

SHARE THE BUZZ HOSTS

FOR VETERANS &

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FIRST RESPONDERS

Come join us for an afternoon of beekeeping.
If you struggle with PTSD, anxiety or depression,
you may benefit from getting involved in
beekeeping. Beekeeping can teach mindfulness
and staying in the moment.



THURSDAY

OCT 24, 2024

1:30 PM-4:30 PM



Space is limited. Sign up now.

https://signup.com/go/mtsvpOC





Ever wondered what life is like inside a bustling beehive? Here is your chance to get into a beekeeper's suit and see first hand how bees work together inside of a colony. You will walk away with a new appreciation of how important these pollinators truly are; and you may even have a better understanding of the therapeutic benefits of beekeeping.



This event is possible due to the generous donors of <u>ShareTheBuzz.org</u>

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