

TITLE: PHYSICAL EXAMINATION	POLICY #: 44
Department: Program/Services	Effective Date: 06/25/01
	Applicable Standards:
	3-JCRF-4C-11
Revisions: 7-30-03; 10-30-03; 12-28-07; 12-9-13	

Policy: All residents will undergo a physical examination to be completed by an appointed medical professional to assess the juvenile's overall health status including any required laboratory testing.

Definitions: A physical examination is an assessment of organ and body systems conducted by a physician, physician's assistant or nurse practitioner.

Procedures:

1. A physical examination will be completed no later than thirty (30) days after admission to McCrossan Boys Ranch with the exception of all residents placed by the Federal Bureau of Prisons who will have a physical within the first fourteen (14) days.
2. If the resident has been subjected to a physical examination within one year prior to the date of admission to McCrossan Boys Ranch, a repeat physical examination will not be completed unless deemed necessary by the Nurse or required by the placing agency. Medical Office staff will obtain the records of this previous physical examination.
3. Residents who stay at the Ranch for one year or more will receive annual physical examinations.
4. The McCrossan Boys Ranch Medical Director will complete the physical examination and document the information collected. If this doctor is unavailable, the on-call physician or an appointed medical professional will complete the examination on his/her behalf.
5. The physical examination will be completed in a uniform manner as determined by the Medical Director. It will include: medical history, assessment of organ and body systems including vital signs, height and weight, vision, inspection of mouth, ear, throat, and nose, and assessment of the hearing and the cardiovascular system, as well as skin, chest, abdomen, and genitourinary systems.
6. Laboratory tests of urine and blood will be completed at the Medical Director's discretion. Any updates in immunizations will be completed including a tuberculosis skin test if not done within the last year.
7. A review of any medical tests, examinations, and identification of problems will be performed by a physician. All other health information collected during the physical examination will be collected by a qualified health professional. In the case of identifying a communicable disease in one of the residents, prompt and proper treatment will take place.