

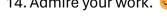
Fabric Lanyard Directions

Supplies:

- 3" x 36.5" strip of fabric (or short length if making a wrist keychain)
- 34" x 36" strip of batting (always ½" shorter than your fabric strip)
- Lobster claw swivel clasp with ¾" D-ring
- Usual sewing supplies- thread, pins or clips, hand needle, sewing machine, iron, etc.

On your mark, get set, sew!!

- 1. Fold the fabric strip in half lengthwise with the wrong sides together and press.
- 2. Fold the cut edges into the center like you are making double fold binding and press.
- 3. Open out one side of the folded fabric strip and tuck the batting into the side of the fold. Refold. The batting should be hidden within the fabric strip.
- 4. Pull the folded strip through the D-ring end of the swivel clasp.
- 5. Open out only the ends of the folded strip and pin them right sides together. Be careful to keep the loop straight and untwisted.
- 6. Sew the ends together with a ¼" seam and use the default stitch length. Avoid sewing through the batting strip.
- 7. Press the seam open to reduce the bulk.
- 8. Refold the strip and pin or clip the edges together to keep the loop from shifting.
- 9. Lengthen your stitch length slightly and sew a seam about 1/8" from the edge all the way along one side of the fabric loop. This is when you might want to switch to a quilting needle to make it easier to stitch through the layers. An edge stitch foot is a great tool for this step. Slide the swivel clasp along while you stitch so that it stays out of the way.
- 10. Your choice-either backstitch neatly or bury the ends of the threads using a sewing needle.
- 11. Repeat stitching along the other side of the fabric loop and press.
- 12. Fold the loop in half and sew a seam about 1" above the swivel clasp to hold it in place.
- 13. Again, either backstitch or bury the threads.
- 14. Admire your work. 😊



Ta da!

Many thanks for the directions posted on Loandbeholdstitchery.com by Brittany Lloyd.