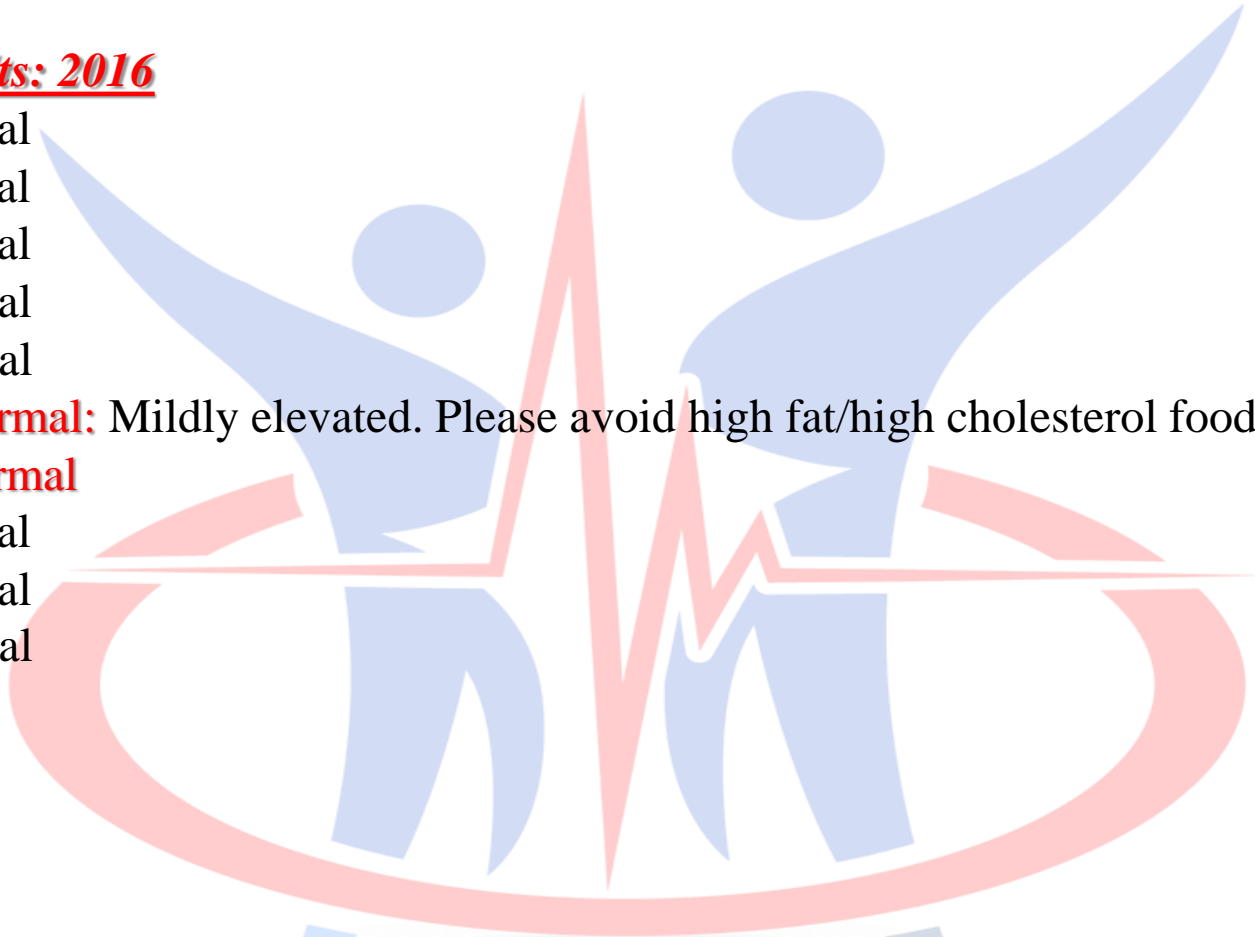


## BLOOD WORK RESULTS - YEARLY

Test	2016	2017	2018	Normal
White Blood Cell	9.18	7.23	7.69	4.50 - 11.00
Red Blood Cell	5.63	6.10 (High)	5.90 (High) (<0.20)	4.20 - 5.80
Hemoglobin	15.60	17.3	16.6	13.50 - 18.00
Hematocrit	46.90	50.7	49.9	40.00 - 54.00
Platelets	225	211	183	150 - 450
Sodium	143	139	137	135 - 152
Potassium	3.6	4.0	3.6	3.5 - 5.5
Carbon Dioxide	26	28	22	20 - 32
Calcium	9.2	9.7	8.5	8.3 - 10.7
Total Protein	7.3	7.6	6.8	6.0 - 8.5
Cholesterol	231 (High)	210 (High) (<21 Points)	175 (<35 Points)	100 - 199
Triglyceride	74	137	113	0 - 149
HDL Cholesterol	49	48	39 (Low)	40 - 150
LDL Cholesterol	167 (High)	135 (High) (<32 Points)	113 (High) (<22 Points)	0 - 99
PSA	1.39	1.24	0.99	0.00 - 4.00

