

# **IBRT Criteria for Accreditation of Regression Training Programs and Schools**

**All Training Programs and Schools must be in existence for (at least) one year before application is made to IBRT for Accreditation.**

An IBRT-accredited Training Program or School shall provide its students with an adequate preparation in Past Life Regression Therapy and shall meet the following minimum requirements. All instructors who teach Past Life Therapy (PLT) must be Board Certified by IBRT. Training may take place on-site or on-line.

## **Part A – The Program**

Training shall be of an appropriate scope and sequence of not less than forty (40) clock hours of basic instruction in the induction and use of altered states through hypnotic, guided imagery, Neuro-Linguistic Programming (NLP), Netherton-Paul Method or other recognized approaches or techniques and followed by a block devoted to the specifics of PLT of not less than fifteen (15) clock hours of didactical (classroom) instruction and a significant supervised practicum.

Basic preparation considered appropriate must include (but is not limited to) knowledge of and/or proficiency in:

- A. The history, theories and methodologies of the approach, as well as an understanding and appreciation of alternative approaches.
- B. Exposure to a wide variety of techniques to induce, deepen, and enhance altered states.
- C. The use of altered states to facilitate the client's ability to achieve a desired understanding, goal, or change.
- D. Induction and use of auto-suggestion, self-imaging, and other techniques.
- E. Ethical, legal and moral considerations, limitations and caveats in the practice of altered state therapies. This would include an understanding of those ethical issues and responsibilities involved in the client/patient relationship such as transference and counter-transference.
- F. Supervised practicum experiences in the induction, deepening, and use of the altered state.

Theoretical and practical courses and experiences in:

- A. The theories and practice of Past Life Therapy
- B. The methodologies and techniques of Past Life Therapy.

Supervised practicum experiences in conducting Regression sessions. Such experiences must have provided ample opportunities for direct feedback between student and trainer.

An understanding of the ethical and legal issues associated with the practice of Past Life Therapy and a commitment to abide by the Code of Ethical Conduct and Practices of the International Board for Regression Therapy.

### **Part B – Instructional Staff**

1. Level I accredited PLT training programs must either be conducted by an IBRT-certified practitioner or those who otherwise have had training and experience of sufficient length and scope to meet minimum certification requirements and present satisfactory documentation thereof.
2. Level II accredited PLT training programs must be instructed exclusively by IBRT-certified instructors.
3. All instructors must meet any country, state, regional or local licensing requirements.

### **Part C – Documentation and Inspection**

1. Documentation shall include a detailed course syllabi for each subject which specifies topic, a descriptive overview, a statement of goals and objectives, a list of required materials and books, grading system and methods of evaluation, the instructor and his/her qualifications to teach the topic and an indication of clock hours required.

### **Part D – Regency of Accreditation and Fees**

Initial accreditation of a Training Program or School shall be for five (5) years.

Renewal of accreditation shall include submission of current faculty lists and qualifications, course syllabi, and other documentation, as deemed appropriate by IBRT. Cost of accreditation for training programs and schools shall be 500 U.S. dollars for five (5) years.

## **Part E – State/Country Licensure and Other Requirements**

It shall be incumbent upon any training program/school which operates within any country, state or local jurisdiction which licenses or regulates training programs, schools or the practice of hypnosis and seeks IBRT accreditation to obtain and maintain any such licensure and to conduct its training within the guidelines of said laws, licensing board or regulatory agency. Failure to do so will result in loss of IBRT accreditation.

## **Part F – Disputes, Complaints, Deficiencies and Revocation of Accreditation**

Complaints or disputes about a Training Program or School which are brought to the attention of IBRT shall be referred to the IBRT Ethics Committee for investigation and disposition according to those procedures as set forth in the bylaws. In the case of deficiencies, the Ethics Committee shall provide the Training Program or School a list thereof and specify the time limit during which said deficiencies shall be remediated to the complete satisfaction of the Ethics Committee.

Failure to resolve disputes, complaints or deficiencies shall result in revocation of the program's/school's IBRT accreditation.