

# C. Eric Collier

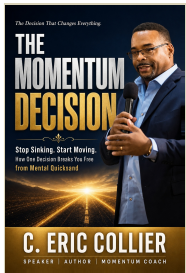
"The Mayor of Motivation" | Host of The Momentum Shift TV, Podcast & Radio | 35+ Year Military & Government Leader  
Turning Mental Quicksand into momentum that drives measurable results.



## CREDENTIALS

- **Award-winning keynote speaker** — Veteran of the Year, SpeakLife Award recipient
- **35+ years of leadership** across the U.S. Army, U.S. Navy, and Department of War (formerly Department of Defense)
- **Leadership development facilitator** — DiSC certified, Certified John Maxwell Leadership Team, 7 Habits facilitator
- **Host of The Momentum Shift** — 100+ high performers interviewed across TV, podcast, and radio
- **Program leader** — built a command leadership-development framework and managed a \$1.5M training portfolio
- **Bestselling co-collaborator** and published author

## NEW BOOK



RELEASING  
OCTOBER 6,  
2026

### The Momentum Decision

Stop Sinking. Start Moving. How One Decision Breaks You Free from Mental Quicksand.

Copies available for attendees, bulk orders, and VIP sessions.

## WHY PLANNERS BOOK ERIC

Eric Collier once turned down a life-changing opportunity from his mentor Les Brown — not because he lacked talent, but because he lacked belief. Years later, a layoff the week before Thanksgiving put him in 352 days of what he now calls **Mental Quicksand**. He got out on purpose, and he built a system for it.

Today he brings that system to the stage. Audiences do not just leave inspired — they leave with the **7 Pillars of Momentum Shifting**, a decision they have made out loud, and a first action they can take before they reach the parking lot.

### THE 7 PILLARS OF MOMENTUM SHIFTING

Self-Awareness • Clear Direction • Resilience • Intentional Action • Confidence • Support Systems • Vision & Leadership

## SIGNATURE KEYNOTES

### The Momentum Decision

**Stop Sinking. Start Moving.**

The signature general session. Eric takes the room inside the moment he said "no" to his own greatness, then hands them the 7 Pillars to move from hesitation to decisive action.

**BEST FOR** Conference opening & closing sessions • corporate all-hands • veteran and empowerment events • association general sessions

### The Cost of Later

**What Waiting Is Really Costing You.**

Indecision is the most expensive habit in any room. This talk puts a price tag on delay — missed revenue, stalled careers, eroded trust — and gives the audience a repeatable way to shorten the distance between knowing and doing.

**BEST FOR** Sales kickoffs • growth and revenue teams • member and franchise conferences • annual planning summits

### Momentum Multiplied

**How Leaders Move People Who Are Stuck.**

Burnout, change fatigue, and AI-era uncertainty leave good teams idling. Eric equips managers with the language, questions, and cadence to restart stalled people without adding pressure.

**BEST FOR** Leadership summits • manager off-sites • executive retreats • HR, L&D, and talent development programs

## WHAT YOUR AUDIENCE WALKS OUT WITH

- **A named problem.** Language for the stuck state — Mental Quicksand — so people can talk about it without shame.
- **A framework, not a feeling.** The 7 Pillars, usable Monday morning and repeatable all quarter.
- **A decision made in the room.** Guided reflection and a written commitment, not passive notes.
- **Renewed belief, resilience, and follow-through** that shows up in team performance after the event.

**FORMATS** 45–60 min keynote • half- and full-day workshop • leadership breakout • emcee & moderator • virtual keynote • VIP author session

**LOGISTICS** Travels from Baltimore/Washington, D.C. (BWI, DCA, IAD) • available nationwide • pre-event call and follow-up tools included

## AS SEEN ON & TRUSTED BY



X The USTimes

NEW YORK WEEKLY

CEO WEEKLY



**Book Eric for your next event.**

Submit your event details at [cericcollier.com](http://cericcollier.com) — response within one business day.

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