



WICMOAA NEWS

Whidbey Island Chapter MOAA

---- Since 1968 ----

June 2023

This month's Top News



**ADVOCACY
FOCUS**
Federal and State



**RSVP for Lunch,
Pay Dues, & Donate
Scholarship /JROTC**



**THIS MONTH'S
MEETING INFO**
March 9th

President's Message

WICMOAA has a lot going on in June and July. This is where we get to have some fun as well as excellent briefs.

June 1 is the annual WICMOAA Whidbey Playhouse buyout. We buy the play 100% and only WICMOAA family and friends are invited. Thanks to JR Russell this event is always a great evening out. The play this year is a comedy and WICMOAA will see the premier of the play. More on the play later.

Our next fun event will be on the evening of June 14th. This will be the first dinner meeting WICMOAA has had in many years. Our brief for the meeting will be given by Captain Althoff, commanding officer of the NAS Whidbey Clinic. There are a lot of changes going on within the DoD health care system. This will be an excellent brief.

It is also my honor to let you know that the president and CEO of MOAA, Lt. Gen. Brian T. Kelly, USAF (Ret) will be attending the June 14th dinner meeting. This will be your chance to ask our MOAA president questions.

While we take August off, we still have the most fun yet in July. July is our annual Steak BBQ.

Advanced thanks to Marshall Bronson and Mike Bobeck for pulling this event together. Every year these are the best steaks ever cooked by the WICMOAA steak cooking experts, us.

Key Dates in June

- ✚ 1st – WICMOAA Playhouse featuring the comedy *"The Birds and the Bees"*.
- ✚ 6th – Anniversary of the World War II Allied invasion in Normandy, France, now known as D-Day.
- ✚ 14th – Flag Day – A Day to celebrate the adoption of the U.S. flag.
- ✚ 14th – The WICMOAA Dinner Meeting at WGC.
- ✚ 14th – Army Birthday
- ✚ 23rd – Coast Guard Auxiliary Birthday
- ✚ 27th – National PTSD Awareness Day – A Day to bring awareness about issues related to PTSD.



2023 Officers:

President: (360 Area Code)
Terry Sparks 544-2817
CDR, USNR Ret.
1st VP
Marshall Bronson, 678-7097
CAPT, USN Ret.
2nd VP (Membership)
Patrick Fisher, 678-1402
CAPT, USAF Ret
Secretary
Mike Bobeck 703.314.0858
Brig. General, USA Ret
Treasurer:
Michael Morgan, 298-3097
CDR, USN, Ret

Directors:

JROTC/Scholarships:
William Goodman, 678-3888
CDR, USN, Ret
Publicity:
JR Russell, 682-6648
CAPT, USN, Ret
Directors at Large
David Sullivan, 240-0560
LtCol, USMCR, Ret
David Gruber, 588-4067
LT, USN Ret
Harry Turner, 679-3799
CDR, USN Ret.

WICMOAA Chaplain
David G. Lura 720-8398
LCDR USN Ret
Surviving Spouse Liaison:
Nancy Tull 675-6755
Health Affairs:
Trish Rose, 257-9554
MajGen, USAFR, Ret
Legislative Chair
Jesse Epp 805.407.9635
LCDR USN, ACT
WICMOAA Family
David Cohick
LCDR USNR Ret
ROWC President:
Pat Sparks 425-298-9319

**WICMOAA and MOAA are
non-partisan.**

Chapter Dinner Meeting: June 14th at 5:15 PM

We have received the for the 2022 Col. Marvin J. Harris Communications 5-star award. The actual award materials were brought back by David Casteel, our Washington Council President, from WDC, where he participated in Advocacy in Action (AiA). As was our 5 star level of excellence for 2021, the medal will be mounted on our flag stand for all to see.



Washington Council of Chapters meeting in Olympia on May 15th.

New in Washington at the Licensing Department. Sticker for your license to help advertise the new suicide hotline in Washington.



<https://www.dol.wa.gov/vehicleregistration/sp-vet-suicide-emblem.html>

This Month's Newsletter features.

