

9 conversation starters to clearly communicate with aging parents



What is most important to you as you age?



If you can no longer take care of yourself, where would you prefer to live?



Do you have any fears about getting older?



What is your preferred option for medical care if you have a life-threatening illness?



What kind of legacy and memories do you wish to leave?



Have you created a will?



What are your end-of-life wishes?



Do you have long-term care insurance or a plan if long-term care is required?



Where can I find important documents if I ever need them?