LEADER Playful Personalities needed to accelerate change and rehumanize business



The ability to change largely comes from the ability of play. There is an inner child in all of us, which can be transformative when rediscovered.







I find joy in making my team laugh and keeping spirits high, especially when tensions rise. Laughter not only lightens the mood but also builds rapport.

Tip: Host a team improv night to foster humor and connection. Just remember, timing and context matter. Keep your audience in mind and adapt your humor accordingly!

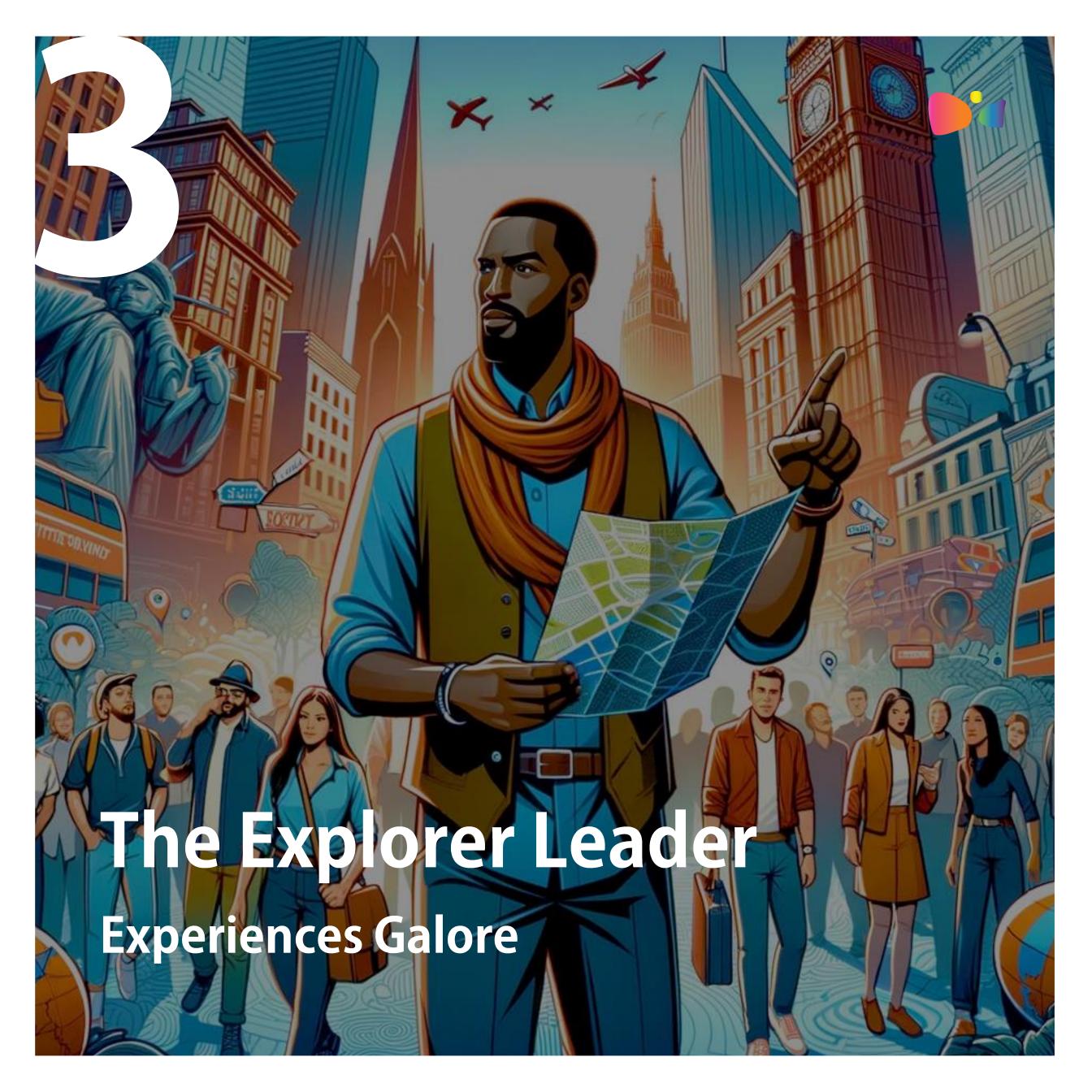
The Kinesthete Leader **Movement Matters**





I thrive on physical activity. I encourage my team to participate in activities like sports or yoga, which benefit not just our bodies but our creative and collaborative spirits.

Tip: Balance is key. While encouraging physical activities, be sensitive to those who might be less inclined. Introduce activities like yoga or cricket and observe how it enhances team dynamics.







I'm always seeking new experiences and insights.

This curiosity fuels my leadership style. I often take my team on exploratory trips to museums or new places, enriching our collective experience.

Tip: Plan a mystery trip with your team. It's a fantastic way to build connections and share unique experiences!







I find immense joy in healthy competition, whether in sports or strategic games. It's a great way to foster team spirit and resilience.

Tip: Balance competitive play with understanding your team's play preferences. Not everyone may enjoy competition, so finding a middle ground is essential.







Organizing and orchestrating team activities is my forte. It's about bringing everyone together and ensuring each one plays their part.

Tip: Try organizing a talent show or a group activity where everyone contributes. It's a great way to showcase diverse talents and strengthen team bonds.







Find joy in gathering unique items and experiences. Sharing these with the team can lead to better connections.

Tip: Begin a unique team collection with your teammates. Have the courage to sacrifice a few of your own gems to the collection.







Inspire and connect with my team. Stories from arts, books, or personal experiences can be powerful.

Tip: Share your own stories of failures and successes. It humanizes you as a leader and helps in building deeper connections.

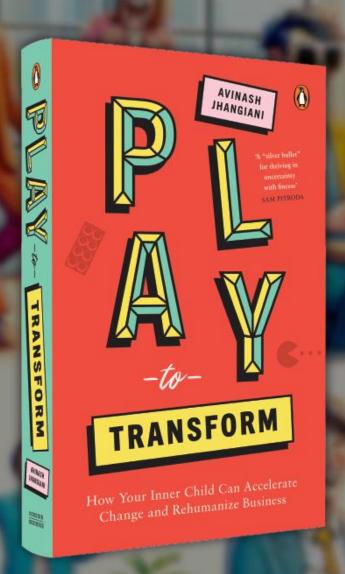






Creation is at the heart of my leadership. Engaging the team in creative or artistic pursuits fosters innovation and expression.

Tip: Involve your team in creative projects like pottery making or knitting. It's not just about the end product, but the joy and learning in the process of creation.



Which playful leadership personality are you?

Source: 'Play to Transform', Avinash Jhangiani

Available at amazon