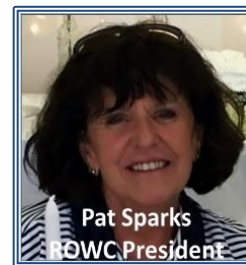
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[Click](#) on the title above you want to read.

ROWC Meetings and Events

ROWC completed the first half of 2023 meetings. We will be taking June, July, and August off.

SEE YOU ALL IN
SEPTEMBER!



Our May Chapter Meeting

Our May 11th chapter meeting was a great meal and speaker. Be sure and come next month and meet the MOAA President LT General Kelly. See [Page 11](#) for more information.



Lt Rick "Punch" Sanchez & Terry



Vince Sherman telling us about his military career.



Lyn Moses introducing her friends from Germany, Hans Peter and Gerlinde.



Jim Cutter introducing his wife, Susan.



Many WICMOAA members present.

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ADVOCACY FOCUS

Keep sending those letters in. It only take five minutes and support MOAA who is supporting us.

Links are always available on our website:

<https://wicmoaa.com/moaa-initiatives>

Or you can go directly to the MOAA site to send the letters:

<https://moaa.quorum.us/>



Contact your Congressional Representatives!
Switchboard: (866) 272 6622

Note: If you do not have a computer and/or internet access, feel free to contact anyone on the WICMOAA board of directors to ask for help.



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U.S. Senator Maria Cantwell https://www.cantwell.senate.gov/ WASHINGTON, DC 511 Hart Senate Office Building Washington, DC 20510 Phone: (202) 224-3441 Fax: (202) 228-0514 TDD: (202) 224-8273 Contact Senator Cantwell via email: https://www.cantwell.senate.gov/contact/email/form	SW WASHINGTON The Marshall House 1313 Officers Row Vancouver, WA 98661 Phone: (360) 696-7838 Fax: (360) 696-7844	SEATTLE, WASHINGTON 915 Second Avenue Suite 3206 Seattle, WA 98174. Phone: (206) 220-6400 Fax: (206) 220-6404 - FAX
U.S. Senator Patty Murray https://www.murray.senate.gov/ WASHINGTON, DC 154 Russell Senate Office Building Washington, D.C. 20510 Phone: (202) 224-2621 Fax: (202) 224-0238 Contact Senator Murray via email: https://www.murray.senate.gov/write-to-patty/	SW WASHINGTON The Marshall House 1323 Officer's Row Vancouver, Washington 98661 Phone: (360) 696-7797 Fax: (360) 696-7798	SEATTLE, WASHINGTON 2988 Jackson Federal Building 915 Second Avenue Seattle, WA 98174 Phone: (206) 553-5545 Toll Free: (866) 481-9186 Fax: (206) 553-0891
Congressman Rick Larson https://larsen.house.gov/ Washington, DC Office 2163 Rayburn HOB Washington, DC 20515 Phone: (202) 225-2605 Fax: (202) 225-4420 Hours: Monday-Friday 9 a.m. to 6 p.m. ET Contact Congressman Rick Larson via email https://larsen.house.gov/contact/	Everett Office Wall Street Building 2930 Wetmore Avenue, Suite 9F Everett, WA 98201 Phone: (425) 252-3188 Fax: (833) 696-6499 Hours: Monday-Friday 8 a.m. to 5 p.m.	Bellingham Office 119 North Commercial Street Suite 275 Bellingham, WA 98225 Phone: (360) 733-4500 Hours: By appointment only

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Member Spotlight

Harry Turner, CDR, DC, USN, RET

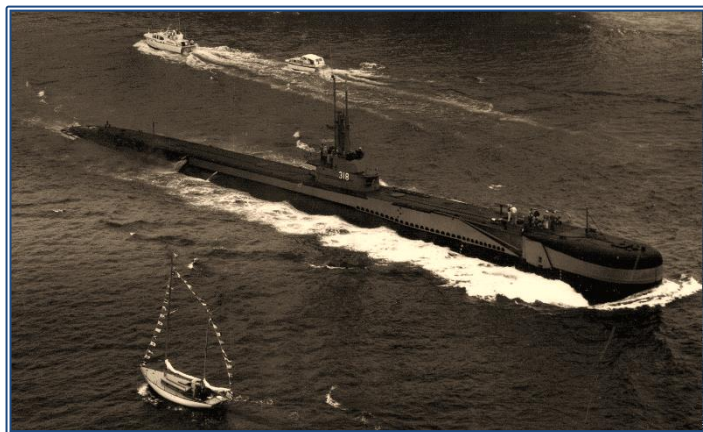
I graduated from NROTC at the University of New Mexico in June of 1969. My first duty station was the US Submarine School in New London, Connecticut. I was in the last big diesel submarine class and halfway through the class the Navy started decommissioning the WWII subs.

