

Dear Susan,

I wanted to let you know that I've seen definite improvements in the last month or so, it's been great to see what the SSP has done for my nervous system. I notice I'm sleeping more soundly, my digestion is better (no more heartburn), my hearing is a little better, and my whole body is less stiff and more flexible. Plus I just feel more relaxed most of the time. Really amazing, especially given that all I had to do was sit + listen to music! I'm looking forward to seeing how things continue to develop.

Thank you again, and please feel free to share this with anyone who might be interested. I don't know why everyone isn't doing this! :)

Weedley