



Lip After Care Instructions

***Always wash your hands before performing your aftercare and never touch your brows with your bare fingers!**

First 24 hours : Blot your lips with a tissue slightly dampened with lukewarm water, every 15-20 minutes to remove any fluid- this is extremely important to prevent Scabbing. The less scabbing you have the more color will stay when your lips are healed. (Press and lift the tissue to blot- do not wipe or drag the tissue. Apply the AfterInked MPJ with a clean Q-tip as often as need to keep lips moisturized. Before bed if you have any dried lymph fluid on your lips, gently rinse with lukewarm water and pat dry. Any bruising of the lips should subside within 24 hours. If you are experiencing large amounts of swelling, you may ice the area. Make sure there is a cloth barrier between the lips and the ice.

Day 2-7: If you are still seeing fluid weeping from your lips you may blot for an additional 24 hours. Continue to apply your AfterInked MJP every 30 minutes- no not let the lips dry out.

Don'ts:
7 days: No Water on the lips other than cleaning them. No Make-up, lip balm or chapsticks on the lips. No Exercise, heavy sweating, gardening or contact with animals. Do not use Retin-A, Glycolic Acids, Peroxide or Neosporin on your face. No prolonged sun exposure or tanning beds (wear a hat if you need to be out in the sun.) No Facials, Massages, Chemical Peels, lip injections and/or Microdermabrasion. No picking, rubbing, touching or scratching your lips. No sleeping on your lips. No Swimming, Saunas, Hot tubs, Lakes or Rivers. No spicy food. No using straws. No kissing.

Signs and symptoms of infection: Signs and Symptoms that indicate the need to seek medical care are but not limited to: Sudden redness and/or swelling, pain of the procedure site, red streaking along veins going from the procedure site towards your heart, elevated body temperature, fever, chills, blistering, weakness, purulent drainage (Pus) from the procedure site. If any of the Symptoms occur, they may be the sign of a serious medical condition or infection, please do not wait and seek medical attention right away. Better safe than sorry!

What to expect with healing: mild scabbing is okay but we do not want heavy scabbing, so please follow your aftercare as instructed.
Day 1-2: Color will be darker and have a more reddish or warm tint to them. If you are having any inflammation it can affect the shape and thickness and overall shape of your lips.
Day 5-7: Skin will start to dry out become itchy and may flake or peel off, similar to having a sun burn. DO NOT PICK at the skin or you will remove color and/or create scar tissue.
Day 8-15: Color can be very light or appear gone in some places. The skin thickens as it heals and in some cases it can make the color look much lighter then it will be when fully healed.
Day 42-56 Final healed color is typical between 30 to 50 % lighter than the initial color. At this point if you have any faded spots, bald spots, patchy color or discrepancies in the shape or thickness, it will be addressed at your perfection session.

Follow up appointments:
6 week re-check: A re-check appointment is booked in 6 weeks of your initial appointment. At your recheck it will be determined if a perfection session is or is not needed.
8 week perfection session: Not everyone will need a perfection session but if it is determined one is needed at the recheck appointment it will be book 6-8 weeks from your initial appointment. In order for your perfection session to be considered the "included" session, you must complete that appointment within 8 weeks from your initial appointment. If you need to reschedule that appointment and it exceeds the 8 week window, you may be charged the same as an "Under 6 Month Touch-up". I do book out even with my touch up appointments, so please let me know as soon as possible if you need to reschedule.

Additional fees:

If you perfection session exceed 8 weeks as stated above.

If you request to change the color and/or reshaping of the lips. Fee is based on time frame from initial appointment and work needed.

If you give under 48 hours' notice to cancel or reschedule your perfection session or do not show, you will be charged a fee of \$50.00 that will be charged to the card on file as agreed upon in your contract. For any additional questions regarding the Rescheduling/No-show/late Polices please refer to your contract.

Failure to follow these instructions is a breach of your contract and can result in loss of pigment and/ or infection. Please follow you aftercare as instructed to insure you will have the best healed results and retention. As always, if you have any questions please email them to JamieM.Microblading@gmail.com or Call (530) 282-8151.