I picked up the USS POMODON (SS486) in Yokosuka, Japan in March 1970. Upon returning to San Diego, it was decommissioned in July 1970.

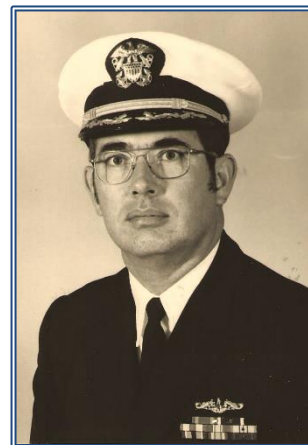


My next ship was the USS BAYA (AGSS318), (Jim Patterson had been XO years before.). It was a sonar research ship that was decommissioned in October 1972.

As a history major with a poor math and physics background, I was not eligible for nuclear power. I needed a new career path if I was to stay in the Navy.



So, my next duty station was as a submarine instructor in the Tactical Training Department of the Fleet Antisubmarine Warfare Training Center Pacific at San Diego, and I went to night school to pick up courses to get into Dental School.



In August 1974 I attended the University of Missouri School of Dentistry on a Navy Scholarship. After 4 years, I returned to San Diego to a dental clinic at Naval Training Center San Diego.

One year later found me at the clinic at Miramar Naval Air Station. From there I became the Dental Officer on the USS Belleau Wood (LHA 3). After two years and one deployment, I went back to a Dental Clinic at NTC San Diego.

After 1 year, I attended a one-year General Practice Fellowship at the Naval Regional Dental Center San Diego.

From there, I became the Dental Officer on the USS Dixon (AS37) in San Diego for two years in 1982. With so many tours in San Diego, I didn't want the detailer saying I was homesteading, so I asked for the Pacific Northwest area. From 1986 to 1990, I was a dental officer at the Naval Dental Clinic Oak Harbor.

When I retired on June 30, 1990, I opened Acorn Dental Clinic here in Oak Harbor. I sold it in 2013 and am now fully retired.

I have been a member of the Kiwanis Club of Oak Harbor for 33 years and WICMOAA for 10 years.

I married Gail Stevens after graduation from college on June 14, 1969. We have 3 grown children, Tracy, Shelley, and Stephanie, and two grandchildren, Allie and Harper.

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IA DRANG BATTLE

The largest battle of 1965 was fought at Ia Drang in the central highlands of II Corps. There, Hanoi had sent the better part of an NVA division with the mission of slashing from their Cambodian sanctuaries to the sea in hopes of cutting South Vietnam in two. The arrival of the 1st Cavalry Division under Major General Harry Kinnard put a serious crimp into that plan.

Equipped with more than 400 helicopters to shuttle infantry, artillery, and engineers, the 1st Cavalry Division was in theory ideally suited to take on an oft-elusive insurgent enemy. The division arrived in Vietnam in September, established a base camp at An Khe, and began patrolling a large area of operations all the way to the border.

Soon they detected a major VC buildup at Chu Pong Massif, straddling the border. On November 14, the 1st Battalion, 7th Cavalry Regiment, under Lieutenant Colonel Hal Moore, conducted an airmobile assault at Landing Zone X-Ray, in this vicinity. The NVA reacted with a series of violent attacks, initiating a ferocious three-day battle in which Moore's troopers fought desperately to avoid annihilation.

Their valor, plus support from air strikes and untold thousands of artillery shells fired from a nearby fire-base, staved off the enemy. This battle was made famous in the book "We Were Soldiers Once" ... and Young.



