

Addenda #8 – October 2025 Update

Re: Ch. 2, Targeted Casualty: The “Nuclear Family”

Ref: Addenda #4 – March 2025

Ref: Addenda #6 – May 2025

The War against biological female athletes

The “push-back” continues...

California high school volleyball team with trans athlete sees controversial season end with playoff loss

A nationally contentious season came to an end Wednesday night for a high school girls' volleyball team in California.

Jurupa Valley High School lost their first round state playoff game to Valencia High School in straight sets. The loss, presumably, marked the end of trans athlete AB Hernandez's high school volleyball career.

Fox News, October 23, 2025

AB Hernandez, a senior from Jurupa Valley High School, and a biological boy, has been the subject of much controversy since his successful spring track season, in which he won gold in girls' triple jump and high jump, and silver in girls' long jump at California's high school CIF State Track and Field Championships in May 2025. Hernandez out jumped biological female high school athletes all spring, taking podium gold medals away from several female competitors, who had career high performances denigrated by a biological male competitor, forcing them to accept lower placements. [Reference: Addenda #6 – May 2025]

At 5-feet, 8-inches and 120 pounds, Hernandez is four inches taller than the average 16 year old biological female, but spot on for the average height of a 16 year old biological male. A 2022 research paper out of the University of São Paulo in Brazil, found that transgender women had about 40% greater muscle mass than cisgender women. They had about 40% greater skeletal muscle mass, were about 19% stronger and had 20% greater cardiopulmonary capacity. The study, published in the British Journal of Sports Medicine, used fifteen transgender women with an average age of 34. All the women had transitioned after the age of 12 and had been undergoing long-term, gender-affirming hormone therapy. Even after 22 years of hormone therapy, meant to block male hormones which increase growth, muscle mass and strength, the transgender females still had a “significant advantage in raw physical ability over women born biologically female.” Additional studies concluded that while male-female transitioners (trans women) do experience a decrease in muscle mass; values for strength and muscle area in transwomen remain above those of biological women, even after 36 months of hormone therapy.

In addition to her championship results in track and field, Hernandez also excelled in girls' volleyball. Jurupa Valley has consistently had strong girls volleyball teams. The team won 21 matches in 2022, the year before Hernandez joined the squad. In 2023, his first year on

the team as a sophomore, Jurupa Valley had 29 wins and followed with 25 wins in 2024. During the 2025 season, Jurupa Valley finished with 21 wins including 10 wins in which opponents forfeited matches rather than to face a biological male opponent on the court. Senior Alyssa McPherson spoke with reporters about the fact that her senior season had been affected by the controversy. “I just feel like it’s so unfair that not only am I missing out on my senior season but my other teammates, our JV team and our freshmen team aren’t playing either ... it’s just so disheartening that they’re not gonna have a season and we just want to be able to compete, play and have fun.”

McPherson’s mother said she’s spoken with the school administrators about the issue facing her daughter and the rest of the program. “I’ve complained multiple times to the administration, and they just disregard our feelings, our position, really. I think they just focus more on one particular student versus the many.” (Tyranny of the minority...)

In 2025, 0.81% of all Americans age 13 and older, (2.85 million individuals) identify as transgender, but 3.28% of all Americans age 13-17 (723,700 individuals) identify as transgender.

Source: UCLA Williams Institute; How Many Adults and Youth Identify as Transgender in the United States?, August 2025

Interestingly, that percentage decreases by age group, so that of the national average of all adults age 18+ only 0.81% identify as transgender and . Why is that? Why do adolescents have the highest percentage their age group identifying as transgender? Its scientific fact that the prefrontal cortex – the part of the brain responsible for planning, impulse control, and rational decision-making—doesn’t fully mature until around age 25. This is why teenagers often struggle with emotional issues and have no concept of long-term consequences of the risks they take. I’ve made the case before that this wave of transgender identifiers has been a result of radical trans activists and social media influencers. [See Addenda #4 – March 2025 and Addenda #6 – May 2025]

Kay Yang was hired to conduct LGBT community outreach and education at a LGBT Center in New York City in 2011. She spent several years visiting local schools and businesses, offering to “educate” kids and employees on gender ideology. In 2018, Yang realized the truth about what she had been doing over the previous six years and became disillusioned with what she then referred to as, “indoctrinating” youth with gender identity. “I had no idea that what I was doing at the time I was being used as a Trojan horse for this like huge marketing campaign [for gender ideology],” she said. “I didn’t know what was going on that was normalizing these policies and these practices that are pushing irreversible medical damage on healthy children” Yang told Fox News Digital in 2023. “I started to realize that what I had been doing at my job at the LGBT Center, it was grooming...” Grooming in this context means “to get into readiness for a specific objective.” “I came to realize what we were doing... years after the fact. I looked back and [thought], ‘Oh my God, what have I done?’” Today Yang fights to prevent young girls from being indoctrinated as she was...

This global agenda to “restructure society” is right out of the Communist Manifesto, the destruction of the nuclear family. Progressive Democrats have made laws over the past four years to protect and promote that minority of the population, making it even easier to expand transgender culture and normalize it to the rest of society. In February 2025, that all changed, as President Trump signed an executive order entitled “Keeping Men Out of Women’s Sports,” and removing the gender category from Title IX that President Biden inserted in 2024. Since then, more and more adolescent female athletes are speaking out about the unfairness of having to compete against biological males. Girls4Sports and Save Girls Sports organizations have sprung up all over the country and female athletes and parents are wearing tee shirts supporting the movement at athletic contests wherever transgender athletes are competing. The fact that the Jurupa Valley Girls volleyball team won 10 of their 21 wins by forfeit shows that Americans will no longer stand silent about what trans activists are attempting to accomplish.

The sad part about all of this, is that there are so many other “useful idiots” out there that have been taken in by trans activism, thinking that they are “standing up for the rights” of a small minority, when in fact they have been indoctrinated just like Kay Yang was.



Fans wearing "Save Girls Sports" shirts pose during a CIF Southern Section Division 5 girls volleyball playoff match against Valencia, Tuesday, Oct. 22, 2025, in Placentia, California. (Kirby Lee/Getty Images)
True “social justice warriors” versus “Useful Idiots”