

Metaphysical Crystals by Planet & Luminary

The Sun

Crystals for Vitality & Personal Power



- Sunstone – Joy and empowerment.
- Carnelian – Creativity and motivation.
- Citrine – Abundance and personal power.
- Yellow Topaz – Success and self-esteem.
- Tiger's Eye – Courage and grounding.
- Golden Calcite – Amplifies confidence and clarity.
- Pyrite – Prosperity and determination.
- Amber – Warmth and healing.
- Fire Agate – Vitality and passion.
- Heliodor (Golden Beryl) – Leadership and clarity.

The Sun is the source of all life and vitality. Crystals connected to the Sun are believed to boost personal strength, confidence, and vitality, while also enhancing clarity and purpose in one's life.

The Moon

Crystals for Intuition & Emotional Healing

- Moonstone – Emotional balance and intuition.
- Selenite – Connection to higher realms.
- Pearl – Emotional purity and calmness.
- Labradorite – Psychic abilities and transformation.
- Aquamarine – Soothes emotions and aids comm.
- Howlite – Calm and peaceful energy.
- Opal – Emotional healing and inspiration.
- Clear Quartz – Amplifies intuitive insights.
- Blue Lace Agate – Nurtures and relieves stress.
- Lepidolite – Calming during emotional upheaval.

The Moon represents intuition, emotions, and cycles. Crystals associated with the Moon are thought to enhance emotional healing, intuition, and feminine energy. They are also used to promote dreams, inner wisdom, and connection to the subconscious.





Mercury

Crystals for Communication & Intellect

- Blue Kyanite – Enhances communication and clarity.
- Fluorite – Mental clarity and focus.
- Amazonite – Expression and harmony.
- Aventurine – Optimism and decisiveness.
- Celestite – Clear communication with higher realms.
- Chrysocolla – Compassionate self-expression.
- Labradorite – Sparks intellectual curiosity.
- Sodalite – Logic and intuition alignment.
- Clear Quartz – Amplifies thought processes.
- Moss Agate – Grounded communication.

Mercury is the planet of communication, intellect, and mental agility. Crystals linked to Mercury are believed to promote clear communication, quick thinking, and intellectual pursuits.

Venus

Crystals for Love & Beauty

- Rose Quartz – Love and emotional healing.
- Rhodonite – Forgiveness and compassion.
- Emerald – Love and abundance.
- Malachite – Emotional growth and transformation.
- Kunzite – Pure unconditional love.
- Green Aventurine – Luck in love and prosperity.
- Pink Tourmaline – Self-love and heart healing.
- Lapis Lazuli – Enhances harmony in relationships.
- Ruby – Passion and vitality in love.
- Blue Lace Agate – Promotes peace and understanding.

Venus governs love, beauty, and relationships. Crystals associated with Venus are used for healing matters of the heart, attracting love, and enhancing beauty.



Earth Crystals for Grounding & Stability



- Hematite – Provides grounding and protection.
- Smoky Quartz – Absorbs negative energy and promotes emotional balance.
- Red Jasper – Supports vitality, grounding, and endurance.
- Black Tourmaline – Offers protection and grounding energy.
- Tiger's Eye – Encourages stability and promotes courage.
- Obsidian – Provides deep healing and protection, helping to clear negative energy.
- Malachite – Supports transformation and emotional healing.
- Pyrite – Boosts confidence and fosters abundance.
- Green Aventurine – Known for bringing good luck and helping to attract wealth.
- Mookaite Jasper – Connects to the Earth and encourages a sense of adventure and discovery.

Earth is the planet of grounding, balance, and physicality. Crystals connected to Earth are believed to stabilize emotions, promote physical health, and ground spiritual energy.

Mars Crystals for Strength & Courage

- Red Jasper – Strength and endurance.
- Carnelian – Courage and action.
- Bloodstone – Vitality and resilience.
- Garnet – Passion and energy.
- Pyrite – Confidence and motivation.
- Ruby – Courage and drive.
- Black Onyx – Protection and focus.
- Tiger's Eye – Grounded energy and determination.
- Mahogany Obsidian – Clears blockages and strengthens resolve.
- Hematite – Physical energy and grounding.

Mars is associated with action, courage, and determination. Crystals related to Mars help with physical strength, boosting confidence, and fostering courage to face challenges.



Jupiter

Crystals for Abundance & Growth



- Amethyst – Spiritual growth and wisdom.
- Aventurine – Luck and prosperity.
- Yellow Topaz – Joy and abundance.
- Sapphire – Wisdom and intuition.
- Lapis Lazuli – Spiritual enlightenment and vision.
- Citrine – Prosperity and optimism.
- Clear Quartz – Amplifies intentions and growth.
- Sodalite – Expands knowledge and intuition.
- Charoite – Facilitates personal transformation.
- Blue Lace Agate – Harmony and learning.

