



Celebrating Fatherhood and Family

THE STORY OF BUD AND ALBERTO POLSTON-TORRES

INTRODUCTION

Father's Day is a time to honor the love, dedication, and hard work of fathers everywhere. This year, we shine a spotlight on a remarkable family whose journey epitomizes resilience, love, and the true meaning of fatherhood: Bud and Alberto Polston-Torres. Bud and Alberto's story began on a volleyball court in the summer of 2005. Their connection was immediate, and by December of that year, they had committed to each other, purchasing a townhome in Oak Lawn to start their life together. Over the past two decades, they've navigated career changes, moved homes, loved and lost pets, and built a network of cherished friendships. Their most significant journey, however, has been the creation of their own family.

WHERE IT ALL BEGAN

Nearly ten years ago, Bud and Alberto married in New York City and embarked on the path to parenthood through adoption. After facing rejection from several agencies, they were finally certified as foster parents. Their hearts broke with each temporary placement, until their prayers were answered with the arrival of their son, Lyric. By the end of that year, Lyric's adoption was finalized, and he officially became a Polston-Torres.

Recognizing the importance of a supportive community and quality education for Lyric, Bud and Alberto decided to move from Dallas to Plano, where they found their dream home and a community where they could truly thrive.



FAITH AND FAMILY

Lyric's early years were challenging due to his time in foster care, multiple medications, and developmental delays. With diagnoses of dyslexia and ADHD, his first few years in school were particularly tough. However, Bud and Alberto's dedication, alongside the support from teachers and doctors, helped Lyric make significant progress. By fifth grade, he no longer required special accommodations, and his success is a testament to the community's role in his development.

The Polston-Torres family also found a spiritual home at Custer Road United Methodist Church in Plano. They were warmly welcomed by the United Method-

ist community. Bud, Alberto, and Lyric's involvement in the church, especially their service at the coffee and donut station, has helped them to build meaningful connections and foster a sense of belonging.

Lyric has thrived in Plano, engaging in various sports and recreational activities such as soccer, volleyball, gymnastics, and karate. These experiences have allowed him to discover his passions and build a strong foundation for his future. The city's recreation centers, water parks, hiking trails, and preserves have provided endless opportunities for summer fun and growth.

A PLACE TO CALL HOME

Plano has been equally beneficial for Bud and Alberto. Bud, as the Executive Vice President at United Asphalts, appreciates the city's proximity to DFW Airport, facilitating his frequent travels. Alberto, owning his own hair salon, Alberto Torres Beauty Studio in Addison, finds Plano's location ideal for his business.

As they reflect on their journey, Bud and Alberto can't help but feel immense pride in Lyric's accomplishments. With eighth grade graduation approaching and high school on the horizon, Lyric's induction into the National Junior Honor Society and his involvement in football, viola, and cross country highlight his multifaceted talents and resilience.

Bud and Alberto's story is a powerful reminder of the diverse forms that families can take and the incredible strength that love and commitment bring. As we celebrate Father's Day, we honor Bud and Alberto Polston-Torres for their unwavering dedication, their resilience in the face of challenges, and the boundless love they have for their son, Lyric. Their journey is a testament to the enduring power of family and the bright future that lies ahead for them in Plano.

