



Hoof Prints Newsletter

Pine Valley Mountain Riders

PO BOX 300 LAKESIDE, CA 92040

March 2026



Letter from the editor:

Now it is March and the days will get longer, warmer and spring flowers will start to appear. There are many beautiful rides to look forward to in the next few weeks.

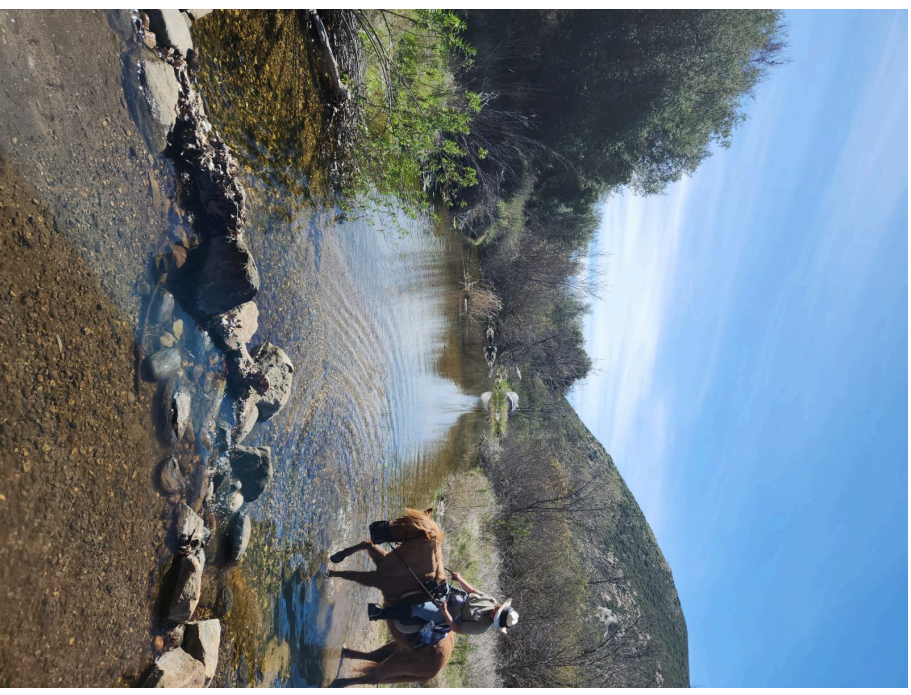
Before saying goodbye to February, which flew by, we can visit some photos in this issue of the Vern Whittaker camp where campers lived among blooming desert flowers and bright stars for a few quiet, peaceful days and windy nights.

The Horsethief Canyon ride was spectacular with shady trees to duck under and logs to step over to get to the beautiful refreshing pond at the bottom of the canyon. Many members shared their photos for all of us to enjoy.

Check out Member Notices, and print out the membership form if you haven't renewed yet.

This year has started out just great and we have already made nice memories. Now, on to Spring to make even more! (And more photos too!)

*We hope to see all of you soon!
Happy Hoof Prints, Laura Precoda*



Calendar of Events

- ★ March 6: Crestridge Reserve Ride
- ★ March 11: PVMR General Meeting at 6:30, VFW Alpine
- ★ March 22: Hollenbeck Canyon Ride

Message from the president:

This month daylight savings time begins on the 8th and the 20th is the first day of spring! This means more hours to ride in the evening and time to enjoy your personal and club opportunities. Who is up for an impromptu evening ride?

Please make sure to renew your membership this month so you can continue getting pertinent information about upcoming events and schedule changes through emails and the PVMR Hoof Prints newsletter. Such as, our next ride will be at the Crest Ecological Reserve. Plan to be in the saddle at 10:00 am on Friday, March 6 and, again, at 10:00 on Sunday, March 22 to explore Hollenbeck. In April, on Saturday the 11th, we will journey to Eagle Rock. Everyone is welcome to join the rides; just RSVP and meet us there! Members are already making reservations for Caspers scheduled for April 23-27.

The BOD will meet this month on March 31, so if you have any concerns or ideas let any one of the BOD members know before the meeting. You are welcome to join us at the Denny's on Camino Canada at 6:30. We will discuss duties, advertisements, financials and more. Arrive early if you would like to order a meal.

