

Newsletter of the International Board for Regression Therapy Edition # 12 - September and October - 2022

Creating Community

Dear IBRTers,

This last month has been a busy one for IBRT. We have actively been creating short videos and organizing and launching our new social media posts. We are creating new outreach in support of generating more clients, and more affiliate and Board Certified members.

Have you seen any of the posts we sent out through Facebook and LinkedIn? We are starting to get interest from new folks through our outreach.

Devra Jacobs, our media consultant, is giving our web site a facelift and she is actively sending out new posts weekly. We have contracted with Devra on a trial basis for three months and we will evaluate our tangible results to determine if it is cost-effective and wise to continue with her support. Please help us by getting your colleagues to look for us on Facebook and to friend IBRT to see our posts.

And remember that if you attend our monthly Gatherings you may bring a new guest each time to experience our community and the wisdom and inspiration of our members.

Our group synergy continues to build in support of the work of Past Life Therapy, our practices, our teaching, and our contributions to the healing of humanity and our planetary condition. THANK YOU for being a part of it all.



Many Blessings, Holly

Announcements

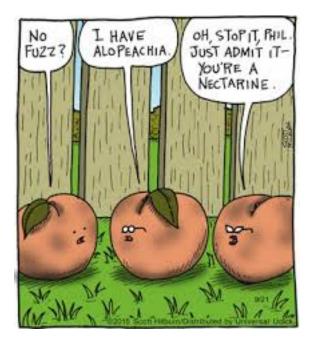


Articles

Am I A Hypnotherapist, or Not? By Virginia Waldron, CH, CI

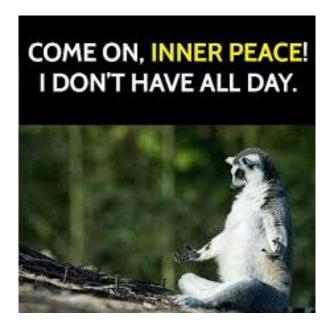
Brief summary - it is wise for everyone who practices hypnosis to investigate what their local government requires in order to have a professional practice, safely under the eye of the law. This is also important for instructors to explain to their students that they should go to the appropriate government websites, not only where they are located but also if they are working remotely with clients outside of their state/country, to and explore all the legal licensing, rules and requirements for their new career in hypnosis.

To read this article in full, or check out the NGH State Law Guide, please click HERE.



Book Nook

If you have a book that you would like to have promoted in our e-newsletter, please contact Virginia Waldron at gatkepr@gmail.com. Usually we like to promote books written or edited by our members. But, it cannot hurt to ask...



Learning Center

If you have a class or workshop or seminar that is relevant to IBRT's community and you would like to have it promoted in the e-newsletter, please contact Virginia Waldron at gatkepr@gmail.com.

RoseHeart's Training for Fall 2022

With Virginia R. Waldron, CH, CI



National Guild of Hypnotists Certification Program for Hypnosis

with Virginia Waldron, CH, CI. This training program begins in early September and continues with additional training, into early December. It is a pre-requisite for the Advanced Age Regression and Past Life Regression Training Programs that will be offered later in the Fall. All three programs are part of the Newton Institute Alliance training, pre-requisites for the Life Between Lives Training. For more details about these training programs, and to register, you can contact Virginia at gatkepr@gmail.com, or go to www.TheRoseHeartCenter.com.

Changing Minds with Georgina Cannon

www.georginacannon.com Instructor, School of Continuing Studies, University of Toronto

Past Life Regression Training December 3-4, 2022 Life Between Lives Facilitation Training December 10 - 11, 2022 Pre-requisite: Hypnosis or other spiritual protocol training <u>www.georginacannon.com/training or</u> <u>elle@georginacannon.com</u>



And don't forget our free Friday 30-minute meditations on Zoom, 12 noon EST. For information and links contact <u>Elle@georginacannon.com</u>



The HCH Institute with Holly Holmes-Meredith

All events are Pacific Coast Time zone

A FREE weekly online prayer and transmission meditation for sending healing to the world and to ourselves. Mondays 7 PM Pacific time. Bring prayers, poems and an open heart. Go to <u>Hypnotherapytraining.com/soul-tribe</u> to register. Monthly Group Past Life Hypnosis, First Wednesday of the month 7 pm \$30

200 hour Hypnotherapy Certification: Begins October 1, Shamanic Practitioner Training Certification: Begins September 17



Gatherings

We had a lovely summer social gathering in July, on Zoom, where we visited and talked about our experiences with past life regression, and energy work. It was so nice to get to know one another so much better. Our next Gathering will be in September, with Greg McHugh as our featured speaker.