The movie *We Were Soldiers* further cemented the engagement in popular memory.

However, the movie did not portray the troubling battle that was fought after the shooting had petered out at X-Ray. At another landing zone called Albany, the retreating NVA unleashed a horseshoe-shaped ambush on the 2nd Battalion, 7th Cavalry as it moved in a column through the jungle, prompting yet another day-long existential fight.

NVA soldiers killed isolated, helpless, wounded troopers. Massive artillery and air strikes, including napalm, helped stave off total disaster. In the fighting, 151 Americans were killed, 121 were wounded, and 5 went missing, a 50% casualty rate. In a typical modern battle, American combat units sustain 3 or 4 wounded for every soldier killed. Thus, the ratio of killed to wounded testifies to the seriousness of the Albany fighting.

Ia Drang was something of a shock to both sides. The Americans began to realize the full scope of the communist commitment to conquer South Vietnam, and public opinion was stunned by the heavy losses. But the north had failed to cut the country in two and lost almost three full infantry regiments in the process. They now tended to favor small-unit, ambush-style combat, and only on their own terms. The tone of the war was now set.

[The Vietnam War \(thegreatcourses.com\)](https://thegreatcourses.com)

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By Professor John
McManus, PhD

**“When we Honor our Flag, we
Honor what We Stand For as a
Nation –**

**Freedom, Equality, Justice, and
Hope”**

Ronald Regan

Playhouse Event

June 1st, Doors open at 7PM play starts at 7:30

The Whidbey Playhouse Buyout event is June 1.

Our Master of Ceremony for the event will be our own JR Russell. JR will be kicking the event off the event with one of his amazing magic shows. More about JR can be found on his website:

<https://www.jrrussellmagic.com>

"The Birds and The Bees" comes full circle talking about love and relationships between neighbors, family, lovers, and your prized bee colony.

How do you deal with your adult daughter moving back home, while your mother is a new single lady?

Tickets are available for only \$25 per person, same as the theater's price and a couple for only \$50.00.

WICMOAA Family

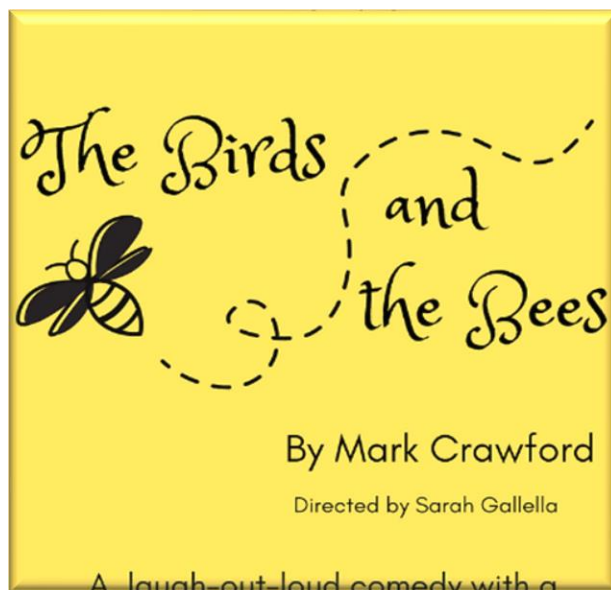
One of our long-time WICMOAA members is going through some tough medical times. Captain Don De Bode has been at Virginia Mason for a week, trying to find out the source of his present infections.

It looks like maybe the pacemaker and wires leading to the heart, so they are thinking of removing the pacemaker next week. He is doing okay, but wants to go home, and is confused part of the time.

Don is also back on chemotherapy drugs which had been stopped a bit at the start of this latest sepsis. Let Don and Pat know your prayers are with them. bestwestone@comcast.net

You can also bring a few potential WICMOAA member friends. The special friend price is only \$10 per person.

Tickets are on sale on the mail in coupon and our website at <https://wicmoaa.com/special-events>



This is WICMOAA's only fund raiser for the year so even if you can't come, buy a ticket or two to help us fund our JROTC funds!

Note: the additional cost on the website is only for credit card charges so we are not paying that out of the money that should be going to the JROTC fund.

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"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."

John Quincy Adams

Health Corner

From Trish Rose



MEN'S UROLOGY TUNE-UP

Men's Urology? *It's the urinary tract and the male reproductive organs – the systems below the belt.*



GENERAL UPKEEP

WITH A CAR, KEEPING GAS IN THE TANK AND AIR IN THE TIRES IS A MUST. DID YOU KNOW THAT CERTAIN HEALTHY LIVING TIPS CAN MAKE AN IMPACT ON MALE UROLOGIC HEALTH?



DRINK WATER

Drinking 6 or more cups of water daily can prevent kidney stones.

GET EXERCISE

Try for 30 minutes of moderate exercise, 5 days a week.



REDUCE STRESS

Try to de-stress – Even 10 minutes a day can lower blood pressure which may help improve erectile dysfunction.

EAT HEALTHY

Caffeine, alcohol and spicy foods can irritate the bladder; red meat and high-fat diets can increase the risk of kidney stones and cancer.



DON'T SMOKE

There are seven urologic conditions impacted by smoking.

1. Bladder cancer
2. Erectile dysfunction
3. Infertility
4. Kidney cancer
5. Kidney stones
6. Painful bladder syndrome
7. Urine leakage



MAINTENANCE SCHEDULE

IT'S KNOWN THAT A CAR SHOULD HAVE SCHEDULED OIL CHANGES. MEN, HERE'S HOW TO KEEP YOUR UROLOGIC HEALTH IN CHECK.

YOUNG MEN 18-40	MIDDLE-AGED MEN 40-50	OLDER MEN 50-70+
BASIC CARE	WATCH YOUR GAUGES	INSPECTIONS
<ul style="list-style-type: none"> Perform routine testicular self-exams Find out if there is a family history of bladder, kidney or prostate cancer 	<ul style="list-style-type: none"> High blood pressure, blood sugar and cholesterol can cause kidney disease and erectile dysfunction Get screened for prostate cancer if you are African American or have a father, brother or son with prostate cancer 	<ul style="list-style-type: none"> Talk to your doctor about prostate screening Look for changes in bathroom breaks like urgency, frequency, decreased flow or frequent night time urination

WARNING SIGNS

WHEN THAT LIGHT APPEARS ON THE CAR DASH – THERE'S A PROBLEM. IT'S THE SAME WITH UROLOGIC HEALTH. THERE ARE SOME WARNING SIGNS THAT INDICATE IT'S TIME TO CALL THE DOCTOR.



PAIN BELOW THE BELT - Pain that doesn't go away in the pelvis, genitals, side, abdomen, back or when you urinate.



ERECTION PROBLEMS - Getting or maintaining an erection.



BLOOD IN URINE - Even a small amount of blood may be a sign that something is going on under the hood.



Talk to your doctor about your personal maintenance plan, including your urologic health.

Urology Care
FOUNDATION™
The Official Foundation of the
American Urological Association

UrologyHealth.org

Patients resources provided through the generous support of: Enda

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WA Legislative Update

Advocacy in Action (AiA) Recap

This was the first in-person on the hill since COVID last was in 2019.

I met with 8 of 12 total targeted members of congress. Four principals: Kilmer, Smith, Schrier, and Strickland and four Legislative Assistants (Las): Perez, DelBene, Rick Larsen and Patty Murray.

We received ZERO response from Cathy McMorris Rodgers, Dan Newhouse, and **Maria Cantwell** despite repeated email, phone and in person day of dropping off issue papers.

Representative Jayapal said she and her Legislative Assistant were unavailable. She is not a National Defense Authorization Act (NDAA) supporter.

We started by thanking the five who cosponsored The Major Richard Star Act in 117th and thanked those who were doing so again in 118th.

As of 5/13/23 All 9 Reps have cosponsored the bill including Murray and Cantwell.

This year's Issues:

BAH Restoration Act HR 2537. Rep Strickland's bill: 42 cosponsors (up from 21) (Larsen, DelBene, & Kilmer)

Dave Casteel, WA State Council President



Please encourage your representative to cosponsor:

1. Senate companion bill **S.4564 BAH Calculation Improvement Act** has 10 cosponsors, but **NOT Murray or Cantwell**, encourage them to do so by email. (Can't contact them by phone)
2. **TRICARE Pharmacy cuts** – There have been no bills introduced yet. 25% cut (about 12,000 retailers) hit rural, seniors, and specialty (cancer, transfusion) patients hardest hit.

We asked Representatives and Senators to submit draft NDAA contract language to require Defense Health Agency (DHA) to use metric other than just "driving time" for criteria.

We have three open dialogues on issue (with Strickland, Kilmer and Schrier LAs)

3. **All Volunteer Force** – We mentioned at all meetings how the above items affects an "All-Volunteer Force". The majority of new entrants come from military families endorsing (down from 75% to 63% in two years).

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"Serves you right - I told you not to wear those to the beach."



Treasurer's Report

Greetings to all as I sit here writing this in shorts and a tee - finally some decent weather! I'll keep this short in celebration of that, and also in hopes of getting back out into it, so will just talk about money this month.



Mike Morgan
Treasurer

DUES — We did get some movement on payments, SO thank you for that you guys and keep up the good work. This will be the last month where the 'Arrears Listing' will be shared out via the newsletters and so, for this one last time, if you think that one of the names on the list is you? Well, it could be; reach out to me and we will get it resolved, okay?

FUNDRAISER FOR JROTC PROGRAMS — We will be paying out \$1,000 in awards to be shared between the programs at two high schools which we support.

The majority of the money for those support checks is raised at the 'buyout' performances at the Whidbey Island Playhouse, events which our JR Russell has been putting on for some years now.

This year's show, "The Birds & The Bees" is a hysterical comedy (did you know that JR himself played one of the parts in a recent ZOOM performance of it?) and it is sure to be a fun evening.

Tickets are on sale now for the 1 June showing and I can't put too much emphasis on how important participation in this to our continued support of these very worthwhile JROTC programs.

If you don't feel like you can make the show on that date, could I ask you to consider making a donation directly? You can do that via a check sent to our PO Box here in town or, more conveniently, do it right on our website. Hope to see a lot of you there

SCHOLARSHIPS & DONATIONS — While we're still not as healthy in this area as I'd like us to be, donations did tick up a bit last month and we're now sitting at \$762 collected to date this year.

Our awardees for both scholarships have been selected and are being notified now, and once enrollment verifications are received from their universities the checks will be sent out.

Our own \$3,000 award is already fully funded of course and, with the cushion of the remaining balance after it's paid plus maintaining donations into the account at about the average rate we now enjoy, we should have little difficulty in maintaining that same award level for 2024.

I can't really talk to what it will look like for 2025, as that will totally depend on how the donation levels are sustained over the coming year or so. There are no alarm bells right now, at least, which for news is good enough for me. Those still in arrears: *Benjamin B., Ruth B., John D., Richard R., Edward S., Clyde S., Marcus S., Charles T.*

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Our Military Friends Events

The Pacific Northwest Naval Air Museum

A property agreement has been signed for a new and much larger facility just off of Ault Field Road and east of Goldie Road. While it will take a year or two to complete, it will be a major advance in displaying our aviation history.

Intruder Association

Planning is now underway for the next **national rendezvous** for April 9 – 13, 2024 in San Diego, CA.

Association of Naval Aviation

Whidbey Island Squadron

Monthly meeting, second Tuesday of the month.

Next Meeting: June 13th, ANA Luncheon 1130, VFW

GROWLER WEEK 2023 – Celebrating Airborne Electronic Attack July 24-29th.

www.electronicattackweek.org

VFW Post 7392 Oak Harbor

Cosmic Bingo every Friday night starting at 6PM.

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Special Dinner Guests

President/CEO of MOAA, Lt. Gen.

Brian T. Kelly, USAF (Ret)

Lt. Gen. Kelly is a native of New Jersey. He earned his bachelor's degree in aerospace engineering from the University of Notre Dame and holds two master's degrees, one in national resource strategy from National Defense University and another in military operational arts and sciences from Air University.



