

1



Mud Splashing (Kichad Khel)

Celebratory and ritual play

2



7 stones (Lagori)

Exploratory play



3

Marbles (Kancha/Goti)

Constructive play

4



Spinning the top (Lattu)

Quantum play

5



Hopscotch (Kith-Kith/Stapu)

Body play and movement



6

Tipcat (Gilli-Danda)

Constructive, Body play and movement



Kite Flying (Patang Baazi)

Social play, Quantum play

8



Cops & Robbers (Chor-Police)

Role play, Imaginative play

9



Tag (Kho-Kho)

Social play, Body play and movement

10



Blind Man's Bluff (Aankh Micholi)

Exploratory play, Social play

11



Airplane (Hawa Hawai)

Attunement play, Body Play and Movement

12



Statue (Moorti Ban)

Breath play, Social play

13



Drawing

Exploratory play, Imaginative play, Constructive play

14



Circle Time (Kahani Sunao)

Storytelling and narrative play

15



Building Blocks

Constructive play, Exploratory play

16



Daydreaming (Divaswapna)

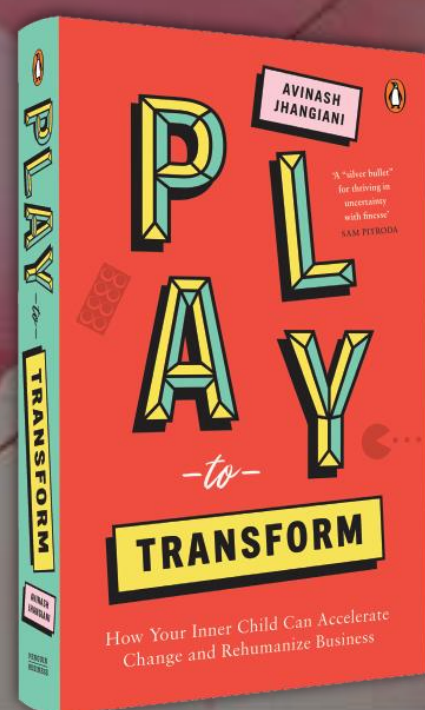
Imaginative play, Constructive play



play2transform

“There is an inner child in all of us, which can be transformative when rediscovered.

Source: 'Play to Transform', Dr Avinash Jhangiani



#25BookGiveaways
#InternationalDayofPlay

For year-round leadership offsites, trainings and workshops, send a request to hello@play2transform.com