

2024 Black Excellence Youth Outreach

POWER IN YOUTH RESEARCH LAB
(UNIVERSITY OF TORONTO)



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Student Resource Guide for Black- Identifying Students in the Greater Toronto Area

Developed by

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Undergraduate Programs Students Can Apply to:

1. University of Toronto

- **Program:** Bachelor of Science or Arts in Psychology
- **GPA Requirement:** Mid-to-high 80s (3.6 – 4.0 on a 4.0 scale) for competitive entry.
- Has co-op option for major and specialization (paid). If not in a co-op degree you will have to submit program request.

2. McGill University

- **Program:** Bachelor of Science or Arts in Psychology, B.A. & B.Sc. (interdisciplinary degree)
- **GPA Requirement:** Minimum mid-80s (3.7 GPA on a 4.0 scale) for Arts; high 80s for Science.
- Arts has option for an internship, Sciences has option for Industrial Practicum (course) or Internship year in Science. Positions must be paid.

3. University of British Columbia (UBC)

- **Program:** Bachelor of Arts in Psychology

- **GPA Requirement:** Minimum of 80% (3.5 GPA on a 4.0 scale); competitive applicants may need a higher GPA.
- Has co-op option (paid).

4. Western University

- **Program:** Bachelor of Science or Arts in Psychology
- **GPA Requirement:** Mid-80s (approximately 3.5 on a 4.0 scale) for direct entry.
- Has co-op option.

5. Queen's University

- **Program:** Bachelor of Science or Arts in Psychology
- **GPA Requirement:** Low-to-mid 80s (3.3–3.6 GPA on a 4.0 scale).
- Has internship option (paid).

6. University of Waterloo

- **Program:** Bachelor of Arts in Psychology
- **GPA Requirement:** Minimum of 80% (around 3.3 GPA); higher for competitive applicants.
- Has co-op option (paid).

7. Dalhousie University

- **Program:** Bachelor of Science or Arts in Psychology
- **GPA Requirement:** Mid-to-high 70s (2.7–3.0 GPA on a 4.0 scale).
- Has co-op option (paid).

8. Simon Fraser University (SFU)

- **Program:** Bachelor of Arts in Psychology
- **GPA Requirement:** Minimum 80% (approximately 3.3 GPA on a 4.0 scale).
- Has co-op option, including co-op abroad (paid).

9. University of Alberta

- **Program:** Bachelor of Science or Arts in Psychology
- **GPA Requirement:** Mid-70s (2.7–3.0 GPA); competitive applicants may need higher.
- Has Art Work Experience option and Science Internship Program (paid). Will receive a designation on degree.

10. University of Calgary

- **Program:** Bachelor of Science or Arts in Psychology

- **GPA Requirement:** Mid-70s (2.7 GPA on a 4.0 scale).
- Has Arts co-op, Science co-op and internship program (paid). Will receive a designation on degree.

11. York University

- **Program:** Bachelor of Science or Arts in Psychology
- **GPA Requirement:** Low 80s (around 3.0 – 3.3 GPA on a 4.0 scale).
- No co-op option for Faculty of Health (includes BA and BSc Psychology).

12. Carleton University

- **Program:** Bachelor of Arts in Psychology
- **GPA Requirement:** High 70s (2.8–3.0 GPA on a 4.0 scale).
- Has co-op option (paid). Must apply to BA with co-op option.

13. University of Ottawa

- **Program:** Bachelor of Science or Arts in Psychology
- **GPA Requirement:** Minimum mid-70s (2.7 GPA); higher for more competitive applicants.
- No psychology co-op option.

14. Memorial University of Newfoundland (MUN)

- **Program:** Bachelor of Science or Arts in Psychology
- **GPA Requirement:** Minimum mid-70s (2.7 GPA on a 4.0 scale).
- Has co-op option (paid).

15. Ryerson University (now Toronto Metropolitan University)

- **Program:** Bachelor of Arts in Psychology
- **GPA Requirement:** Mid-to-high 70s (2.7–3.0 GPA).
- No psychology co-op option.

