

A PARENTING PROGRAM TO BENEFIT ANY FAMILY

Parenting can be hard work and it's normal to feel lost sometimes. It's not always easy to work out what your children need from you. It's not easy to respond to their needs.



Children need freedom, protection and kind guidance. By better understanding and responding to these needs, you can provide your child with more security, and enjoy more satisfaction as a parent.

FIND OUT MORE AND REGISTER

Places are limited in these small group sessions.

To secure your place or ask for more information, contact Cathryn Porter on 0437999556 or email to admin@angelschildcontactservices.com

www.angelschildcontactservices.com

Please note – children will not be able to attend this program, please arrange babysitting before booking times.



CIRCLE OF SECURITY PROGRAM



'All children deserve the right to have a secured and safe relationship with each parent or caregiver.'

Locations in Brisbane, Ipswich and surrounding areas

The Circle of Security parenting program is based on decades of research about how to strengthen and support secure parent-child relationships.

Cathryn Porter invites you to this COSP program designed to help you make sense of what your child needs, so you can give them the best in return.

Our point of difference –

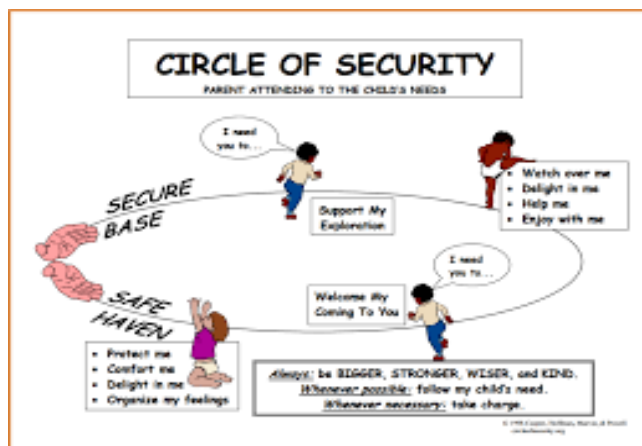
Cathryn Porter is a trained qualified facilitator in the delivery of Circle of Security. This practitioner has many years of experience working with difficulties that parent can face. All of this is discussed through the program.

Our programs are kept small (groups or individuals), in a relaxed and interactive environment. All sessions are available at different hours to suit your needs to make it easier for you to attend. Refreshments will be supplied (coffee, tea and biscuits).

What is Circle of Security?

Circle of Security is the relationship based on the secure attachment between parent and child. Research has proven that a secure child has increased empathy, self-esteem, better relationships with parents and friends, school readiness and a capacity to handle emotions.

If you're a parent wanting to enhance your relationship with your child/ren, join us now to create a secure connection.



Enhance your parenting skills. Learn effective ways to understand your child/ren.

Who it is for?

We invite all parents and caregivers of children to take part. Anyone can join, no referral is required.

No judgements are passed, only open discussions about how you can enhance the optimal benefits for your family.

From the very first session, you will gain more confidence in your parenting.

What are the main benefits?

- Learn to have a secure positive relationship, read and understand their emotional world, and help your child manage their emotions with confidence.
- Small group/individual sessions.
- 8 week program.
- Times tailored to suit family needs.
- Locations available in Ipswich and Brisbane.

Upfront Costs (covers all sessions) – \$220

Weekly payment plan available – to be negotiated with the facilitator.



By the end of this course, you will have the skills needed to develop a secured relationship with your child.

How to register details on back of brochure.

