

Duncan MacLeod

Motivational Speaker & Mindset Coach

Duncan MacLeod is a husband, father, speaker, and coach, with a specific focus on helping individual's mental performance and resilience. Duncan aims to provide relevant and practical information, tools, and actionable skills that can be used immediately. These tools, skills, and information fall under Duncan's broad vision for overcoming barriers, creating and maintaining a present-moment focus, and achieving success by growing emotional intelligence.



SIGNATURE TOPICS

- ✓ Mental Performance
- ✓ Decision-making
- ✓ Mindset
- ✓ Confidence
- ✓ Process Over Outcome
- ✓ Emotional Intelligence



- ➔ Live Intentionally
- ➔ Learn Continuously
- ➔ Serve Passionately
- ➔ Lead Confidently

CONTACT

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