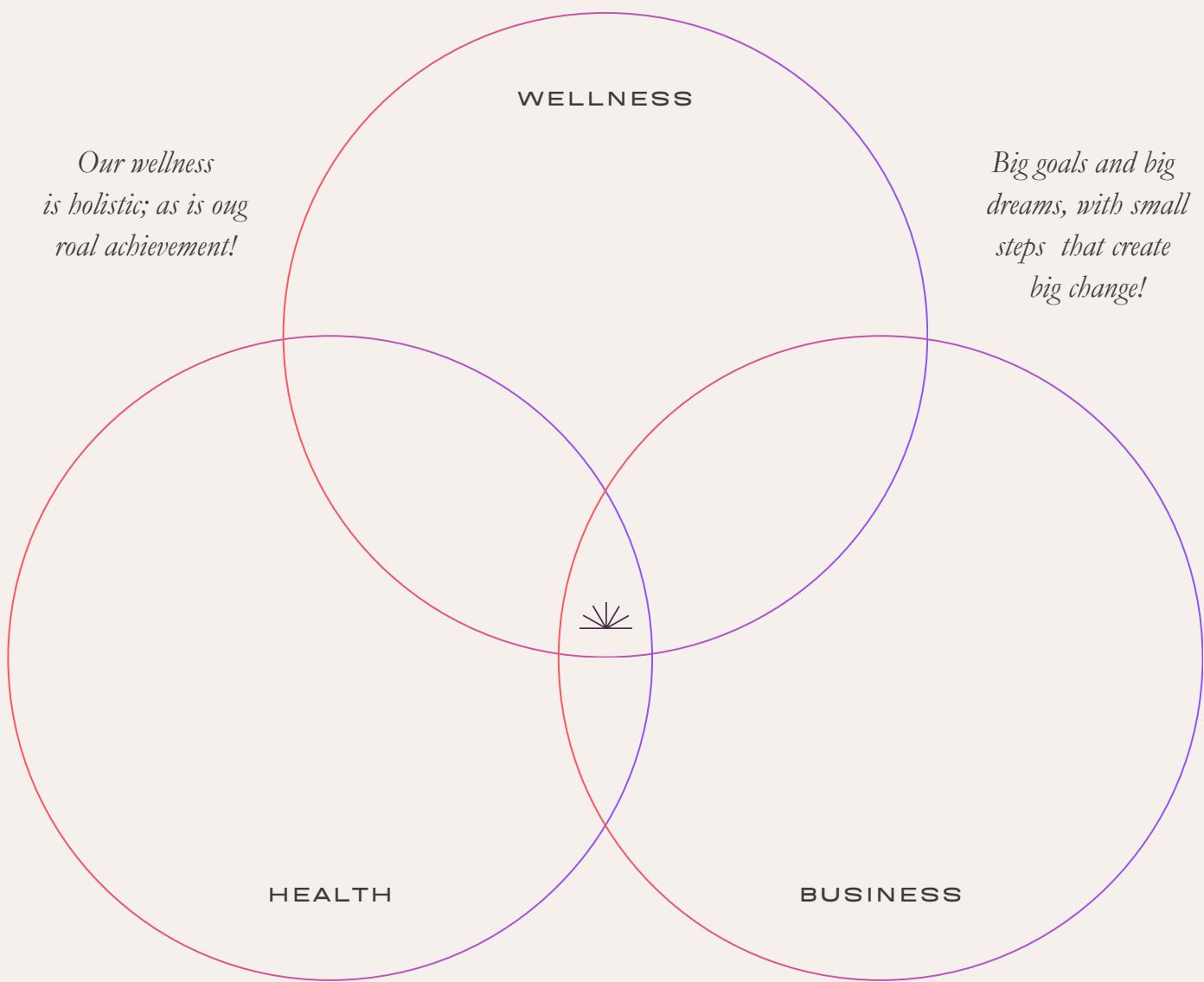
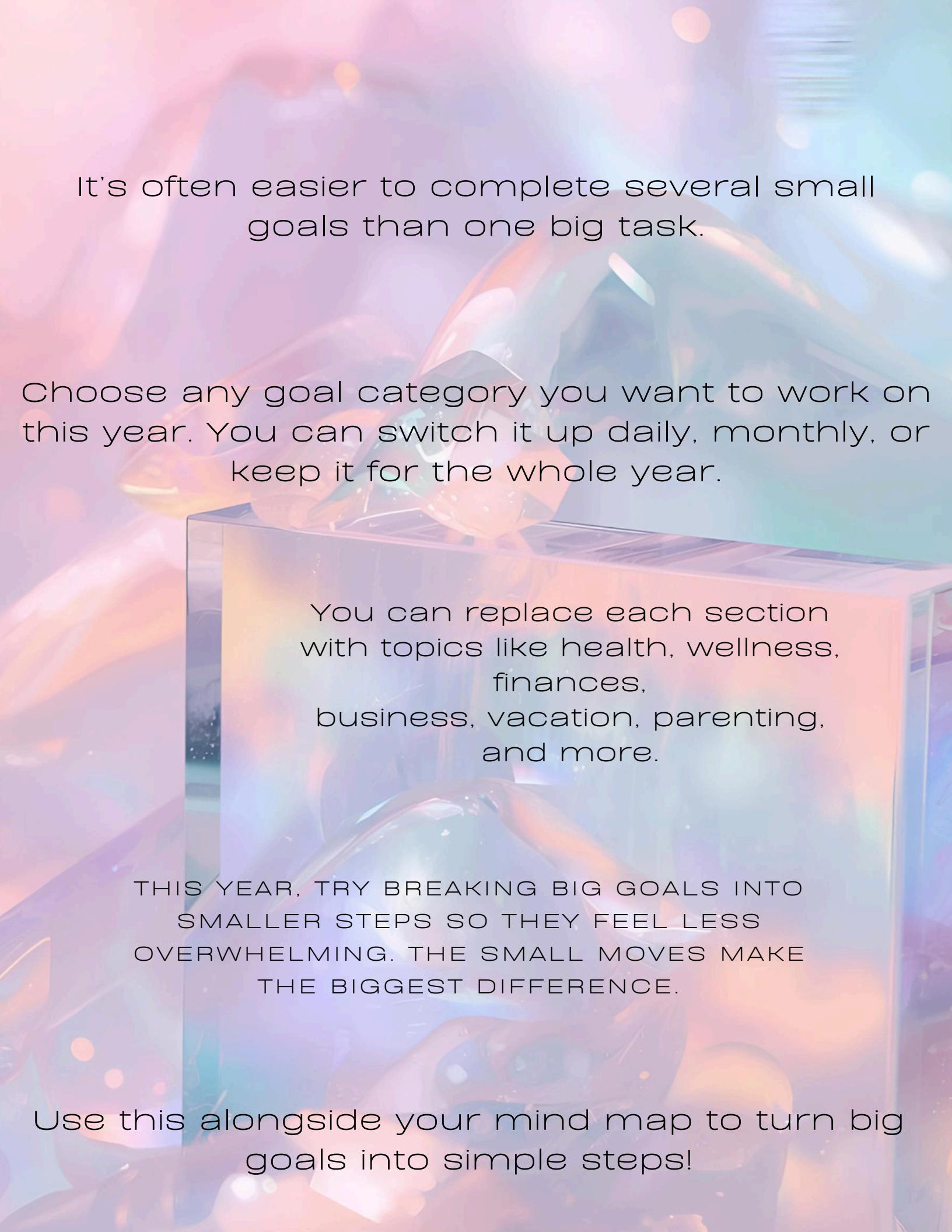


2026 GOAL PLANNER



ACTION STEPS



It's often easier to complete several small goals than one big task.

Choose any goal category you want to work on this year. You can switch it up daily, monthly, or keep it for the whole year.

You can replace each section with topics like health, wellness, finances, business, vacation, parenting, and more.

THIS YEAR, TRY BREAKING BIG GOALS INTO SMALLER STEPS SO THEY FEEL LESS OVERWHELMING. THE SMALL MOVES MAKE THE BIGGEST DIFFERENCE.

Use this alongside your mind map to turn big goals into simple steps!