

Boomwhackers! - Option 1



Boomwhackers are plastic tubes cut to different sizes that when hit make musical sounds.

Boomwhaker sessions are aimed to last around 2 - 3 hours long and work well with group sizes between 8 and 10. Larger groups can be orchestrated upon request.

The sessions comprise of:-

- Introduction and a brief history
- Learning how to play
- Teamwork Activities
 - Teams split in two and given parts to learn
 - Teams join to perform a piece of music (videoed)
- Summary of session
 - This is a focus on the learners telling what skills they have used during the session and asking them how they can feed this back to the workplace.

Commercial aspects and the outcomes of the sessions that link directly into the workplace are natural leadership and communication.

The Boomwhacker sessions are engineered to focus on fun and motivation of existing teams and colleagues.

Boomwhackers! - Option 2



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Boomwhacking is a great way to get people having fun and learning. It can be used to promote communication and leadership within teams through healthy teamwork and natural holistic learning.

Outcomes of the session can be based around:-

Active listening and speaking

Communication is always a bugbear in any business. Boomwhacking allows people, from directors to floor staff, an opportunity to communicate on one level. Due to the natural, creative state of boomwhacking, people converse in a very natural way.

Natural leadership

Leadership is shown in different ways. You have people who act as conductors or coordinators of the group, timekeepers and natural organisers who become quite visible within the groups. These natural leaders are usually the people you least expect and allows them the chance to shine.

Ultimately, the team will have good fun working on a melody and bass line, without realising they are being assessed.