

Triennial Assessment Summary of the Local Wellness Policy

General Information:

School(s) included in the assessment: McCrossan Boys Ranch

Month and year of current assessment: May 2024

Date of last Local Wellness Policy revision: May 2022

Website address for the wellness policy and/or information on how the public can access a copy:
<https://mccrossan.org/>

Wellness Policy Leadership: LEAs must establish wellness policy leadership of one or more LEA and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.

How many times per year does your school wellness team meet? One-2 times per year

Designated School Wellness Coordinator:

Name	Job Title	Email Address
Victoria Wittrock	Food Service Manager	Tori.wittrock@mccrossan.org

School Wellness Committee Members:

Name	Job Title	Email Address
Steve Wahl	Associate Director	Steve.Wahl@mccrossan.org
Julie Wright	Accreditation Manager	Julie.Wright@mccrossan.org
Deb Caniglia	Youth Counselor	Deb.Caniglia@mccrossan.org
Bradon Stahl	Assistant Principal	Brandon.Stahl@mccrossan.org
Julie Perez	Kitchen Cook	Julie.Perez@mccrossan.org
Student	Youth	
Student	Youth	

Comparison to Model School Wellness Policies: A comparison to a Model School Wellness policy is required. Keep a copy of the results on file for at least three full school years plus the current year. This will be reviewed during the next administrative review of your school nutrition program.

Indicate the model policy used for comparison:

SD Model Wellness Policy: A model wellness policy along with a self-checklist to review and update your wellness policy and ensure it meets all requirements are available on the CANS SNP website, (<http://doe.sd.gov/cans/snp.aspx>) under the Program Requirements in the Wellness Policy section.

WellSAT 3.0 example policy: You may complete the [WellSAT3.0 assessment tool](#) .

Other Model Wellness Policy: If you choose this option, please specify in the space provided below

Describe how your wellness policy compares to the South Dakota model wellness policy:

McCrossan has built their wellness policy around South Dakota meeting all the nutritional, physical, emotional needs of the children/youth that enhances a healthier lifestyle.

Progress towards wellness goals and compliance with the wellness policy:

At a minimum, local wellness policies are required to include:

- **Specific goals for:**
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- **Standards and nutrition guidelines for all foods and beverages** sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- **Standards for all foods and beverages provided, but not sold**, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- **Policies for food and beverage marketing** that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- **Description of public involvement, public updates, policy leadership, and evaluation plan.**

Use the tables below to assess whether the district is meeting the goal, partially meeting the goal, or not meeting the goal. Indicate the progress made for each goal and next steps that have been identified.

Nutrition Promotion and Education Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Health and physical education courses are offered at the facility school that teach clients about healthy eating.	X			Courses are offered to clients, complemented by organized field trips to local farmers' markets. Clients engage in hands-on learning experiences through participation in a vegetable garden.
Posters and displays with nutrition education information are located in the facility dining room.	X			Posters and displays are reviewed periodically for content accuracy and relevance by the Food Program Manager.

Physical Activity Goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Adequate equipment is available for all clients to participate in physical and leisure activities.	X			The campus is equipped with a gym, where equipment is routinely inspected and replaced as necessary. Additionally, both indoor and outdoor basketball courts are available for use. Clients also participate in track and cross-country teams.

School-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Drinking fountains are available in the school, dining room, and living units where clients do not have access to a kitchen. Drinking water is available for clients at meals served in the facility dining room.	X			We provide reusable water bottles to clients at intake, fostering sustainable hydration practices. We also advocate for clients to carry their water bottles to ensure easy access to hydration. Additionally, drinking fountains are available throughout the campus.

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps

Nutrition information for all foods and beverages served during reimbursable school meals and snacks is readily available.	X			The kitchen staff has access to readily available nutrition information for all food items served. Smart Snacks guidelines are posted on our website and provided directly to teaching staff.
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Guidelines for other foods and beverages available on the school campus, but not sold	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Teachers and others who want to provide food and/or beverages for classroom rewards and celebrations during the school day will be given a list of foods and beverages that meet Smart Snacks in School nutrition standards.	X			Smart Snacks guidelines are available on our website and are distributed directly to teaching staff to ensure comprehensive awareness of healthy food choices. Wellness meetings include informational sessions designed to promote healthy eating habits. We also advocate for the use of non-food rewards as an alternative incentive.

Marketing and advertising of only foods and beverages that meet Smart Snacks	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Describe progress and next steps
Only foods and beverages that meet Smart Snacks in School nutrition standards may be marketed or advertised in the school and dining room during the school day or at school-sponsored activities held at the facility.	X			No food is sold on the school campus. All existing materials comply with the Smart Snacks in School nutrition standards, with no food-related advertisements present.

Additional information: