

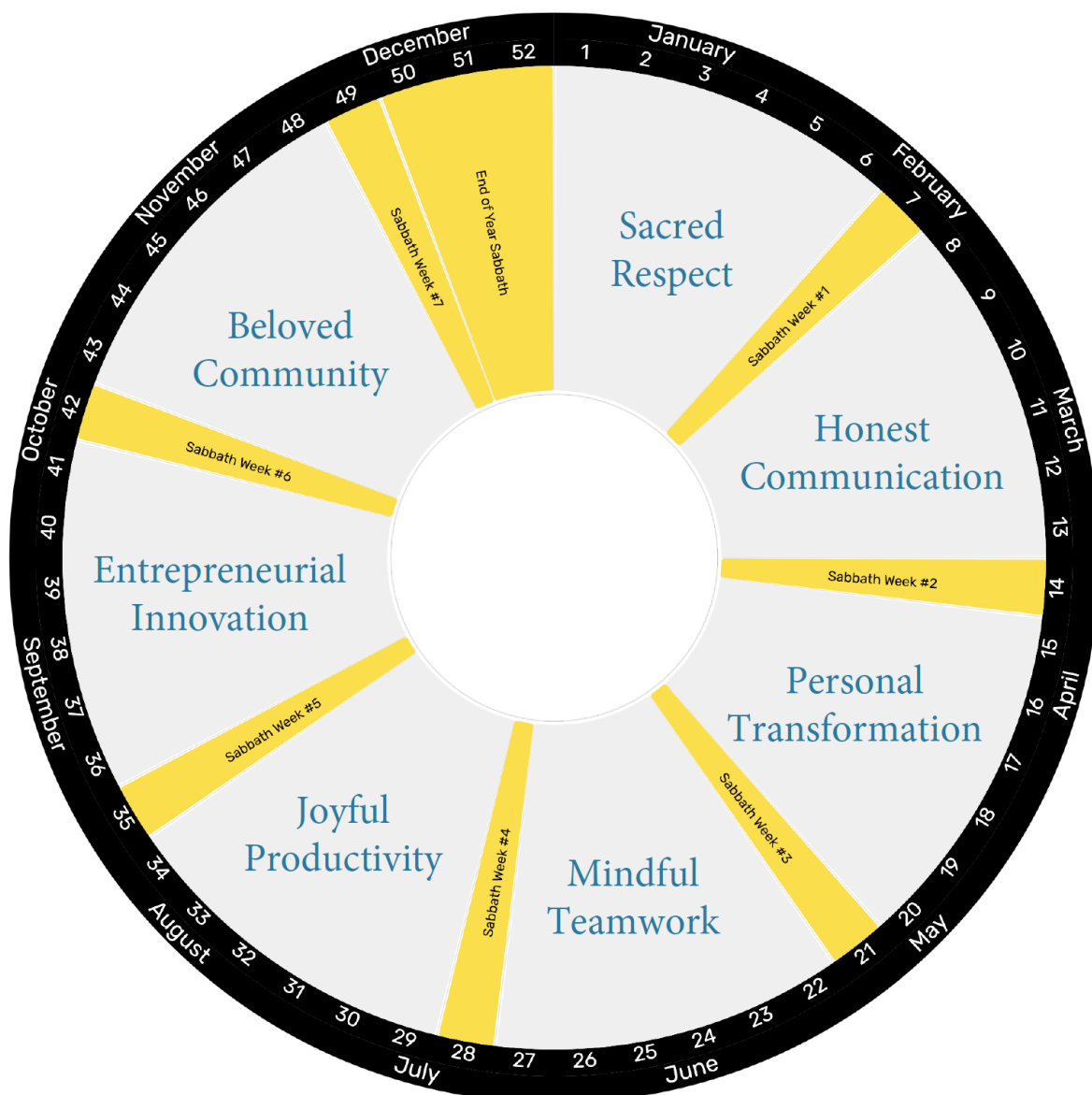
Team of Teams Calendar

A rhythm of intentionality to guide thought and action across the year

The example below shows the calendar and core values of Rising Tide Capital. As a purpose-led organization, we believe that creativity requires rhythms of work and rest. Instead of dividing the year into quarters, we use a Team of Teams Calendar to structure our work together across the year.

Every seven weeks, we dedicate time for our team to reflect, plan, celebrate, and pause. Each seventh week involves three components. On Tuesday, we meet to review our goals and our progress. On Thursday, we have a full-team offsite retreat to engage with our core purpose and the values that guide our work. Finally, we culminate the week on Friday by closing down and having a day off for the entire organization.

In the pages that follow, we invite you to make your own Team of Teams Calendar and use it to guide your team's efforts to create love and beauty in the world.



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Below, you can see a list of dates for the seven cycles of the year and the 2022 Sabbath weeks. Consider adding these to your calendar, or scheduling a personal day at the beginning or end of a cycle to lean into the full Sabbath rhythm.

<u>2022 Cycles (7 weeks each)</u>		<u>2022 Sabbath Weeks</u>
Cycle 1:	01/01 - 02/20	Feb 14th - Feb 20th
Cycle 2:	02/21 - 04/10	Apr 4th - Apr 10th
Cycle 3:	04/11 - 05/29	May 23rd - May 29th
Cycle 4:	05/30 - 07/17	Jul 11th - Jul 17th
Cycle 5:	07/18 - 09/04	Aug 29th - Sept 4th
Cycle 6:	09/05 - 10/23	Oct 17th - Oct 23rd
Cycle 7:	10/24 - 12/11	Dec 5th - Dec 11th

How to Make Your Own Team of Teams Calendar

You can enter your own values into the boxes in the form below and it will automatically produce your own annual calendar on the following page that you can save or print--to use personally, with your team, your family, or with others.

Instructions:

To get started, you need to identify seven words that represent your deepest values. Your core values are the qualities and characteristics that you most want to cultivate in your life and in the world around you. By identifying these and putting them in order, you can create a rhythm of reflection throughout the year that brings you into deeper relationship with what they mean and what they look like when lived out.

The form below is pre-filled with an example of the kinds of core values you might pick. They are designed to progress and build on one another. You can start by using these, or you can customize the list below by entering your own words.

Enter Your Core Values Below

Core Value #1

Core Value #2

Core Value #3

Core Value #4

Core Value #5

Core Value #6

Core Value #7

OPTIONAL: When you are finished

- Save this document for your files and print Page 4 to share as your Team of Teams Calendar.
- Refer to Page 2 for a schedule of specific dates for the coming year and enter them into your calendar for easy reference.
- If you would like to receive customized notifications based on your values, you can submit your information [online](#) to complete the signup process at Common Liturgy.

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