



## *Newsletter of the International Board for Regression Therapy*

*Edition #11 - July & August - 2022*

### **Summer Time**

Dearest Members,



Summer is upon us. Summer is the cycle of longer days. Warmer weather calls us to be outdoors more, to engage with nature, and energy is abundant. Summer is the time when we can reap the seeds we have sown in the new beginnings of Spring.

Even in the middle of all of all of the planetary challenges at this time, we can take a breath, and appreciate the fecundity and life sustaining forces of the Light and Mother Earth. And remember that it is also the inner Light that sustains us and our clients whom we serve.

We can call upon these archetypes of Summer to re-charge and sustain us:

**Youth and Vitality:** As expressed through the vibrant colors of summer, long days and the fresh warm and fragrant air. Feeling energized, vigorous and adventurous.

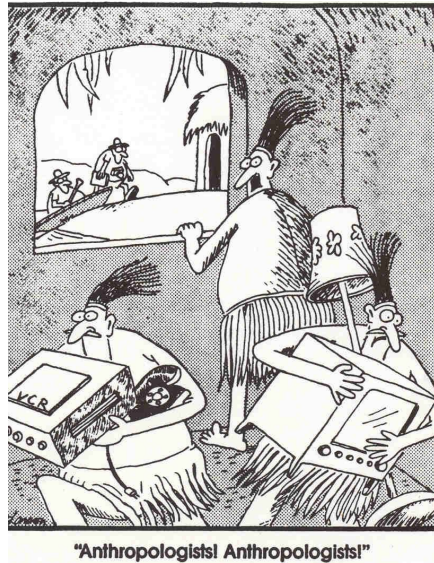
**Coming of Age and Maturation:** Feeling strong and healthy, full grown and feeling empowered.

**Love:** Feeling excitement, a sense of mystery and fullness, acts of spontaneity and generosity.

**Light :** That sustains us and our clients whom we serve, warmth, energy and awareness.

IBRT is full in its fecundity this Summer, as well. We have birthed a new Professional Certified Member and 11 new Affiliates members since January 2022. We enjoy well-attended monthly Gatherings which have blossomed into vital professional and spiritual sharing of community with colleagues and new friends. IBRT is charged with the elements of Summer and we are poised to move into a new cycle of growth and evolution. Thank you for being a part of it!!

You, who are the source of all power,  
Whose rays illuminate the whole world,  
Illuminate also my heart  
So that it, too, can do your work.  
~Gayatri Prayer



## **Announcements:**

New certified member - Susan Lyons is our newest Board Certified IBRT member. Susan has a legacy of past life therapy in her family as her grandfather was a past life hypnoterapist who also did research on reincarnation. Susan provides monthly online group regression meet-ups that focus on specific therapeutic applications of PLT. She is also on staff at HCH Institute as a hypnotherapy trainer and she has a thriving private practice with a transpersonal orientation. You may have met Susan when she presented a regression case at the Gathering on non-human incarnations.

"Rest is not idleness. and  
to lie sometimes on the grass  
on a summer day listening to  
the murmur of water, or  
watching the clouds float  
across the sky, is hardly a  
waste of time.  
- JOHN LUBBOCK

## **In Memoriam**

Walter Semkiw, MD, MPH – Reincarnation Research President, and Reincarnation Expert, a long time member of IARRT and a well-respected colleague in Regression Therapy, has transitioned into Spirit.

On June 9, Walter had a private burial close to his home in San Francisco, California. Walter's family originated in Ukraine. Though Walter had been battling heart disease and several health issues, his passing was sudden and unexpected. Walter was 66 years old, and even though his career had been in medicine, his passion was in understanding reincarnation, sharing and educating each of us about the possibility that there is more than one life, and life does not end with our passing.

Walter had presented quite a few case studies that helps us to understand a bit more about who we are, and who we were. He believed that understanding these elements of our life can help us to create a better journey into understanding ourselves and preparing us for the balance of this journey, and our walk in the next life.

Svetka, Walter's wife, indicated that any donation to a charity of your choice, or a donation to fight heart disease, done in the name of Walter Semkiew, MD would be a contribution to his legacy that would be pleasing to him.

You can visit Walter's web site at: <https://www.reincarnationresearch.com>.

## **IBRT Book Club**

Our next IBRT book club meeting will be in September. The Book will be *The ETs Speak: Who We Are & Why We're Here* (December 2016) by IBRT member Howard Batie, available through Amazon, paperback and Kindle format.

This ground-breaking book takes the UFO Phenomena to the next level – it is time to communicate directly with the beings behind the mysterious craft in our skies that have been observing us for so long. Howard Batie, an internationally-published award-winning author and Certified Hypnotherapist, has made the breakthrough by “*interviewing*” and recording extensive conversations with our extraterrestrial visitors.

The word-for-word transcripts of these interviews give us a never-seen-before understanding of the objectives and goals of “The Grays,” who have been orchestrating the abduction of many people throughout our world, as well as the benevolent intentions of many other Galactic races who have been patiently observing Humanity as we continue to evolve.

