



JOIN
THE
PLOG-OLUTION!



Welcome to the Plogolution!

Plogging is a mixture of running/walking whilst picking up rubbish at the same time.

We're very excited that you would like to join our rapidly growing network of schools across the UK who are running regular plogging clubs. We want to inspire our eco warriors to feel empowered to make a difference; making amazing impacts to their local communities.

Our plogging clubs are generally run with an introductory assembly, help arranging the first plog and supplying of all equipment required, and availability for all ongoing queries. We just ask that you plog on a regular basis and upload all your statistics to our site!

At Plogolution we're aware that we are currently living through unprecedented times. Each school has their own risk assessments in place to protect pupils and we want to make sure you feel comfortable. Therefore we've come up with a variety of scenarios that we're able to run. Please let us know however if you'd like to run something different, we're flexible and always open to new ideas!

The Assembly – Virtual or Face to Face

The first step is for one of the Plogolution team to run an assembly at your school.

This can be virtual or face to face. Whole school or just a class. Whatever works best for you.

The assembly lasts around 15 minutes and includes the global impact of littering and introduces plogging!



First Plog

This usually takes place directly after the assembly. The Plogolution team member will run a short health and safety briefing before you head out. At the end of the plog you'll be shown how best to sort the rubbish.

We'd love to be there face to face to run the plog but we can also do a video call with the plogging team beforehand.



On-going Plogs

We really hope you will continue to plog on a regular basis and that you are able to upload what you've picked up via our [site](#).

This is vital for us as it demonstrates the huge impacts our plogging eco warriors are having!

Mix and Match

We're flexible at Plogolution – we just want to inspire children and get them out making a difference. Maybe you want a virtual assembly and a face to face plog? Maybe you only want an assembly? Or maybe you just want to do a one off litter pick. We are happy to meet your needs and requirements. Just fire us through a message and we can sort it out for you.

All the gear

Plogolution provide enough equipment for 15 children. If you opt for virtual plogging we will send this in the post.

- ✓ Washable gloves
- ✓ Litter pickers
- ✓ Plogolution t-shirts
- ✓ Rubbish bags
- ✓ Re-usable water bottles
- ✓ Reward scheme for those who plog on an ongoing basis

Questions?



Q: How much will it cost our school to take part?

A: Nothing. We have funding from a variety of sources to cover our costs.

Q: Who runs the plogs on an on-going basis?

A: One of our team is available to help with your first plog. For on-going plogs we suggest finding a team member who is passionate about the environment. Or even a parent.

Q: When are weekly plogs normally run?

A: These depend on the school. Some are run before school as a club and some during lunchtimes or after school.

Q: Do you operate in primary and secondary schools?

A: We do indeed – we have presentations available for various age groups.

Q: How long does each plog take?

A: On average around 20-30 minutes and then around 10 minutes to sort the rubbish.

Q: What do you do with the rubbish?

A: The general waste heads into your waste bins and recycled where possible. If this isn't an option, please let us know and we can talk to the local council.

Q: Do you have a risk assessment template?

A: We do indeed! Just drop us an email and we can send it to you.

Q: What areas do you cover?

A: Virtually, we can cover anywhere! For face to face, we have team members around London, Sussex and North West England.



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