16. McMaster University

- **Program:** Bachelor of Arts/Science in Psychology, Neuroscience and Behaviour
- Can apply to major/minor in this program after completing Level 1 of undergraduate studies in a general program (need to complete certain courses in Level 1 and maintain minimum 5.0/12.0 GPA)
- Dept. of Psychology, Neuroscience and Behaviour has co-op option (paid).

Interdisciplinary programs: for students with a variety of interests

1. McMaster University

- **Program:** Bachelor of Science in Biology and Psychology, Neuroscience & Behaviour (B.Sc.)
- Can apply to major/minor in this program after completing Level 1 of undergraduate studies in a general program (need to complete certain courses in Level 1 and maintain minimum 5.0/12.0 GPA)
- Can also complete Bachelor of Arts degree in Psychology, Neuroscience & Behaviour with another subject (eg. Music/Art)

2. McMaster University

- **Program:** Bachelor of Arts and Science (B. Arts Sc.)

High school requirements:

- English U
- One of Advanced Functions U or Calculus and Vectors U (*Calculus and Vectors U is strongly recommended*)
- Completion of four additional U or M courses of which two must be at the U level

General tip: reach out to program coordinators for schools/programs you are interested in; they will be able to guide you regarding where to apply, requirements, courses to start with, etc.

Note: You are able to look for outside work placements and co-op placements not specific to your program, especially if your program does not offer option. You will have to pay co-op fees. These differ by school.

Highschool Co-Op Programs Students Can Apply to:

1. Toronto District School Board (TDSB) Co-op Programs

- **Description:** Offers a wide range of co-op placements, including health and social services, which can expose students to psychology-related fields such as mental health care, social work, and education.
- **Eligibility:** High school students in grades 11 or 12. GPA requirements vary depending on the placement, but higher academic performance may increase the chance of getting a competitive placement.
- **Contact:** Check with your high school guidance counselor for application details.

2. Peel District School Board (PDSB) Co-op Programs

- **Description:** Provides co-op opportunities across multiple disciplines, including health sciences, education, and social work, which are relevant to psychology students.
- **Eligibility:** Open to students in grades 11 and 12. Strong academic standing is beneficial but not always a requirement.
- **Contact:** Reach out to your school's co-op department to explore options.

3. University Health Network (UHN) Co-op Program

- **Description:** UHN offers a co-op program where students can work in healthcare settings, sometimes in mental health units or research labs that study psychological topics.
- **Eligibility:** Students with a strong GPA and interest in health sciences. These placements can be competitive, so maintaining a high GPA (generally around 80% or higher) is often advantageous.
- **Contact:** Speak with your school's co-op coordinator or visit UHN's website for more details.

4. Sunnybrook Health Sciences Centre Co-op

- **Description:** Provides placements in healthcare, including mental health services, which can give insight into psychological care and research.
- **Eligibility:** Grade 11 and 12 students with good academic performance, particularly in science and math. Some placements may require a GPA of 80% or above.
- **Contact:** Visit Sunnybrook's student volunteer and co-op page for more information.

5. Holland Bloorview Kids Rehabilitation Hospital Co-op

- **Description:** Focuses on pediatric care, with opportunities in mental health and developmental psychology, ideal for students interested in child psychology.
- **Eligibility:** Open to high school students with a focus on health sciences. A GPA of around 75-80% or higher may be preferred for competitive placements.
- **Contact:** Check with your school's co-op department or Holland Bloorview's website for details.

6. CAMH (Centre for Addiction and Mental Health) Co-op Program

- **Description:** Provides opportunities to work in mental health settings, which can be an excellent introduction to clinical psychology.
- **Eligibility:** CAMH often prefers students with a strong academic record, especially in courses related to biology, health, and psychology (GPA around 80% or higher).
- **Contact:** Visit CAMH's website or inquire through your school's co-op coordinator.