We can look forward to the opportunity to camp again from May 14 to the 18 and we will start registrations this month for Los Vaqueros so, come to the general meeting at the Alpine VFW on March 11 to sign up, discuss club business and socialize. You can get a meal or a drink from the bar located above the meeting room if you arrive early. Be sure to invite your friends!

Happy Trails! Laura Precoda

Officers and Board of Directors

PVMR OFFICERS

President: Laura Precoda 619-733-9288
Vice President: Jodi Davis 619-802-3277
Secretary: Diana Clark 619-871-1140
Treasurer: Jessie Johnson 619-873-7745

BOARD OF DIRECTORS

Winnie Hennessy 619-787-6156
Belinda Marasso 619-309-6767
Susan Mena hoofprt4@yahoo.com
Bill O'Brien 619-977-7098
Marty Parker 619-508-4198

BOD Members: Lft to Rt back row:
Susan Mena, Marty Parker, Jodi Davis,
Diana Clark, Winnie Hennessy, Bill
O'Brien. Lft to Rt front row: Laura
Precoda, Jessie Johnson, Belinda
Marasso

OTHER POSITIONS

Trail Boss: Bill O'Brien 619-977-7098
Public Liaison & Web Administrator: position pending approval 1/8
Membership Services: Jodi Davis 619-802-3277
Sunshine Lady: Jeanine Stacy 619-368-5584
jeaninestacy@gmail.com **Please notify Jeanine if you know of someone who needs a card sent.**
PVMR Newsletter Editor: Laura Precoda 619-733-9288 ***Photos and other items for the newsletter should be submitted to the editor by the 25th of each month. lpredoda@gmail.com**



Pine Valley Mountain Riders General Membership Meeting Minutes February 11, 2026 Place: VFW Hall, Alpine (downstairs)

Call to order and welcome: 6:30 pm. President, Laura Precoda
Pledge of Allegiance: Bill O'Brien

Members present (12): Bill O'Brien, Winnie Hennessey, Jodi Davis, Ernie Smith, Susan Mena, Diana Clark, Ken Clark, Belinda Marasso, Jessica Johnson, Marty Parker, Marie Culver, Sheri Mulliweaux



1. **President, Laura Precoda, reviewed 4 Guiding Principles from Robert's Rules as listed on the Agenda**

2. **Secretary Diana Clark** read minutes from the January 14, 2026 meeting. Motion to approve as corrected by Marie Culver: 2nd: by Jodi Davis; approved by majority present



3. **Treasurer, Jessie Johnson:** gave the treasury report including a hard copy of all expenses, debits and income.

Beginning balance: \$4,748.54

Ending balance: \$4,917.68

4. **Jodi Davis reported the current Membership at 41**

5. **Jessie Johnson, Web Master** reported she's been adding information to update the site

6. **Phone Tree committee:** no report

7. **Parade directors, Diana and Jodi:** Descanso Days Parade on June 6 will be our first parade this year. Anyone may participate.

8. **Trail Boss Bill O'Brien:** Announced Vallecitos campout, Feb. 20-22-make own reservations

9. **PVMR Supply Trailer:** Discussed the need for new tires; Susan and Jessie will look further into cost of 3 tires installed

10. **Newsletter Editor:** Laura Precoda noted St. Patty's Day is coming up if you want to submit any related photos

FORMER BUSINESS:

1. Approximately 35 people attended the annual Breakfast Brunch even after date had to be changed at the last minute
2. Winnie Hennessey is handling Tumbleweed reservations for our Poker Ride Fundraiser on October 3, 2026
3. Any ideas for member positions will be sent to their respective roles and then to Marty Parker for compilation
4. People reported the Los Penasquitos ride and Vern Whitaker campout were fun, well-attended and enjoyed by all



NEW BUSINESS:

1. Bill O'Brien made a motion to secure an estimate for 3 new tires on our trailer. Belinda Marasso seconded the motion. Approved.
2. After receiving estimates on trailer repair, the club will decide how to spend money on donations, if at all.
3. Winnie Hennessey attended the SD Trails Alliance meeting on land development and reported information she learned.
4. The Audit committee still plans to meet for the 2025 audit. No date reported yet.
5. Upcoming rides and camps were discussed:
 - A. Los Vaqueros horse camp, May 14-18; Sign up & payments begin at March 11 general meeting
 - B. Jodi Davis said she will donate needed hand soap for camp
 - C. Firewood is needed for camp
 - D. Volunteers needed for any cleanup needed on last day
 - E. Horsethief Canyon ride is on Saturday, Feb 28. TB Marty Parker; tick preparedness is advised
 - F. Crestridge Preserve Ride, Fri. March 6. TB Laura Precoda
6. Parade business discussed: Finish feather decorations and option to buy green scarves
7. **Other concerns/announcements:** Belinda Marasso shared that her horse, Cody, will not be able to ride for a while due to physical ailments. Belinda also announced she is hosting a musician's JAM session on Saturday, March 14, 4:00 PM at her home in Descanso. All members are welcome. Potluck. More info later.
8. **Next general meeting: March 11, 2026**
9. **Next BOD meeting: March 31, 2026**
10. **Celebrations and Memorable Moments:** Marie Culver said her horse, Doc, is riding again!
11. **Meeting adjourned at 7:43 PM**



Important Reminder for our valued members!

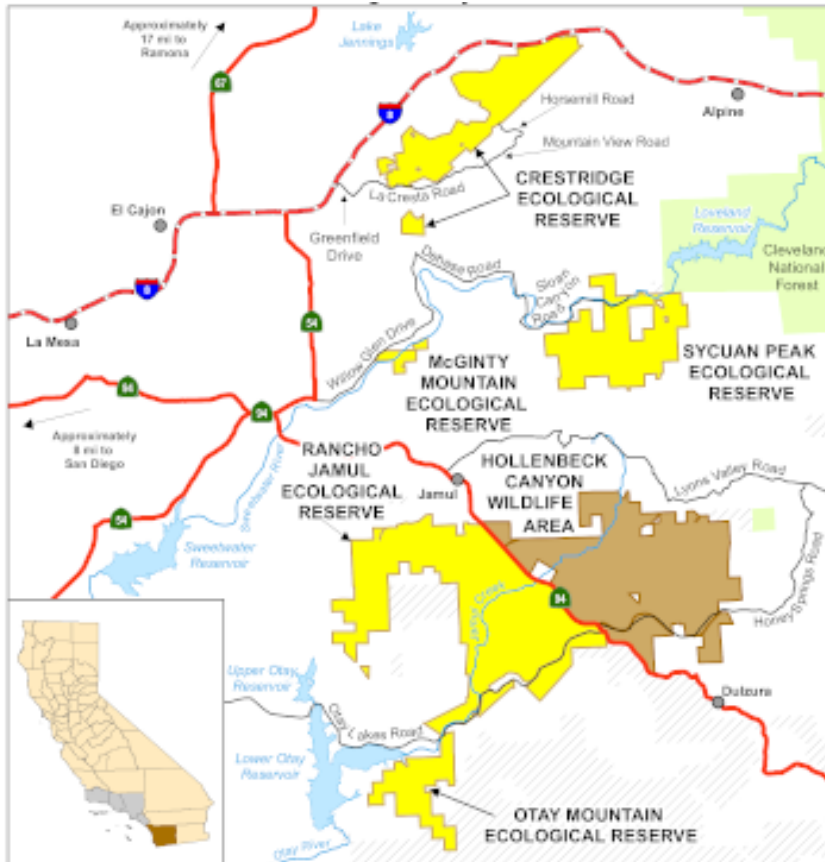
Renew your membership this month!

The cut-off date for membership renewal before being dropped from the roster and the Hoof Prints Newsletter email is 3/31/26. Please use the attached email membership form or make a copy from the newsletter. You may pay at the General Meeting, check by mail or Zelle (pvmrpinevalleymountainriders@gmail.com) Remember to invite friends and family to join the club too! (There are rides, parades, clinics and camping events.) Call Jodi Davis for more information at (619) 802-3277.

Our Group Rides this Month

Crestridge Ecological Reserve and Hollenbeck Canyon Wildlife Area

Crestridge Reserve



The Crestridge Ecological Reserve is approximately a 2,800 acre property that preserves the north-south linkage connecting the Lakeside Ecological Reserve to San Diego National Wildlife Refuge. Vegetation types include Diegan coastal sage scrub, southern mixed chaparral, mixed coast, live and Engelmann oak woodlands, grasslands, and riparian. Two rare plant species that are known from the reserve are Lakeside ceanothus and San Diego thornmint. The Reserve includes breeding and feeding habitat for golden eagles, owls, white-tailed kites, Cooper's hawks and other raptors. In addition, species such as bats, deer, coyotes, bobcats, foxes, mountain lions, and rattlesnakes occur in the area.

