling a little bit with the Monsoon rains , kids are going back to school, and we are heading into the Fall. This has been a Noisy summer with wars, floods, politics, AI and More .



Some of our members, including myself, traveled to Norway in July. After a Very Long flight, we visited major port cities of Oslo, Bergen and Stavanger among other communities. Weather was good, even hot in Oslo, but cooler in the northern cities. Stavanger had a Tall Ship Event with over 30 sailing ships available to tour!

Personally, I was grateful to find significant information on my grandmother and her family in a wonderful small community called Etne. I also enjoyed researching modern Norway.

In the next few months, I hope we can share ice cream, make lefse together, tell our travel and summer stories, and celebrate the holiday season together.

On a sad note, it looks like Sol Byer lodge is closing; they will have a vote soon. This reminds me of the closing of Nordic Pines Lodge in Flagstaff a few years ago. If you have friends there, please invite them to join us.

Tusen Takk to All who contribute* to Desert Fjord!

*** see Membership Matters, page 3**

Velkommen

Heritage and Cultural Meeting

September 13th at 2 pm

Scottsdale United Methodist Church

4140 N Miller Rd, Scottsdale, AZ

Desert Fjord Ice Cream Social!

(on Grandparents Day!!)

- Come for a dish of ice cream or a banana split or just come to enjoy the good Norwegian company you'll meet.
- Yes, I'm sure coffee will be served.
- Please bring your friend or your neighbor, but be sure to make a reservation so we know how many to plan for.

Please note our new meeting location



After a summer hiatus, we're having a festive Sons of Norway Ice Cream Social get together. And it happens to fall on Grandparents Day! What could be more enjoyable as the summer heat begins to abate than a dish of ice cream? There will be no charge, but free will donations can be given to cover expenses.



- Click [here](#) to register by Sept 11th or RSVP to Janet Peterson (480) 209-0684
- If a ride to the meeting is needed, please let Janet know (or tell us on the Google form)

Membership Matters by Jonathan Walters, Vice President

You never know what interesting and delightful people you'll meet when you come to Sons of Norway!

Why does a person become a member of Sons of Norway? I'm sure people join for any number of reasons, but can you remember what prompted you to join? I can remember what first attracted me to Sons of Norway ... and this may surprise you. I was invited by a church choir member to attend the monthly meeting of Overtro Fjell Lodge in Mesa. While seated at the meeting enjoying lunch, her husband remarked, "if you join this lodge, you'll be one of the youngest members here." (I was 62 years old at the time) What I saw there was a bunch of prospective piano tuning customers, so I paid my dues and joined.

Soon after I became of member, an email sent out to the membership asked if anyone would like to be editor of the lodge newsletter. I responded to the email, requesting additional information about it. Soon my phone began to ring – members congratulating me on accepting the position of Newsletter Editor. They were thrilled; I was flabbergasted.

I went on to be the Overtro Fjell Editor. This was a door to getting better acquainted with the other members. Also, it gave me something you'll never get by paying membership dues. Getting involved in your lodge gives you a sense of belonging to something. You're contributing some time

and effort for the benefit of the club. That gives you a feeling of worth and you take pride in doing your part. A bond develops between you and your lodge and its members. You take an increased stake in what goes on at your lodge.

Maybe you get a chance to volunteer in other ways at your lodge. That's right! What you contribute by taking on an official position of your lodge is voluntary. Whatever you give voluntarily, will be returned to you many times over. That's the key to unlocking immeasurable value for yourself in your membership!!

Look at the **Desert Fjord Officers** listing on the last page of this newsletter. Notice how many officer positions are indicated as being "Open". These are opportunities for you to contribute to this lodge. Don't be shy or afraid - you could take on one of these positions! Let me or Mark know if you're interested or if you have any questions. We'll make sure you get adequate help fulfilling your function in that position.



* * *

If your contact information changes, please let me know. Your current phone number and your email address are how we stay connected. I can be reached at: (310) 617-3423; my email address is: crystabel55@yahoo.com. (You can also speak with me at one of our meetings.)

Coming in October!

A wonderful meeting and Vesterheim video about ...

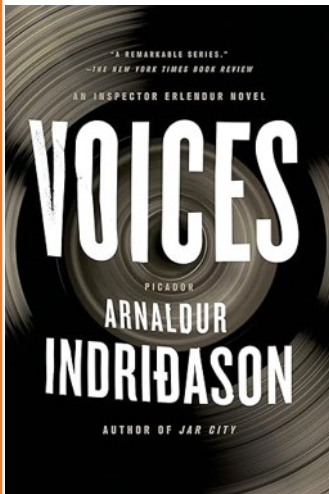
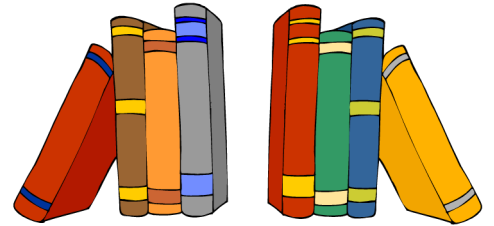
The Power of Silver since Viking times

LIBRARY CORNER

A Book Review by Jan Johnson

Voices

By Arnaldur Indridason



The Christmas rush is at its peak in a grand Reykjavík hotel when Inspector Erlendur is called in to investigate a murder. The hotel Santa has been stabbed to death, and Erlendur and his fellow detectives find no shortage of suspects between the hotel staff and the international travelers staying for the holidays. As Christmas Day approaches, Erlendur must deal with his difficult daughter, pursue a possible romantic interest, and untangle a long-buried web of malice and greed to find the murderer. *Voices* is a brutal, soulful noir from the chilly shores of Iceland.

