

## ADVOCACY FOCUS

**Contact your Congressional Representatives!**

**Switchboard:** (866) 272 6622

### Note:

If you do not have a computer and/or internet access, feel free to contact anyone on the WICMOAA board of directors and ask for help.

<p><b>U.S. Senator Maria Cantwell</b>  <a href="https://www.cantwell.senate.gov/">https://www.cantwell.senate.gov/</a>          WASHINGTON, DC          511 Hart Senate Office Building          Washington, DC 20510          Phone: (202) 224-3441          Fax: (202) 228-0514          TDD: (202) 224-8273</p>	<p>SW WASHINGTON          The Marshall House          1313 Officers Row          Vancouver, WA 98661          Phone: (360) 696-7838          Fax: (360) 696-7844</p>	<p>SEATTLE, WASHINGTON          915 Second Avenue          Suite 3206          Seattle, WA 98174.          Phone: (206) 220-6400          Fax: (206) 220-6404 - FAX</p>
<p>Contact Senator Cantwell via email: <a href="https://www.cantwell.senate.gov/contact/email/form">https://www.cantwell.senate.gov/contact/email/form</a></p>		
<p><b>U.S. Senator Patty Murray</b>  <a href="https://www.murray.senate.gov/">https://www.murray.senate.gov/</a>          WASHINGTON, DC          154 Russell Senate Office Building          Washington, D.C. 20510          Phone: (202) 224-2621          Fax: (202) 224-0238</p>	<p>SW WASHINGTON          The Marshall House          1323 Officer's Row          Vancouver, Washington 98661          Phone: (360) 696-7797          Fax: (360) 696-7798</p>	<p>SEATTLE, WASHINGTON          2988 Jackson Federal Building          915 Second Avenue          Seattle, WA 98174          Phone: (206) 553-5545          Toll Free: (866) 481-9186          Fax: (206) 553-0891</p>
<p>Contact Senator Murray via email: <a href="https://www.murray.senate.gov/write-to-patty/">https://www.murray.senate.gov/write-to-patty/</a></p>		
<p><b>Congressman Rick Larson</b>  <a href="https://larsen.house.gov/">https://larsen.house.gov/</a>          Washington, DC Office 2163 Rayburn HOB          Washington, DC 20515          Phone: <a href="tel:(202)225-2605">(202) 225-2605</a>          Fax: <a href="tel:(202)225-4420">(202) 225-4420</a>          Hours: Monday-Friday          9 a.m. to 6 p.m. ET</p>	<p>Everett Office Wall Street Building          2930 Wetmore Avenue, Suite 9F          Everett, WA 98201          Phone: <a href="tel:(425)252-3188">(425) 252-3188</a>          Fax: <a href="tel:(833)696-6499">(833) 696-6499</a>          Hours:          Monday-Friday 8 a.m. to 5 p.m.</p>	<p>Bellingham Office 119 North Commercial Street          Suite 275          Bellingham, WA 98225          Phone: <a href="tel:(360)733-4500">(360) 733-4500</a>          Hours: By appointment only</p>
<p>Contact Congressman Rick Larson via email <a href="https://larsen.house.gov/contact/">https://larsen.house.gov/contact/</a></p>		