Jupiter is the planet of expansion, abundance, and prosperity. Crystals linked to Jupiter are used to attract good fortune, encourage growth, and support spiritual development.

Saturn

Crystals for Discipline & Wisdom

- Black Tourmaline – Grounding and protection.
- Obsidian – Truth and self-awareness.
- Hematite – Stability and focus.
- Smoky Quartz – Clears obstacles and fears.
- Onyx – Strength and resilience.
- Garnet – Perseverance and commitment.
- Iolite – Supports disciplined intuition.
- Jet – Absorbs negativity and promotes endurance.
- Blue Sapphire – Integrity and focus.
- Lapis Lazuli – Encourages maturity and wisdom.

Saturn is the planet of discipline, structure, and lessons. Crystals connected to Saturn help with self-discipline, focus, patience, and wisdom, supporting one's journey of growth and responsibility.





Uranus

Crystals for Innovation & Change

- Labradorite – Innovation and psychic awakening.
- Clear Quartz – Amplifies new ideas and visions.
- Fluorite – Mental clarity and adaptability.
- Amethyst – Spiritual insight and change.
- Moldavite – Rapid transformation and progress.
- Apophyllite – Supports higher consciousness.
- Chrysoprase – Encourages independence
- Amazonite – Freedom of self-expression.
- Pyrite – Fosters creative problem-solving.
- Aqua Aura Quartz – Inspires originality, innovation.

Uranus represents innovation, change, and rebellion. Crystals related to Uranus encourage new ideas, individuality, and sudden shifts, helping individuals embrace change and create breakthroughs.

Neptune

Crystals for Intuition & Dreams

- Amethyst – Heightens intuition and spirituality.
- Aquamarine – Spiritual clarity and calmness.
- Moonstone – Enhances dreams and psychic abilities.
- Fluorite – Balances spiritual and practical thinking.
- Lapis Lazuli – Deepens mystical insight.
- Blue Lace Agate – Fosters serenity and intuition.
- Larimar – Assists with higher wisdom and peace.
- Celestite – Connection to angelic realms.
- Selenite – Supports meditation and clarity.
- Labradorite – Awakens mystical and psychic abilities.

Neptune governs dreams, intuition, and the mystical. Crystals linked to Neptune enhance psychic abilities, strengthen intuition, and support spiritual journeys.



Pluto

Crystals for Transformation & Power



- Obsidian – Shadow work and self-discovery.
- Black Tourmaline – Protects during transformation.
- Garnet – Helps with rebirth and strength.
- Malachite – Facilitates deep emotional healing.
- Labradorite – Encourages personal transformation.
- Smoky Quartz – Transmutes negative energy.
- Jet – Assists with releasing the past.
- Charoite – Embraces profound change.
- Moldavite – Accelerates spiritual evolution.
- Bloodstone – Symbolizes rebirth and renewal.

Pluto represents transformation, death, and rebirth. Crystals associated with Pluto are used for deep inner transformation, clearing negative energy, and empowering personal growth.

Summary Table of Ruling Planets:

Zodiac Sign	Ruling Planet
Aries	Mars
Taurus	Venus
Gemini	Mercury
Cancer	The Moon
Leo	The Sun
Virgo	Mercury
Libra	Venus
Scorpio	Pluto (Traditional: Mars)
Sagittarius	Jupiter
Capricorn	Saturn
Aquarius	Uranus (Traditional: Saturn)
Pisces	Neptune (Traditional: Jupiter)

Influence of Ruling Planets:

- **The Sun:** Represents ego, vitality, and self-expression (Leo).
- **The Moon:** Governs emotions, intuition, and instincts (Cancer).
- **Mercury:** Governs communication, intellect, and movement (Gemini and Virgo).
- **Venus:** Governs love, beauty, and harmony (Taurus and Libra).
- **Mars:** Represents action, aggression, and drive (Aries and traditionally Scorpio).
- **Jupiter:** Represents expansion, abundance, and wisdom (Sagittarius and traditionally Pisces).
- **Saturn:** Represents discipline, responsibility, and structure (Capricorn and traditionally Aquarius).
- **Uranus:** Represents innovation, change, and individuality (Aquarius).
- **Neptune:** Governs dreams, spirituality, and illusion (Pisces).
- **Pluto:** Represents transformation, power, and rebirth (Scorpio).

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Medical Disclaimer:

The metaphysical properties and uses of crystals described here are based on ancient traditions and energetic belief systems. While the belief is crystals can support emotional and spiritual well-being, they should not be considered substitutes for professional medical advice or treatment. Always consult a licensed healthcare provider for any medical concerns or conditions.

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