

# Team Building: Option 1



Are you a person that controls the team?

Feel you are a happy-go lucky person who wants everyone to be friends and get along?

Do you stand back and see what's going on, before putting your point across?

Using the Belbin theory, individuals will have the chance to self assess their role within their current team.

The ability to handle people and behave appropriately becomes a crucial part in building and playing part of an effective team. Using self assessment, you will have a chance to evaluate yourself from the nine team roles and focuses on the top three that you feel best suit you.

The highly activity based session will inspire and direct individuals in finding out:-

- that people have particular roles to play within a team
- to understand each person's role within the team
- and to create better working relations with colleagues

# Team Building: Option 2



A focus on furthering and deepening understanding of the importance of the team, as a whole.

The team will take part in completing an orientation exercise linked to business values focusing on the Drexler/Sibbet Team Performance™ Model. This will help illustrate team development as seven stages; four to create the team and three to describe increasing levels of sustained performance.

The session is interactive and involves lots of thoughtful discussion initially, then using Belbin, each individual will have a chance to act in their preferred team role, fulfilling team building activities.

The highly activity based session will inspire and direct individuals in finding out:-

- how they contribute to the business as a team
- what is needed to sustain a high performance team
- their own and each others preferred team role, and which ones are missing
- fun and discussion to enhance working relations with colleagues