Lt. Gen. Kelly joined the Air Force in 1989, as a graduate of Notre Dame's ROTC program. In his 33-year Air Force career, Kelly served in a number of key command and staff positions, including commander, 92nd Mission Support Squadron, Fairchild AFB, Wash.; deputy director, manpower and personnel, Multi-National Security Transition Command, Iraq; director, manpower, personnel and administration, U.S. Southern Command, Fla.; commander, 31st Mission Support Group, Aviano Air Base, Italy; commander, 501st Combat Support Wing, RAF Alconbury, U.K.; director, manpower, personnel and services, Air Combat Command, JB Langley-Eustis, Va.; director, military force management policy for deputy chief of staff for manpower, personnel and services at the Pentagon; and commander, Air Force Personnel Center, JB San Antonio-Randolph, Texas.

At the time of his service retirement in 2022, Kelly had completed 3½ years serving as the Air Force's deputy chief of staff for manpower, personnel and services at the Pentagon.

Kelly took over as MOAA's president and CEO in January 2023.

Career Highlights

- Past board chairman for both the Army and Air Force Exchange Service and Defense Commissary Agency
- Commander of the 501st Combat Support Wing at RAF Alconbury, U.K. from 2011-13
- Testified before the House and Senate Armed Services Committees as the lead Air Force witness on eight different occasions.
- Awards include Distinguished Service Medal, Defense Superior Service Medal, Legion of Merit with oak leaf cluster, and Bronze Star Medal

MOAA General Counsel, Corporate Secretary, Maj. Gen. Joseph G. Lynch, USAF (Ret)



Maj. Gen. Lynch, USAF (Ret) is a 1969 graduate of the Virginia Military Institute. He entered active duty in the Air Force in 1972 following graduation from law school at Emory University in Georgia.

He served 10 years on active duty as a judge advocate followed by 22 years in the Air Force Reserve. His final Air Force assignment was mobilization assistant to the Judge Advocate General of the Air Force while serving in the Air Force Reserve.

His civilian position was assistant general counsel (Manpower and Reserve Affairs) for the Department of the Navy, a career senior executive service position (Level 5).

Maj. Gen. Lynch joined the MOAA staff in 2010 as the corporate secretary. He supports the board of directors and performs other duties associated with the operation of a large corporation. As the general counsel, he advises the board of directors, president, and staff and directs MOAA's legal affairs.

Career Highlights

- Served 10 years on active duty as a judge advocate.
- Served as mobilization assistant to the Judge Advocate General of the Air Force.
- Served as assistant general counsel (Manpower and Reserve Affairs) for the Department of the Navy.

----- SPECIAL NOTE FOR THIS EVENT -----

We are limited to 50 seats per WGC for this event because of room size. We already have reservations for over half of those seats and MOAA will be putting out a blast to all MOAA members in the area that do not belong to WICMOAA telling the president will be in town. Bottom line reservations must be paid in advance and not at the door until we reach the 50 seats. Buy now if you are planning to attend to assure a seat. Thank you in Advance!

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RSVP for Dinner, Pay 2023 dues and/or Donate to Scholarship/JROTC

At this time, 94% of our membership have paid their 2023 dues. Thank You!

Use the attached coupon to pay WICMOAA dues, donate to the scholarship and/or the JROTC program, order your meal for the next chapter meeting, buy WICMOAA logo items or go online at Our website and do it all there with a credit card. <https://wicmoaa.com/orders>

***You must Pay in advance for these 2 events! e.g. No RSVP and Pay at the Door.**

<u>Scholarship 2024 program</u> Commitment – \$3,000.00 Now: ~\$762.00	<u>JROTC 2024 program</u> Commitment \$1,000.00 Now: ~\$185.00
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WICMOAA Order Form	
Name(s):	Date:
<u>June 2023</u>	
	<u>Number</u>
WICMOAA June 1 Playhouse	\$25.00 ea. X <input type="text"/> = \$ <input type="text"/>
Member Guests with member tickets	\$10.00 ea. X <input type="text"/> = \$ <input type="text"/>
June 14 th Dinner Buffet	\$25.00 ea. X <input type="text"/> = \$ <input type="text"/>
Include coffee or iced tea with the meal. (Price Includes Tax and a 20% Tip.)	

