

OUR SCHEDULE

- Mondays 10:45 AM This is a fun and collaborative class where dancers are encouraged to help pick music and suggest dance moves to create fun dance routines.
- Tuesdays 10:30 AM This zumba-like class is high energy and fun. It will keep you moving and dancing for most of the hour, followed by a nice group stretch.
- Fridays 4:45PM While similar to our Tuesday classes, this energetic class offers a bit more guidance and instructor support.
- Saturdays 1PM 3PM This class works on building a choreographed routine to perform at different events. 10 class commitment.

ABOUT US

Our program offers a welcoming environment where dancers of all ages and abilities can meet to socialize and share in the love of music and dancing.

There isn't much better for the body, mind and spirit than Dancing With Friends to music you love!

ALL AGES

All of our classes are open to all ages. However, our Monday and Tuesday classes tend to be more adults while our Friday class has more school aged dancers.

MONTHLY SCHEDULES

Due to low attendance or the availability of our instructors; we don't hold classes every M, T, F of the month. Make sure to check our monthly schedules for the updated list of classes each month. Also, please contact us to let us know when you are planning to attend a class.

FIRST CLASS FREE!!!

Colorado Dancesport

ASK US ABOUT OUR SCHOLARSHIP PROGRAM

Call or text for more info



- inclusion-dance.com
- 5120 S Lowell Blvd dancingwithfriends2012@gmail.com Littleton CO 80123