**Comments for specific test results: 2016**

Complete Blood Count:	Normal
Electrolytes:	Normal
Blood Sugar:	Normal
Renal / Kidney:	Normal
Hepatic / Liver:	Normal
Total Cholesterol:	<b>Abnormal:</b> Mildly elevated. Please avoid high fat/high cholesterol foods & we'll repeat next year.
LDL (Bad Cholesterol):	<b>Abnormal</b>
HDL (Good Cholesterol):	Normal
Triglycerides:	Normal
TSH, Thyroid Activity:	Normal



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**Comments for specific test results: 2017**

Complete Blood Count: Normal  
Electrolytes: Normal  
Blood Sugar: Normal  
Renal / Kidney: Normal  
Hepatic / Liver: Normal  
Total Cholesterol: **Abnormal: Better than last year!**  
LDL (Bad Cholesterol): Normal  
HDL (Good Cholesterol): Normal  
Triglycerides: Normal  
TSH, Thyroid Activity: Normal  
PSA, Prostate Screen: Normal

**Looks good!**

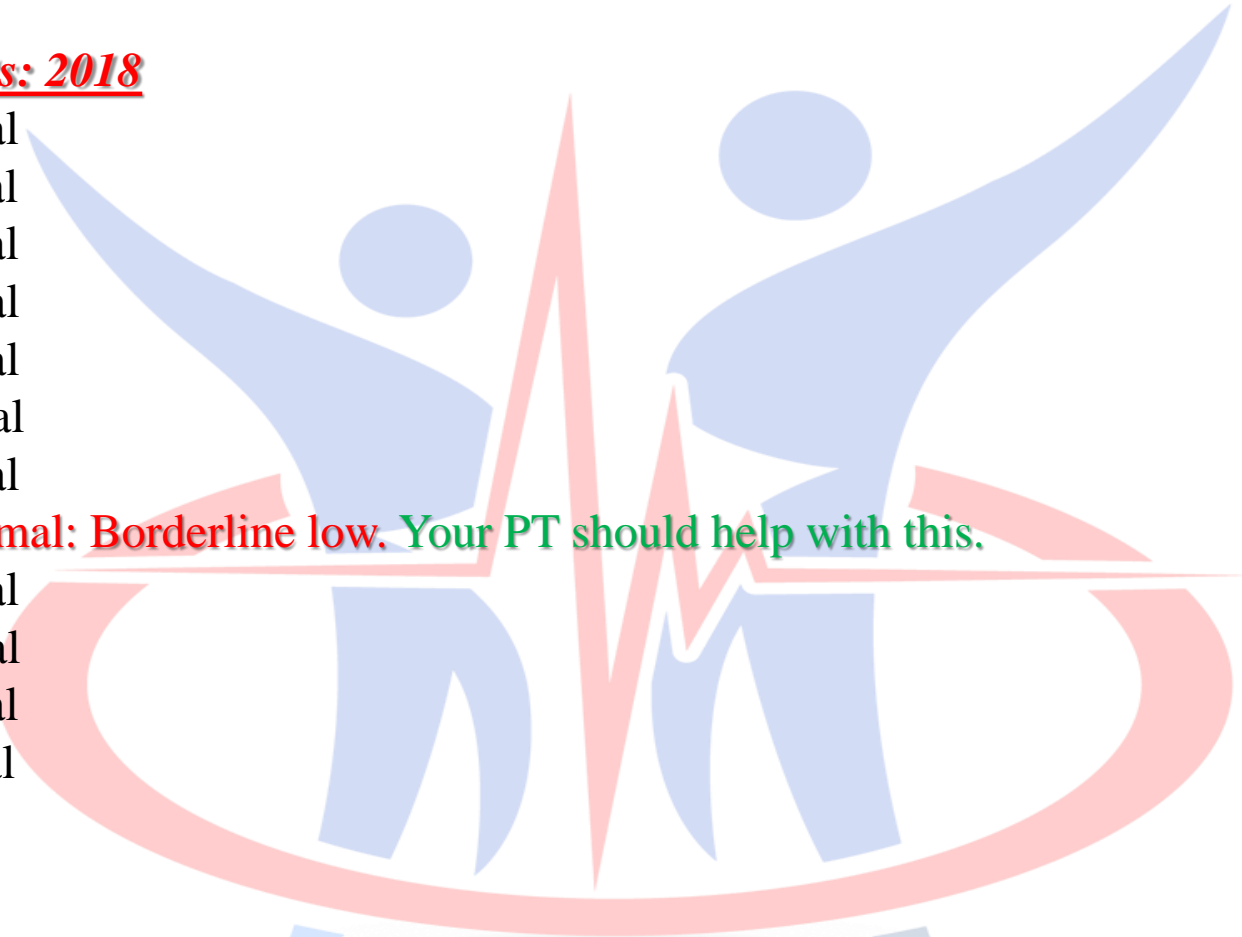


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**Comments for specific test results: 2018**

Complete Blood Count: Normal  
Electrolytes: Normal  
Blood Sugar: Normal  
Renal / Kidney: Normal  
Hepatic / Liver: Normal  
Total Cholesterol: Normal  
LDL (Bad Cholesterol): Normal  
HDL (Good Cholesterol): **Abnormal: Borderline low. Your PT should help with this.**  
Triglycerides: Normal  
TSH, Thyroid Activity: Normal  
PSA, Prostate Screen: Normal  
A1c, Average Glucose: Normal

**Looks good!**



smajourney51