

FOR A NEW BEGINNING

In out-of-the way places of the heart, Where your thoughts never
think to wander, This beginning has been quietly forming, Waiting
until you were ready to emerge.

For a long time it has watched your desire, Feeling the emptiness
growing inside of you, Noticing how you willed your way on, Still
unable to leave what you had outgrown.

It watched you play with the seduction of safety, And the gray
promises that sameness whispered, Heard the turmoil rise and relent,
Wondered would you always live like this.

Then delight, when your courage kindled, And out you stepped onto
new ground, Your eyes young again with energy and dream, A path
of plentitude open before you.

Though your destination is not yet clear You can trust the promise of
this opening; Unfurl yourself into the grace of beginning That is one
with your life's desire.

Awaken your spirit to adventure; Hold nothing back, learn to find
ease in risk; Soon you will be home in a new rhythm, For your soul
senses the world that awaits you.

- John O'Donahue
To Bless the Space Between Us:
A Book of Blessings