



PODCAST GUEST · ONE-SHEET

C. Eric Collier

The Mayor of Motivation

From Hesitation to Unstoppable Action

KEYNOTE SPEAKER

BESTSELLING AUTHOR

PODCAST HOST

ARMY & NAVY VETERAN

LEADERSHIP FACILITATOR

THE STORY YOUR AUDIENCE NEEDS TO HEAR

352 days of layoff.

One decision changed everything.

For 352 days, Eric was unemployed. Not weeks — days he counted, one by one. What pulled him out wasn't a job. It was a framework he built inside that season — one he now calls the 7 Pillars, and one he teaches to leaders, HR teams, veterans in transition, and audiences of every size. He named the enemy Mental Quicksand. He named the answer The Momentum Decision.

TALKING POINTS I BRING TO YOUR SHOW

- Mental Quicksand — why the language shift is the first breakthrough
- The Momentum Decision • acting on what you can control
- The 7 Pillars — the framework I teach leaders and teams
- Growth Mindset Formula — identity change, not just behavior change
- From Layoff to Launching Pad — what most transition stories miss
- Faith Through the Wilderness — what Scripture says about 'stuck'
- Vet to Civilian Purpose — identity after the uniform



ON THE PLATFORM

UDC Hall of Fame

Keynote · Washington, DC

November 2025

AUDIENCES SERVED

- Corporate & HR teams
- Veterans in transition
- Faith-based leadership

SIGNATURE KEYNOTES 3 talks · built on The 7 Pillars™

- The Momentum Decision · personal transformation
- The Cost of Later · urgency, action, decision-making
- Momentum Multiplied · the 7 Pillars for leaders & teams

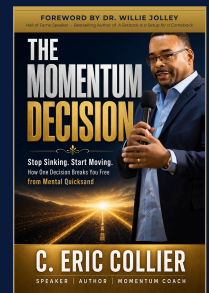
NEW BOOK · OCT 9, 2026

The Momentum Decision

Stop Sinking.
Start Moving.

Foreword by
Dr. Willie Jolley

Kindle · Paperback
Hardcover · Amazon
Friday, October 9, 2026



CREDENTIALS

- U.S. Army & Navy veteran
- Aircraft Handler · Intel Specialist
- Program Manager, Dept. of the Navy
- Amazon Intl. bestselling co-author
- John Maxwell Team certified
- DiSC certified facilitator
- Host, The Momentum Shift podcast

INTERVIEW LOGISTICS

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Through Oct 20, 2026 · ET

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