

Prayorities®

An Infrastructure for Life

Prayorities® Overview

- Prayorities is praying our lives into God's order.
 - **Pray + Order = Prayorities**
- Prayer and study around *Seven Life Categories* derived from **Matthew 6:33** and **Mark 12:30**
 - *But seek first the kingdom of God and his righteousness, and all these things will be added to you. Matthew 6:33*
 - *You shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength. Mark 12:30*

The 6:33 Lifestyle

- Prayer and study using the Prayorities® model **will**
 - Raise personal awareness of lifestyle – is it in default, or is it based in God's truth, in seeking Him *first*?
 - Guide your discovery of God's balance for work and living
 - Enable God's order and balance in your life
 - Established ministry effectiveness – home/work/recreation
 - Development of a Bible-based focus for you, your family, and your church family
 - Changed patterns of living
 - Reinforce God's power and love
 - Empower the self-will

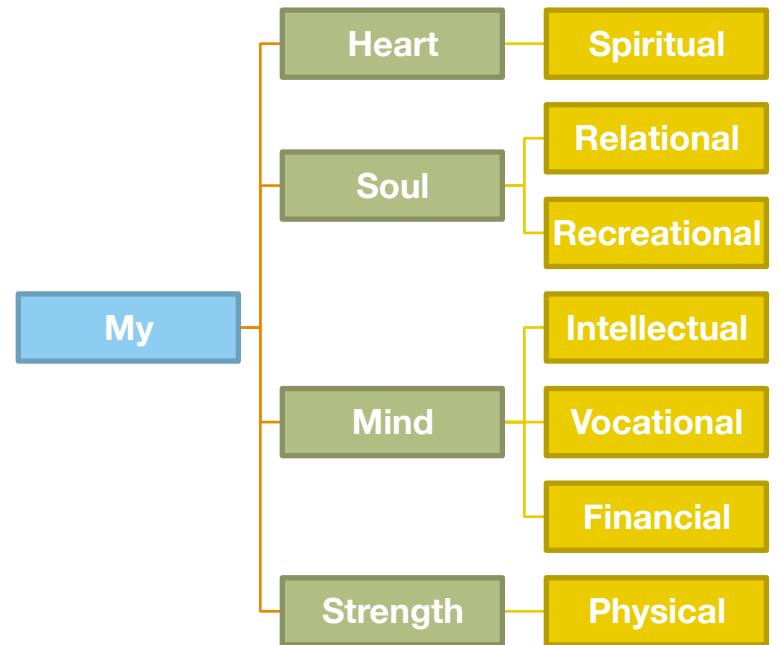
Seven Life Categories

- SPIRITUAL – knowing and having fellowship with God
- RELATIONAL – providing and caring for my marriage, family, then my friends
- RECREATIONAL – relax, slow down, let go and have fun
- INTELLECTUAL – protecting and growing my mind
- VOCATIONAL – leading and managing my work and career
- FINANCIAL – stewardship of all my resources
- PHYSICAL – caring for my body, inside and out

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You shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.

Mark 12:30



Getting Started

- Take the “Faith Bet” – believe God to do His work through your commitment to a 6:33 lifestyle
- Review your life roles
- Complete the Discovery Exercise in the Discovery Guide
 - Pray God’s Order under each of the seven categories, studying the suggested scriptures
 - Consider the barriers in your life that choke out His Order
 - Consider the parts of your life that are in default living
 - List these things – they are now YOUR PRAYORITIES

What to Expect

- Changes – not without struggle
 - Intimacy with Jesus Christ
 - Intimacy with spouse and family
 - Relationships in the workplace
 - View of freedom – what does it really look like?
- Perspective and focus
- A Remodeled Life, Designed by God
- Positive impacts
 - Relationships – God, family, work
 - Energy for living – honoring God and His order

Tools

- Discovery Guide
- Bible
- Truths about
 - Authentic Relationship
 - Grace
 - Obedience
 - Order

Truths – Authentic Relationship

- Genesis 1-2
 - God created a perfect
 - World
 - Adam, to be His companion
 - Garden for Adam
 - Mate for Adam
 - God designed us for intimate relationship
 - First, for God
 - Second, for our mates / family

Truths – Grace, Obedience, Order

- God's grace around and in our disobedience
- What happens IN obedience
- Results of His Order
- Obedience, or Duty?