<input type="checkbox"/> Scholarship	<input type="checkbox"/> JROTC
Fund Donations	\$ <input type="text"/>

<u>From the WICMOAA Store (Checks or Cash)</u>	
2022 Dues \$20.00 for Members and \$5.00 for Auxiliary Members	\$ <input type="text"/>
WICMOAA Shirts <input type="text"/> Gray + <input type="text"/> White = <input type="text"/> X \$25 each	\$ <input type="text"/>
Size(s) <input type="text"/>	
WICMOAA Grey Caps	<input type="text"/> X \$25 each <input type="text"/> = \$ <input type="text"/>
Tales of Military Service Vol 1	<input type="text"/> X \$17.50 each <input type="text"/> = \$ <input type="text"/>
Tales of Military Service Vol 2	<input type="text"/> X \$15.00 each <input type="text"/> = \$ <input type="text"/>
"Total Purchases" \$ <input type="text"/>	
Please print this page and include it with your check for "Total Purchases" to be mailed to WICMOAA P.O. Box 255 Oak Harbor, WA 98277	

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This month's Meeting Info

June 14th Dinner at Whidbey Golf Club.

Dinner starts at 5:15 PM for Cocktails and conversation followed at 6:00 PM with an amazing WGC buffet to include Sliced Beef (Carving station) Veggies, Penne Alfredo, mashed potatoes, garden salad, rolls, and cookies for dessert.

Chapter Meeting will start at 6:45 PM.

Brief for the Chapter Meeting

Captain Juliann Althoff Medical Corps, U.S. Navy

*Commanding Officer, Navy Medicine Readiness and Training Command Oak Harbor
Director, Naval Health Clinic Oak Harbor*

“2023 Direction for the Clinic and Virtual Appointments”

Captain Althoff has served in a variety of leadership positions across the Navy, Marine Corps and the joint operating force. After flight surgeon training in Pensacola, FL in 1997, she served as flight surgeon for Carrier Air Wing NINE, deploying on an “around the world cruise” aboard the USS NIMITZ (CVN 68). Her next assignments were with the Helicopter Anti-Submarine Squadron 10 (HS-10) training squadron in San Diego, CA, and the Presidential Helicopter Squadron (Marine One) in Quantico, VA, where she oversaw a large flight-line clinic and traveled extensively in support of overseas Presidential missions.

As a public health and preventive medicine specialist, she served with III MEF in Okinawa, Japan as the Force Health Protection Officer and 3rd Marine Expeditionary Brigade Surgeon, where she planned, conducted and oversaw numerous HA/DR missions as both a member of the Humanitarian Assistance Survey Team (HAST) and as JTF/CJTF Surgeon.

After graduating from the U.S. Naval War College, Althoff was assigned to U.S. Pacific Command as the Preventive Medicine and Force Health Protection Officer, playing a key role in the coordinated medical response to Operation Tomodachi, the unprecedented earthquake, tsunami and low-level radiological emergency in Japan.



In 2013, Althoff stood up the Navy Environmental and Preventive Medicine Unit SEVEN (NEPMU-7) in Rota, Spain as OIC, establishing critical public health and preventive medicine support to deployed and expeditionary forces throughout the European and African theaters.

Additionally, Althoff served in key headquarters positions including Executive Assistant for the Deputy Surgeon General of the Navy, and Executive Director for the Defense Health Board, the DoD's only Federal Advisory Committee on health, leading a team of civilian healthcare leaders and experts in providing the Military Health System with strategic, independent findings and recommendations.

In 2019, Althoff was selected as Chief Medical Officer and Director for Quality at Naval Medical Center San Diego, where she played an essential role in maintaining Joint Commission accreditation and leading the initial COVID pandemic response. Her last assignment was as Executive Officer, Naval Medical Research Unit Dayton, Wright-Patterson Air Force Base, Ohio.

Althoff is board certified in Public Health and Preventive Medicine. Her awards include the Defense Superior Service Medal, the Defense Meritorious Service Medal, the Meritorious Service Medal (5 awards), the Joint Commendation Medal (2 awards) and various additional service and unit awards.

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