## Jr. Chiefs (Sequoyah) Volleyball

2019 Season Information for Feeder Teams

Physicals: Before you come to any activity (tryouts, summer, or season), you must have a current physical on the school form completed or on file. There are no exceptions.

## Tryouts (mandatory)

Middle School Tryouts will be on the following days:

8/2- 5:00-7:30 pm (everyone attends) 8/3- 9:00 am- 12:00 noon (everyone attends)

Please have your physical turned into Coach Edwards before the first day of tryouts or in hand on the first day. If something is not completed on your physical, you will not be able to tryout. The link for the physical form is on our website.

If you are planning on walking over to Sequoyah after school on Friday, you will need a parent note giving Coach Edwards permission to walk you. You will need to meet Coach Edwards in the Rusk gym right after school (first release) and give him the note.

Please email or have your parent email me so I can compile a list of people that will be at tryouts.

## Season information

Practice starts on Monday, August 5<sup>th</sup>. Everything is mandatory from that point forward. Please make sure you do not have any conflicts; it is important to me (and it should be to you as well) that everyone is at every practice, match, or team activity. If there are conflicts, these need to be communicated to Coach Edwards in advance...before tryouts. Some conflicts might be able to be worked around, and some may not. The season runs until the first week of October. The season schedule will be posted by 7/29, but you can plan on two practices a week (mainly Monday and Thursdays) and matches on Wednesdays and some Saturdays (but not over Fall Break).

If you have any questions, feel free to contact Coach Edwards at <u>john.edwards@cherokeek12.net</u> or visit the website at <u>www.sequoyahvolleyball.com</u>.