



Eyebrow After Care Instructions

***Always wash your hands before performing your aftercare and never touch your brows with your bare fingers!**

First 24 hours : Blot your brows with a tissue slightly dampened with luke warm water, every 15-20 minutes to remove any fluid- this is extremely important to prevent Scabbing. The less scabbing you have the more color will stay when your brows are healed. (Press and lift the tissue to blot- do not wipe or drag the tissue.) Clean your brows every 2-3 hours after the procedure by gently blotting with one of the After Care Pads provided in your kit. Let brows air dry- Don't apply ointment at this point in the aftercare. Do Not Saturate your brows with water or soap and do not scrub your brows.

Before bed on the first night ONLY,. clean your brows, let air dry for 10-15 minutes, then apply a very thin layer of After Inked Ointment using a Clean Q-tip, finally cover your brows with the PhiPatches provided in your kit. This is the ONLY time in the first 24 hours that you will be applying the After Inked Lotion. In the morning, gently remove the patches from the inside out... do not pull the patches off against the hair.

- ❖ At the end of 24 hours, if you are still seeing fluid or weeping from your brow, please continue the above instructions (minus covering your brows at night) for an additional 24 hours.

After 24 hours until day 7: Clean your brows morning and night with a fragrance free, hypoallergenic soap. Cera-Ve Foaming Cleaner or Cera-Ve Baby Wash is preferred. To clean: place a pea size amount of soap into the middle of a clean tissue, apply a very small amount of water to moisten the tissue, fold the tissue in half and gently blot your brows. This will allow some soap to seep through the tissue but will prevent soap build up on your brows. Let your brows air dry for 10-15 minutes, then with a clean Q-tip per eyebrow apply a rice size amount of AfterInked lotion provided in your kit. DO NOT apply your AfterInked Lotion more than twice a day. If you start feeling oily from the ointment or have oily, combination, or Ache prone skin apply the AfterInked lotion only once a day or only as needed. In a few days your brows will feel dry and itchy; this is normal and important to the healing process. Please do not over lotion your brows or keep them constantly covered with the lotion. This could cause pigment loss.

Don'ts:

- *7 days:* No Exercise, heavy sweating, gardening or contact with animals.
- *14 days:* No makeup or products additional products on your eyebrows. No water on your brows when bathing and showering. Do not use Retin-A, Glycolic Acids, Peroxide or Neosporin on your face. No prolonged sun exposure or tanning beds (wear a hat if you need to be out in the sun.) No Lash Extensions, Facials, Massages, Chemical Peels, and/or Microdermabrasion. No waxing, tweezing or threading your brows. No picking, rubbing, touching or scratching your brows. No sleeping on your brows.

What to expect with healing: mild scabbing is okay but we do not want heavy scabbing, so please follow your aftercare as instructed.

Day 1-2: Color will be darker and can have a red or warm tint to them.

Day 2-3: Color will slightly darken and brows may appear bolder. If you are having any inflammation it can affect the shape and thickness of your brows.

Day 5-8: Skin will start to dry out become itchy and may flake or peel off, similar to having a sun burn. DO NOT PICK at the skin or you will remove color and/or create scar tissue.

Day 8-15: Color can be very light or appear gone in some places. The skin thickens as it heals and in some cases it can make the color look much lighter then it will be when fully healed.

Day 15-30: Color will slow start to darken and even out. Return for a recheck appointment.

Day 30-45: Final healed color is typical between 15 to 30 % lighter than the initial color. At this point if you have any faded spots, bald spots, missing hair strokes, patchy color or discrepancies in the shape or thickness, it will be addressed at your perfection session.

Signs and symptoms of infection: Signs and Symptoms that indicate the need to seek medical care are but not limited to: Sudden redness and/or swelling, pain of the procedure site, red streaking along veins going from the procedure sight towards your heart, elevated body temperature, fever, chills, blistering, weakness, purulent drainage (Pus) from the procedure site. If any of the Symptoms occur, they may be the sign of a serious medical condition or infection, please do not wait and seek medical attention right away. Better safe than sorry!

Follow up appointments:

- *4 week re-check:* A re-check appointment is booked in 4 weeks of your initial appointment. At your recheck it will be determined if a perfection session is or is not needed.
- *6-8 week perfection session:* Not everyone will need a perfection session but if it is determined one is needed at the recheck appointment it will be book 6-8 weeks from your initial appointment. In order for your perfection session to be considered the “included” session, you must complete that appointment within 6-8 weeks from your initial appointment. If you need to reschedule that appointment and it exceeds the 6-8 week window, you may be charged the same as an “Under 6 Month Touch-up”. I do book out even with my touch up appointments, so please let me know as soon as possible if you need to reschedule.

Additional fees:

- If you perfection session exceed 8 weeks as stated above.
- If you request to change the style of your brows, the color, and/or the shape of your brows. Fee is based on time frame from initial appointment and work needed.
- If you give under 48 hours’ notice to cancel or reschedule your perfection session or do not show, you will be charged a fee of \$50.00 that will be charged to the card on file as agreed upon in your contract. For any additional questions regarding the Rescheduling/No-show/late Polices please refer to your contract.

Failure to follow these instructions is a breach of your contract and can result in loss of pigment and/ or infection. Please follow you aftercare as instructed to insure you will have the best healed results and retention. As always, if you have any questions please email them to JamieM.Microblading@gmail.com or Call (530) 282-8151.

