

EXTENSION CARE SHEET

How to properly care for your extensions:

- On the day of your extension application appointment please wash your hair with clarifying shampoo and little to no conditioner. This will ensure a strong and healthy connection with your extensions to your natural hair.
- Brush your hair gently every morning and night starting at the bottoms and working your way
 up. Use a boar bristle or nylon brush and avoid excessive pulling and aggressive brushing to
 maintain extension quality.
- Before shampooing your hair, makeup sure to brush your extensions to ensure no tangles.
- Secure the hair with one hand while detangling to avoid any extra pressure or tension at the point of attachment to your natural hair.
- Shampoo you hair with silicone and sulfate free shampoo and apply conditioner only to the ends of your hair (from the pony and down) avoiding contact with the root area.
- When shampooing your hair work vertically. Working horizontally or in a circular motion will create tangles. Rinse with cool water to seal moisture into the hair cuticle.
- Always use a heat protector before drying and styling hair.
- It is best to use a microfiber towel to remove extra moisture from hair before drying. Then right dry your hair until dripping moisture is removed. Then focus on drying the root area with a medium heat. Next move to the ends; section the hair by rows of extensions and use a paddle rush or round brush to dry row by row. ** If the hair is tangling or you can feel tension at the root, rough dry or go back to focusing on drying the root first. Do not pull too much while your hair is very wet, this can pull the extension out.
- Gather your hair in a loose side pony or side braid when sleeping.
- Using a silk pillowcase will protect the quality of the extensions.
- When swimming always tie your hair in a ponytail or braid and apply leave in conditioner to the hair to act as a barrier against harmful chlorine/salt water/etc. Always shampoo immediately after swimming and detangle as normal.
- Swimming is not recommended if wearing tape in hair extensions.

Do NOT:

- · Do not go to bed with wet hair!
- Do not attempt to maintain or adjust your extensions yourself.
- Do not leave your extensions in longer than the recommended maintenance timeframe. If they are, damage may occur.
- Do not leave your hair wet for a long period of time on tangling and matting may occur.
- Do not use hot tools on your hair without a heat protectant. Make sure to comb through your hair to ensure the product is evenly distributed.

Extra things to keep in mind:

- It is not unusual to shed up to 10% of your extensions (100-150 stands per day) over the course of wear.
- Please also keep in mind that during your extension maintenance and removals, your
 naturally shedded hair has had no where to go when it is secured by the point of attachment
 in the extensions and then it is all released at the same time during the extension service.
- If you decide to take a break from your extensions, it is totally normal for it to take a few weeks for you to adjust back to the feeling of just your natural hair.

Client Signature	Date