We are not alone, and this book clearly describes the vision that our Visitors want to share with us.

### **Howard Batie, Certified Hypnotherapist**

Howard Batie is a retired Naval officer, retired satellite communications Program Manager, and is now a Certified Hypnotherapist specializing in Spiritual Hypnotism. He is an internationally-published award-winning author with several titles and articles to his name. Mr. Batie received national recognition from the Johns Hopkins Institute for development of innovative and practical techniques for using personal computers to aid the severely physically handicapped. He also designed, developed and constructed several custom environmental telemetry systems (Volcano Monitors) for the U.S. Geological Survey. In addition, he was honored as the 1998 Distinguished Alumnus for Centralia College, Centralia, WA, and is a Past President of the Centralia Rotary Club. He is now in private practice as the Director of the Evergreen Healing Arts Center in Chehalis, Washington.



## **Gatherings**



May's Gathering was presented by Holly Holmes-Meredith. The title was Cosmic Marketing and Conscious Manifesting, and the date was Wednesday, May 25. It was a great group. We had 31 people join us. Holly presented an experiential Gathering where we could all learn about the basics of working with a greater level of awareness and intention, to focus and manifest what we wanted to bring into our work and our lives. We began with learning about clearing blocks that come from within, then how to use intention and focus to connect with our Higher Mind to help us accomplish our goals. There was a lot of very helpful information and suggestions about being open to

the power of the mind, of our thoughts and intentions, and how to manifest our desires through the connection to the higher self. She gave us some meditations to work with to open to manifesting, with gratitude. Holly also gifted us with all of her CDs with meditations for healing and awakening. It truly was a great event!

[Watch](#) Holly's presentation on our websites Gatherings page!

June's Gathering was presented by Peter Wright, CPLT, CHT, LBLT. The title was A Metaphysical Approach to Resolving Hidden Karmic Agreements From Past Lives and This Life. Peter shared his protocols that involve taking the client into trance and then guiding her into the high vibration of the 5<sup>th</sup> Dimension where all the answers can be found from the Guidance that joins them from the Light.

Peter talked about how he works closely with the client's Heart



and Higher Self along with other parts of the client. Typically, he invites Archangel Michael, Lady Master Quan Yin and the Karmic Board together with various Ascended Masters, Spirit Guides, Loved Ones who have passed on and others from the Light to partner with them during the session. This Guidance knows everything about the client from this life and past lives and is eager to come forth to help the client resolve her issues. Peter closed with several client examples underscoring how this metaphysical approach can often resolve rather complex issues in just one two-hour session and a one-hour follow-up.

You can [watch](#) the Zoom presentation on our website and download a printed version of Peter's remarks, including some additional protocols that were not covered in his talk.

## **Future Gatherings**

For July and August we thought it might be fun to have more of a social Gathering - where we can talk about our work and our experiences, and where members can chat with the Board about expectations and hopes and the future of our work and of IBRT.

The first Social will be Wednesday, July 13, 4pm PT, 5pm MT, 6pm CT, 7pm EST. The focus will be envisioning the future for our work: What would you like IBRT to offer you in the future? We are looking to continue to expand our services to meet the needs of all our members. So please join us for this informal Gathering and share your input.

## **September Gathering**

Val Deveraux - Working with Guardian Angels and Guides  
Thursday, September 21, 4pm PT, 5pm MT, 6pm CT, 7pm ET

Valerie will share with us her techniques on connecting Guardian Angels and Guides to get the most benevolent outcome for our clients, our work and in other areas of our lives.

## **October Gathering**

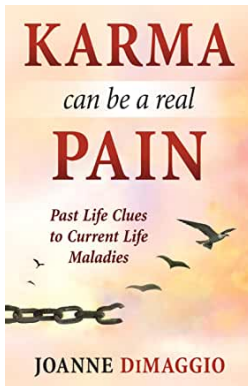
Greg McHugh - Spirit Release II - Day and time to be announced





## Book Nook

Karma Can Be a Real Pain: Past Life Clues to Current Life Maladies by Joanne DiMaggio.



Are physical and mental illnesses the result of karma acquired in a past life, and if so, does uncovering that lifetime lead to healing? After conducting a yearlong research project, past-life therapist and researcher Joanne DiMaggio, MA, CHt, discovered the answer was a resounding yes! Fifty volunteers participated in the research project. They came in suffering from such chronic conditions as arthritis; diabetes; joint and limb pain; head trauma; weight and digestive troubles; sexual dysfunction; skin conditions; liver and kidney issues; drug and alcohol abuse; and mental illness. Employing past-life regression and augmenting the session with Soul Writing (TM), i.e., writing in an altered state of consciousness, the project sought to find the buried past-life story behind the present-day malady. The results are fascinating. *Karma Can Be a Real Pain* illustrates how ordinary men and women met their past-life aspects and discovered the karmic origin of their

chronic condition, resulting in a healthier, happier life in the here and now—and beyond. Karma CAN be a real pain, but lucky for us, there is a cure!"



