

Date Talk “YADA”

Discuss between the two of you



- 1. HOW DO YOU FEEL WHEN YOU KNOW WE'RE GOING TO TALK ABOUT SEX? WHY DO YOU FEEL THIS WAY? IS THERE SOMETHING I CAN DO TO MAKE IT EASIER TO HAVE THESE DISCUSSIONS?**

- 2. READ PHILIPPIANS 2:3-8 TOGETHER AND TALK ABOUT YOUR SEX LIFE IN LIGHT OF IT. ASK EACH OTHER QUESTIONS SUCH AS:**

- DO YOU FEEL THAT I AM IN ANY WAY ACTING SELFISHLY TOWARD YOU SEXUALLY?**
- WHAT OF MY ACTIONS OR ATTITUDES MAKE YOU FEEL LOVED, LIKE I'M PUTTING YOU FIRST?**
- WHAT OF MY ACTIONS OR ATTITUDES MAKE YOU FEEL LIKE I'M PUTTING MYSELF FIRST?**

3. LOOK AT THE FOUR PILLARS OF COVENANT LOVE ON PAGE 56. WHICH ONE(S) ARE WE DOING WELL? WHICH ONE(S) NEED MORE ATTENTION?
