Informed Consent

Introduction:

This form is to provide information which may affect your decision to start, continue or terminate coaching; as well as to explain expectation and consent of both the client and coach.

Purpose of Coaching:

The purpose of coaching is participation in routine meeting to reach your set goal; by plan development, progress evaluation and determining area(s) needing improvement. Plan development, execution and outcome is to be codependent process involving both the client and coach. This is done to ensure successful achievement of the client’s personal goals via personal experience and education.

Description of Coaching:

Both the client and coach will work together to identify the client’s goal(s), strengths, necessary steps and weaknesses to both determine and execute the path to successful completion of goal(s).

Risks:

In the event of lack of focus or communication, or necessity for therapy/counseling (requiring a referral provided by coach to external options) there is a risk of an inability to pursue coaching services. Focus, dedication, communication and scheduling are important to ensure successful completion. A coach is not licensed to provide therapy or counseling services, therefore; these require an outside source to provide necessary services. In the event these are needed you will receive a referral to an appropriate source.

Benefits:

Receiving coaching has benefits of improvement, achievement and advancement in the desired area(s) of family, spirituality, redundancy or volunteering. The area of your coaching will be agreed up by yourself and your coach in the initial session.

Confidentiality:

Information obtained on this form and during your coaching process is strictly confidential. All information the client shares with the coach is strictly voluntary. All information will not be shared outside of the coach and optional party(ies) specified in the disclosure section of this form below.

Withdrawal Privilege:

All participation between the client and coach is voluntary. At any time, the client or coach have all rights to terminate coaching. Any coaching that is completed will still require owed payment, along with any scheduled coaching not terminated 24 hours prior. The client/coach relationship is required to remain professional and in the event the client or coach feels the relationship in becoming or has become unprofessional, either has the right to terminate further coaching.

Disclosure:

Please list below the name, contact number and mailing address of the person(s) you wish to allow your personal coaching information to be shared with. This can be changed at any time. Please inform the person(s) you give consent to that they will be required to provide identification before receiving information.

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| Name |  | Phone number | Mailing address |
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| Name |  | Phone number  Voluntary Consent: | Mailing address |

Any questions/comments/concerns are to be directed to your Reah Robinson at (704) 302-6234. This is a voluntary consent form explaining the purpose, description, risks, benefits, withdrawal consent, disclosure and cost for receiving coaching.

Coach’s Statement:

“I certify that I have explained to the client the purpose, benefits, risks, confidentiality, withdrawal privilege and cost. I have answered all questions and provided a printed copy of this agreement between myself and the client”.

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Coach’s signature Date

“I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ accept these terms and conditions, upon having read and been Client printed name

explained the above information”.

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Client signature Date