Spirit Releasement Practices Part II Gathering with Greg Mc Hugh

Saturday September 10, 2022 - 9 am Pacific Coast Time, 10 am Mountain Time, 11am, Central Time, noon East Coast Time.

Please Note: This Gathering was scheduled accommodate the time zones of our global community of members. So, London would be 5 hours later and Paris is 6 hours later. 3P

In this Part II of Spirit Releasement Practices we will have look at:

- How the presence of deceased humans and attached dark beings mislead therapists in traditional talk therapy.
- How demons drive client behavior to violence.
- The relationship between extreme trauma and the presence of dark beings.
- New protocols for identification of attached entities.
- Protocols integrating spirit releasement and regression therapy.
- Invoking Divine Presence into the Samskara.

We will have fun discovering significant understandings of how the presence of deceased humans and attached dark beings misleads therapists in traditional talk therapy. How demons drive client behavior to violence. The relationship between extreme trauma and the presence of dark beings. New protocols for identification of attached entities. Protocols integrating spirit releasement and regression therapy. Invoking Divine Presence into the Samskara.

Greg Mc Hugh, IBRT Board Certified Regression Therapist, is the author of The New Regression Therapy. Greg has over two decades of combined experience as psychotherapist and hypnotherapist and he is a Board Certified Level IV Regression Therapist. He has been an instructor in hypnotherapy, credentialed by the Colorado Department of Higher Education and has taught Regression Therapy, Spirit Releasement, and Gestalt Therapy as Applied to Hypnotherapy. He now teaches the principles of his recent book, *The New Regression Therapy*, and offers mentoring to therapists and students wanting to learn the approaches of that modality.

Greg has a practice in Denver, Colorado. For more information about Greg, his book, his trainings, and his other publication, go to www.newregressiontherapy.com and www.gregmchugh.com.

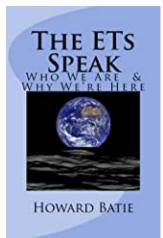


IBRT Book Club

Our next IBRT Book Club meeting will be in September. The book we will be discussing is *The ETs Speak: Who We Are & Why We're Here* (December 2016) by IBRT member Howard Batie, available through Amazon, paperback and Kindle format.

Free Event - Wednesday, September 21 - 4 PM West Coast, 5 PM Mountain, 6 PM Central, and 7 PM on the East Coast. Online, via Zoom.

This ground-breaking book takes the UFO Phenomena to the next level – it is time to communicate directly with the beings behind the mysterious craft in our skies that have been



observing us for so long. Howard Batie, an internationally-published award-winning author and Certified Hypnotherapist, has made the breakthrough by *"interviewing"* and recording extensive conversations with our extraterrestrial visitors.

The word-for-word transcripts of these interviews give us a neverseen-before understanding of the objectives and goals of "The Grays," who have been orchestrating the abduction of many people throughout our world, as well as the benevolent intentions of many other Galactic races who have been patiently observing Humanity as we continue to evolve.We are not alone, and this book clearly describes the vision that our Visitors want to share with us.

If you want to listen to a short interview with Howard about his book,

please click on this link (you can also listen to our first IBRT Book Club presenter, author Peter Smith):

https://www.ibrt.org/book-club

Howard Batie, Certified Hypnotherapist

Howard Batie is a retired Naval officer, retired satellite communications Program Manager, and is now a Certified Hypnotherapist specializing in Spiritual He is an internationally-published award-winning author Hypnotism. (Awakening the Healer Within, 2000; Healing Body, Mind & Spirit: A Guide to Energy-Based Healing, 2003; and Spiritual Journeys: A Practical Methodology for Accelerated Spiritual Development and Experiential Exploration, 2014). He has also authored over 25 technical articles in the computer and electronics fields. Mr. Batie received national recognition from the Johns Hopkins Institutes for development of innovative and practical techniques for using personal computers to aid the severely physically handicapped. He also designed, developed and constructed several custom environmental telemetry systems (Volcano Monitors) for the U.S. Geological Survey. In addition, he was honored as the 1998 Distinguished Alumnus for Centralia College, Centralia, WA, and is a Past President of the Centralia Rotary Club. He is now in private practice as the Director of the Evergreen Healing Arts Center in Chehalis, Washington.



IBRT and Social Media

Have you noticed there are lots of ads about IBRT on Facebook/Meta? That is because IBRT has hired a new social media manager. Her name is Devra Jacobs and she is doing a great job putting us out there. If you go to our Facebook page, just type IBRT in the search, you can check them out - please like and share. Here is an example:

If you would like to have your picture and name of the next ad like this one, please let us know - we need your permission.



Last Laugh

