



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



30

Read St. Luke
13:10-17



31

Help daddy with a task that is usually difficult for them.

MARCH 2025

A Great Lenten Journey



2

Read St. John
2:1-11



3

Help set the table for dinner



4

Play a fun game with your siblings, but remember, no fighting



5

Recite the Lenten Prayer & Pray for your Family



6

Call your grandparents & tell them about your day



7

Fast from electronics from 5PM - 6PM



8

Help prepare breakfast for the family



9

Read St. Luke
5:12-16



10

Help mummy with a task they usually do by themselves



11

Give your parents a big hug & thank them for something they did for you today



12

Recite the Lenten Prayer & Pray for the sick



13

Smile at everyone you see today



14

Fast from electronics from 5PM - 7PM



15

Clean up your room without being asked to



16

Read St. Mark
2:1-12



17

Share your favourite snack with your friend & thank them for something they did for you today



18

Help carry something heavy or difficult for someone



19

Recite the Lenten Prayer & Pray for your friends



20

Take the time to encourage a friend who may need support



21

Fast from electronics from 5PM - 9PM



22

Help do the laundry



23

Read St. Mathew
15:21-28



24

Compliment your parents



25

No Complaints Day



26

Recite the Lenten Prayer & Pray for your teachers



27

Say "thank you" to someone who helps you, even for small things



28

Fast from electronics from 3PM - 9PM



29

Do the dishes for the day



Inviting all Sunday School students to participate in this Lenten journey. Lets walk, learn & grow together this season!



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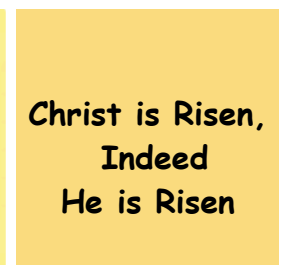
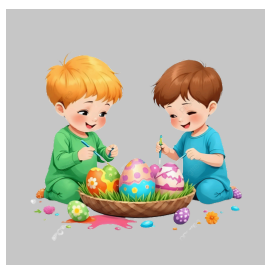
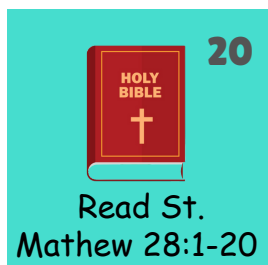
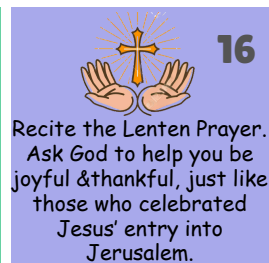
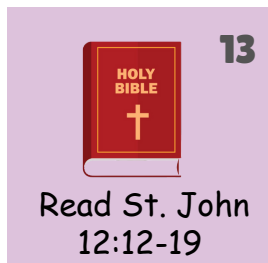
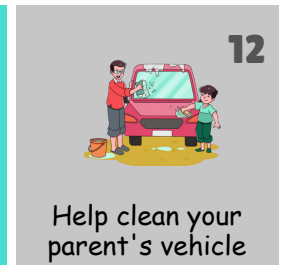
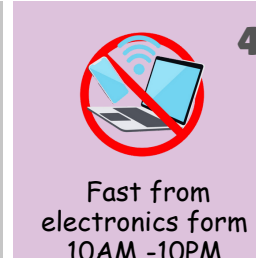
FRIDAY

SATURDAY

APRIL 2025

A Great Lenten Journey

HOLY WEEK



In all your ways acknowledge him, and he shall direct your paths. – Proverbs 3:6