Arnaldur Indridason is the author of *Jar City*, *Silence of the Grave*, *Voices*, *The Draining Lake*, and *Arctic Chill*. He won the CWA Gold Dagger Award for *Silence of the Grave* and is the only author to win the Glass Key Award for Best Nordic Crime Novel two years in a row, for *Jar City* and *Silence of the Grave*. The film of *Jar City* was Iceland's entry for the 2008 Academy Award for Best Foreign Film, and the film of his next book, *Silence of the Grave*, is currently in production with the same director. His thrillers have sold more than five million copies in over 25 countries around the world. He lives in Iceland.

Norway Almond Cookies

This simple, easy cookie recipe came from cousin Kari in Oslo, Norway.

1/2 lb. Butter, softened
1 cup White Sugar
1 Egg, separated
2 cups Cake Flour
3/4 cup Sliced Almonds

Pre heat oven to 275 degrees.
Mix butter and sugar. Stir in egg yolk and flour.
Spread dough in large cookie sheet with a spatula, not more than 1/4 inch thick.
Slightly beat egg white and spread on dough.
Sprinkle with Almonds.
Bake for about 45 minutes until golden brown.
Cut into squares or diamonds before removing from pan.
Cool on cooling rack.



(thanks to Lynn Solie who shared this recipe!)

District Six President: Lis Barca

District Six is made up of the following states:

Arizona, California, Colorado, Nevada, New Mexico, Utah and Hawaii - Website: **www.sofn6.org**

Facebook:

<https://www.facebook.com/groups/377019032437840/>

Zone Seven Director: Jonathan Walters

Zone Seven is made up of lodges in the following states:

Arizona: Scottsdale #133-Desert Fjord; Sun City #134-Sol Byer; Mesa #153-Overtro Fjell

Utah: Salt Lake City #83-Leif Erikson

SONS OF NORWAY LODGES IN ARIZONA

Desert Fjord 6-133—2nd Sunday at 2 pm

Scottsdale United Methodist Church

4140 N Miller Rd, Scottsdale, AZ

Overtro Fjell 6-153—3rd Saturday at 11 am

Our Savior's Lutheran Church,

625 S Ellsworth, Mesa, AZ

Sol Byer 6-134—3rd Saturday at 11 am

Sun City West Foundation

14465 R. H. Johnson Blvd, Sun City West, AZ

LODGES IN OTHER STATES

Go to: <https://members.sofn.com/lodgeDirectory/>

Most post their monthly newsletter

on their lodge website.

OTHER CONTACTS

Honorary Norwegian Consul:

Alex Boemark



“Like” us on Facebook to receive interesting Desert Fjord Lodge and Sons of Norway, District Six news-feeds.

Control+ Left Click on this link:

<https://www.facebook.com/Desert-Fjord-Lodge-6-133-Sons-of-Norway-563052183744742/>

September Birthdays

Jan B Loomis 17th
Ali Berg Anderson 18th



Richard L Westby 30th

* Heritage Member

Gratulerer Med Dagen—Happy Birthday!!



Officers of Desert Fjord Lodge

President: Mark Alexander (928) 699-5456

Vice President: Jonathan Walters—(480) 204-8060

Secretary: Kristine Schultz

Treasurer: Neil Heggem—neil_heggem@myctl.net

Membership Secretary: Crystal Williams (310) 617-3423

Member at Large: Norman Jenson, Jr

Auditor: Open

Counselor: Ed Bergo

Cultural Director: Jana Peterson

Desert Fjord Boutique: Ali Berg-Anderson

Education Committee (Scholarships & Grants): Nina Poe; Gordon Peterson

Distribution: Janis Johnson

Foundation Director: Gordon Peterson

Greeters: Norman Jenson, Jr

Librarian: Janis Johnson

Marshal: Knut Haldorsen

Posten Editor: Jonathan Walters

Publicity Director/Public Relations: Janis Johnson

Reservations: Janet Peterson (480) 659-7328

Social Director: Open

Sunshine: Open

Trustees: K Haldorsen; Norm Jenson

Webmaster: Jonathan Walters

Mission Statement

The mission of Sons of Norway is to provide quality insurance and financial products to our members, promote and preserve the heritage and culture of Norway, and to celebrate our relationship with other Scandinavian countries.

FROM:

Desert Fjord Lodge, Sons of Norway

P.O. Box 4161

Scottsdale AZ 85250

STAMP

TO:

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If not deliverable

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SONS OF
NORWAY

Sons of Norway International Headquarters Website:

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