Highschool Dual Enrollment Programs

1. George Brown College - Dual Credit Program

- **Program Description:** High school students can take college-level courses in various fields, including social sciences and psychology-related disciplines.
- **Grade Level:** Typically open to students in **grades 11 and 12**.
- **GPA Requirement:** No strict GPA requirement, but students should be in good academic standing. Schools may recommend students with a **minimum GPA of 70% or higher**.
- **Courses Offered:** Courses like "Introduction to Psychology" are often available.
- **Contact:** Speak to your high school guidance counselor or visit George Brown College's Dual Credit page for more information.

2. Humber College - Dual Credit Program

- **Program Description:** Offers high school students access to a range of courses, including those in psychology, mental health, and social work.
- **Grade Level:** Open to **grades 11 and 12** students.
- **GPA Requirement:** Generally, a **minimum GPA of 70%** is preferred, though some students may be accepted based on their interest and commitment to the subject.
- **Courses Offered:** Students may take introductory courses like "Fundamentals of Psychology."
- **Contact:** Consult your high school for the application process or visit Humber College's Dual Credit program site.

3. Centennial College - Dual Credit Program

- **Program Description:** High school students can explore college-level courses in psychology, social sciences, and health studies. These courses count toward both high school and college credits.
- **Grade Level:** Available to **grades 11 and 12** students.
- **GPA Requirement:** Typically requires students to have a **minimum GPA of 70%** or higher. Special consideration may be given to students with a strong interest in the subject matter.
- **Courses Offered:** Includes psychology-related courses like "Introduction to Psychology" and mental health studies.
- **Contact:** Your guidance counselor can provide details, or check the Centennial College website.

4. Seneca College - Dual Credit Program

- **Program Description:** Offers dual credit opportunities in areas related to social sciences, including psychology. Students can earn high school and college credits simultaneously.
- **Grade Level:** Available to **grades 11 and 12** students.

- **GPA Requirement:** Students are expected to maintain a **minimum GPA of 70%** to qualify, though individual schools may have flexibility in their criteria.
- **Courses Offered:** Psychology-related courses such as "Intro to Psychology" are typically available.
- **Contact:** Visit Seneca's Dual Credit page or talk to your school's guidance department.

5. Sheridan College - Dual Credit Program

- **Program Description:** Sheridan provides dual credit courses in a range of disciplines, including courses that introduce students to psychology and human behavior.
- **Grade Level:** Generally open to **grades 11 and 12** students.
- **GPA Requirement:** A **minimum GPA of 70%** is often required, but some students may qualify based on teacher recommendations and a demonstrated interest in psychology.
- **Courses Offered:** Courses like "Introduction to Psychology" are offered, providing foundational knowledge.
- **Contact:** Visit Sheridan College's website or speak with your high school guidance counselor for more information.

6. Durham College - Dual Credit Program

- **Program Description:** Provides high school students with the opportunity to take courses in social sciences and psychology while earning both high school and college credits.
- **Grade Level:** Open to students in **grades 11 and 12**.
- **GPA Requirement:** Students are expected to maintain at least a **70% GPA**, though exceptions may be made for students showing strong interest and dedication.
- **Courses Offered:** Psychology-related courses that introduce students to human behavior, cognitive processes, and social dynamics.
- **Contact:** Visit Durham College's Dual Credit program page for more details.

General Eligibility Criteria for Dual Credit Programs:

- **Grade Level:** Programs are primarily targeted at students in **grades 11 and 12**.
- **GPA Requirements:** While GPA requirements can vary, most programs prefer students with a **minimum GPA of 70%** or higher. However, schools may offer flexibility based on students' interest in the subject, commitment, and teacher recommendations.

How to Apply:

- **High School Guidance Counselor:** Your first step is to contact your guidance counselor. They will provide specific details on the dual credit programs your school is affiliated with, and they will assist you in applying.
- **College Websites:** Colleges typically list dual credit courses available to high school students on their websites, often under their continuing education or specialized programs sections.

Proper Courses for Highschool Students interested in Psychology

Science Courses

1. **Biology (Grade 11 and 12):**
 - Focus on human biology, genetics, and physiology.
2. **Chemistry (Grade 11 and 12):**
 - General chemistry concepts with an emphasis on organic chemistry if available.
3. **Psychology (Grade 11 and 12):**
 - If offered, this course provides an overview of key psychological concepts and theories.
4. **Health Science (Grade 11 and 12):**
 - Covers topics related to human health, wellness, and disease.