Discovery Guide

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Discovery Guide

- Complete the Discovery Exercise
 - Which questions would you like to have answered differently?
 - How would your life “look” if you truly lived Mark 12:30?
- Using the Prayorities® model, focus your thoughts, prayer, desires, and goals on God’s way for living – Matthew 6:33 and Mark 12:30

Discovery Exercise

Circle the answer closest to your current experience or feeling. F=false, N=neutral, T=true

1. I spend at least some time every day in prayer. **F N T**
2. My relationship with God, through Jesus Christ, is an intimate one. **F N T**
3. My relationship with a significant other (spouse, or if not married, closest friend) is a growing one. **F N T**
4. I think about and act on ways to nurture and grow relationships with family and friends. **F N T**
5. I regularly read articles and books that challenge my thoughts and ideas toward positive thinking and learning. **F N T**
6. I usually spend my free time at home watching television or playing computer games. **F N T**

Discovery Exercise

7. My financial condition is good; I have little to no debt aside from mortgage and vehicle(s). **F N T**
8. I regularly give at least ten percent of my/our income to my/our church. **F N T**
9. I am happy with my work and career. **F N T**
10. I regularly think about other kinds of work and changing careers. **F N T**
11. I am in good physical condition, eat well, and exercise regularly. **F N T**
12. I would like to be in better physical condition, but cannot seem to discipline my eating habits or exercise. **F N T**
13. I and/or family plan and go on regularly scheduled trips away, short or long. **F N T**
14. I rarely take any time away from work for fun or relaxation. **F N T**

Prayorities Model

- Review your responses in the Discovery Exercise
- Ask God to lead you through the process of setting your own goal in each of the *Seven Life Categories*
- Write your goals, as you develop them on each category, and use the suggested resources toward achieving that goal
- Create your own habits for focus and work toward a

6:33 Lifestyle

Spiritual category

- Knowing God
- Suggested resources
 - *Intimate Moments with the Savior*, Ken Gire
 - *Intimacy with the Almighty*, Chuck Swindoll
 - *I Am Not But I Know I AM*

■ GOAL _____

Relational category

- Nurturing and caring for my family, then friends
 - Suggested resources
 - *Secrets of Your Family Tree*, Henry Cloud
 - *Parenting: From Surviving to Thriving*, Chuck Swindoll
 - *Ten Commandments of Marriage*, Beth Moore and Ed Young
 - GOAL _____
-

Recreational category

- Rest and have fun
- Suggested resources
 - Spectator sports – baseball, football, soccer
 - Museums, zoo
 - Theater District
 - Amusement parks

■ GOAL _____

Intellectual category

- Growing and protecting my mind
- Suggested resources
 - *The Grace of God*, Andy Stanley
 - *Outlive Your Life*, Max Lucado
 - *Intelligent Design: The Bridge Between Science and Theology*, William Dembski
 - *Your Mind Matters*, John Stott

■ GOAL _____

Vocational category

- Managing work and career
- Suggested resources
 - *You!*, Ed Young
 - *Great Work, Great Career*, Stephen Covey
 - *Success Skills from the Corner Office*, Jack Welch
 - *Every Good Endeavor*, Tim Keller

■ GOAL _____

Financial category

- Stewardship of resources
- Suggested resources
 - *The Total Money Makeover, A Proven Plan for Financial Fitness*, Dave Ramsey
 - *Balanced*, Andy Stanley

■ GOAL _____

Physical category

- Caring for my body
- Suggested resources
 - Ymca.net
 - 24hourfitness.com
 - Weightwatchers.com

■ GOAL _____