## Article

This article is dedicated to all the new affiliate members who might not be as familiar with the whole idea of past life regression, or for any who would like to read what an old IBRT member, the late Henry Bolduc, had to say on the subject. This is an article that he gave to all his students, and invited us to share them with our own clients and students. Henry was a great teacher and a very generous friend. Henry, you are missed.



### **PAST LIFE REGRESSION AND SOUL LESSONS**

by Henry Bolduc

**Question: What is Past Life Regression and how does it reveal soul lessons?**

Once upon a time you began an exciting and challenging adventure - it was called **Life**. Each life is just such an adventure, with characters, scenery, stories within stories, plots and twists, good guys and bad guys, human error, mistakes and lessons or morals. Past Life Regressions are enlightening trips back through time, through these adventures, to explore your own spiritual roots or origins. These remarkable journeys are a deep inner quest to your center of truth.

**Past Life Regressions** are also called hypno-regression, time travel, or soul exploration. The goal is to learn more about the inner mind and the continuity of life. Regression is a scientific and humanistic approach to previously uncharted areas of the mind. It uses your soul's time line to seek out and explore the experiences and patterns that have been part of your past and present lives. Karmic patterns and debts are seen from a broader view, relationships and connections with others are seen from a spiritual perspective. Day to day experiences can be seen, in the context of the soul's journey, as the great adventures that they truly are. [Read more](#)



**Learning Center**  
**RoseHeart's Training for Fall 2022**  
With Virginia R. Waldron, CH, CI



**National Guild of Hypnotists Certification Program for Hypnosis** with Virginia Waldron, CH, CI. This training program begins in early September and continues with additional training, into early December. It is a pre-requisite for the Advanced Age Regression and Past Life Regression Training Programs that will be offered later in the Fall. All three programs are part of the Newton Institute Alliance training, pre-requisites for the Life Between Lives Training. For more details about these training programs, please go to [www.TheRoseHeartCenter.com](http://www.TheRoseHeartCenter.com).

**Georgina Cannon - Instructor, School of Continuing Studies,  
University of Toronto**  
**Coaching and Counseling Introductory for Graduate Hypnotists:**



**AUGUST 13 - 14, 2022 Pre-requisite: Hypnosis Certification  
Training**

If you have completed the Clinical Hypnosis Training, you're ready to deepen your skills to assist clients integrate what they have learned and help them move forward into a satisfying, joyful life.

Learning outcomes:

- Your role as a coach – your biases and boundaries.
- Coaching and counseling skills that you may use help your clients move forward
- How to set boundaries for yourself and your client
- How to maximize your client's performance and energies according to their specific challenges.
- How to help clients articulate clearly and plan to achieve their goals within a time period.
- Recognize, monitor, and change clients' self-talk as necessary
- Setting achieving goals, personal, family and work.
- Moving the client from Victim to Hero in their life
- ... and much more

Two full intensive days of training that will be invaluable for you to build and maintain your hypnosis practice. Contact [elle@georginacannon.com](mailto:elle@georginacannon.com) to register



**The HCH Institute** - The following events are sponsored by HCH Institute and you many register at [www.HypnotherapyTraining.com](http://www.HypnotherapyTraining.com)

**SOUL TRIBE:** Free online every Monday night at 7pm PT. Join our community for prayer, poetry, and inspiration. We practice Transmission Meditation in service of healing wherever it is needed.

**GROUP PAST LIFE REGRESSION Meet-Up online:** The first Wednesday of every month, 7 pm P T \$30

Reiki I and Reiki II Trainings, online  
200 Hour HypnotherapyTraining begins in October 2022

LOW FEE Hypnotherapy sessions online, \$40 (including Past Life, Future Life, Inter Life and Spirit Releasement)



## Research



This was sent to one of our members by Scott Barry Kaufman.

Dr. Jim Tucker is a child psychiatrist and the Bonner-Lowry Professor of Psychiatry and Neurobehavioral Sciences at the University of Virginia. He is Director of the UVA Division of Perceptual Studies, where he is continuing the work of Dr. Ian Stevenson on reincarnation. He has been invited to speak about his research on Good Morning America, Larry King Live, and CBS Sunday Morning. He recently published *BEFORE: Children's Memories of Previous Lives*, a 2-in-1 edition of his previous books.

This is a video interview with Dr. Jim Tucker, where he discusses his research findings and methodology on children who claim to remember their previous lives. Dr. Tucker notes that these children don't just recall biographical details of their past, but they also retain feelings and emotions. His findings have important implications for how we understand consciousness. To view this video in full, please click on the link below.

## [Jim Tucker || The Science of Reincarnation](#)

### Last Laugh

Two boys were walking home from Sunday School  
After hearing a strong preaching on the devil.  
One said to the other, "What do you think about  
All this Satan stuff?"  
The other boy replied, "Well, you know how Santa Claus  
Turned out.  
It's probably just your Dad."