Mathematics Courses

1. **Mathematics (Grade 11 and 12):**
 - Focus on the principles of algebra, functions, and advanced mathematics.
2. **Statistics (Grade 11 and 12):**
 - Essential for understanding data analysis and research methods in psychology.

Additional Courses

1. **English / Language Arts (Grade 11 and 12):**
 - Develops critical reading, writing, and communication skills.
2. **Social Studies (Grade 10, 11, and 12):**
 - Courses in history, sociology, or anthropology provide context for understanding human behavior.
3. **Research Methods (if available in Grade 12):**
 - Offers exposure to research design and methodologies used in psychology.
4. **Philosophy (Grade 11 and 12):**
 - Enhances critical thinking and understanding of ethical issues in psychology.

Extracurricular Activities

- **Psychology Clubs or Related Organizations:** Participation in clubs that focus on psychology.
- **Volunteer Work or Internships:** Gaining experience in settings related to mental health or community services.

Provincial Variations

- **British Columbia:** Focus on Science 11 and 12, with specific psychology courses available through some high schools.
- **Ontario:** Look for courses like Introduction to Psychology (PSY4U) and related science electives.
- **Alberta:** Psychology 20 and 30 courses can be beneficial alongside Science courses.
- **Quebec:** Sec. V and CEGEP students can take courses in Psychology as part of the science stream.

Scholarships for High School Admission or In-course

1. University of Toronto - Black Student Scholarships

- **Amount:** Up to \$7,000 (non-renewable).
- **Website:** www.sgs.utoronto.ca

2. York University - The Black Academic Success and Excellence (BASE) Scholarship

- **Amount:** Varies; typically around \$2,000 to \$5,000.
- **Website:** www.yorku.ca

3. Ryerson University - Black Lives Matter Scholarship

- **Amount:** Varies; typically around \$5,000.
- **Website:** www.ryerson.ca

4. Ontario Tech University - Black Student Award

- **Amount:** Varies; generally around \$1,000 to \$2,000.
- **Website:** www.ontariotechu.ca

5. University of Guelph - Black Scholars Program

- **Amount:** \$2,500 to \$5,000 per year.
- **Website:** www.uoguelph.ca

6. Seneca College - Black Student Scholarship

- **Amount:** Varies; typically around \$1,000.
- **Website:** www.senecacollege.ca

7. Humber College - Black Excellence Scholarship

- **Amount:** Varies; typically around \$1,500.
- **Website:** www.humber.ca

8. George Brown College - Black Student Support Fund

- **Amount:** Varies; generally around \$1,000.
- **Website:** www.georgebrown.ca

GTA Private Scholarships

1. Black Student Scholarships Program (BSSP)

- **Amount:** Varies by year and funding availability.
- **Website:** www.cbchamber.ca

2. The Black Futures Scholarship

- **Amount:** Up to \$5,000 per recipient.
- **Website:** www.blackfuturesfund.ca

3. RBC Black History Month Scholarship

- **Amount:** \$5,000 for university or college students.
- **Website:** www.rbc.com/dms/enterprise/scholarships/index.html

4. The Afro-Canadian Community Services Scholarship

- **Amount:** Varies; typically around \$1,000 to \$2,000.
- **Website:** www.afrocanadian.org

5. The William H. Johnson Scholarship

- **Amount:** Varies; generally around \$1,000.
- **Website:** www.bfcn.ca

6. The National Black Canadians Summit Scholarship

- **Amount:** Varies; typically around \$1,500 to \$2,500.
- **Website:** www.blackcanadiansummit.ca

7. Community Foundation of Greater Toronto (CFGTO) Scholarships

- **Amount:** Varies by scholarship; some range from \$1,000 to \$10,000.
- **Website:** www.cfgto.org/scholarships/

8. Ontario Black History Society Scholarships

- **Amount:** Varies; usually around \$1,500.
- **Website:** www.obhs.ca

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