



Mid-Cities Modern Quilters

Fabric Lanyard Directions

Supplies:

- 3" x 36.5" strip of fabric (or short length if making a wrist keychain)
- ¾" x 36" strip of batting (always ½" shorter than your fabric strip)
- Lobster claw swivel clasp with ¾" D-ring
- Usual sewing supplies- thread, pins or clips, hand needle, sewing machine, iron, etc.

On your mark, get set, sew!!

1. Fold the fabric strip in half lengthwise with the wrong sides together and press.
2. Fold the cut edges into the center like you are making double fold binding and press.
3. Open out one side of the folded fabric strip and tuck the batting into the side of the fold. Refold. The batting should be hidden within the fabric strip.
4. Pull the folded strip through the D-ring end of the swivel clasp.
5. Open out only the ends of the folded strip and pin them right sides together. Be careful to keep the loop straight and untwisted.
6. Sew the ends together with a ¼" seam and use the default stitch length. Avoid sewing through the batting strip.
7. Press the seam open to reduce the bulk.
8. Refold the strip and pin or clip the edges together to keep the loop from shifting.
9. Lengthen your stitch length slightly and sew a seam about 1/8" from the edge all the way along one side of the fabric loop. This is when you might want to switch to a quilting needle to make it easier to stitch through the layers. An edge stitch foot is a great tool for this step. Slide the swivel clasp along while you stitch so that it stays out of the way.
10. Your choice-either backstitch neatly or bury the ends of the threads using a sewing needle.
11. Repeat stitching along the other side of the fabric loop and press.
12. Fold the loop in half and sew a seam about 1" above the swivel clasp to hold it in place.
13. Again, either backstitch or bury the threads.
14. Admire your work. 😊

Ta da!

Many thanks for the directions posted on Loandbeholdstitchery.com by Brittany Lloyd.