Source: <https://wildlife.ca.gov/Lands/Places>

Friday, March 6 in the saddle at 10:00 am
Contact: Laura Precoda (619-733-9288)

The area of Hollenbeck Canyon Wildlife Area south of San Diego was formerly used for cattle ranching. Today, it is maintained as a wildlife corridor between the Jamul Mountains to the north and Otay Mountain to the south. Upland bird hunting and wildlife viewing are the most common activities here.

This property exists adjacent to the [Rancho Jamul Ecological Reserve](#). Both properties are administered by CDFW's (California Department of Fish and Wildlife) South Coast Region.

Source wildlife.ca.gov

Sunday, March 22 in the saddle at 10:00 am
Contact: Jessie Johnson (619-873-7745)

Please see fliers for directions on both group rides.

THINKING AHEAD!

Mark your calendars!

- ❖ Los Vaqueros: May 14-May 18 Registration begins 3/11

Make Reservations!

- ❖ Ronald W Caspers Wilderness Park: April 23- April 27

<https://www.ocparks.com/reservations-permits/make-reservation>

COME AND ENJOY THE CAMPS!



PINE VALLEY MOUNTAIN RIDERS LOS VAQUEROS EQUESTRIAN CAMP May 14-May 18, 2026

CORRALS: Limited to 25. COST: \$140 per corral per camp (1-4 nights)

POTLUCK: Saturday evening at 6:00 pm

DAY RIDE PARKING FEE: \$10

CONTACTS: Laura Precoda (President/Chair) 619-733-9288

Susan Mena (Co-Chair) 619-997-4466

Jodi Davis (Membership) 619- 802-3277

You must be a current 2026 PVMR member to camp.

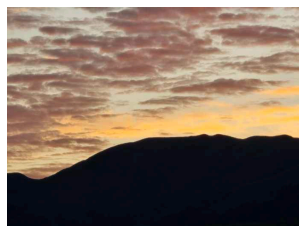
EMAIL: pinevalleymountainriders@gmail.com

Vern Whitaker Horse Camp February 5 -February 9







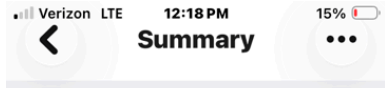


Horsethief Canyon Pre-ride Tuesday February 24



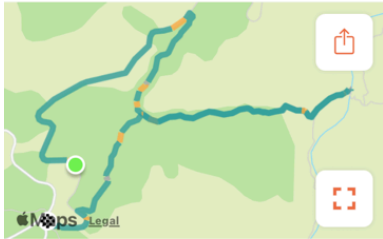
Marty Parker, Marie Culver and Cathy King trimming up the trails on the way to the Horsethief pond.

Horsethief Canyon Ride Saturday February 28



1h 58m 56s 374 transitions

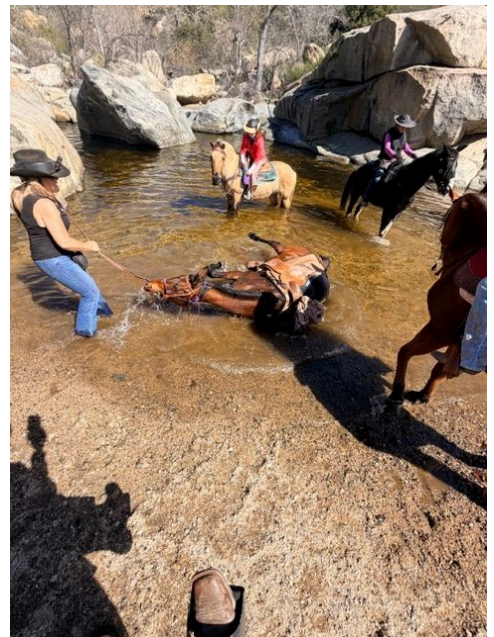
1h 25m 42s 5m 17s 0m 8s
Walk Trot Canter



4.4 mi 2.2 mph 7.5 MJ
Distance Speed Horse ener









JUST HORISING AROUND



New member, Kim Kandy Pauley, making friends with Cathy King's Icelandic, Savannah.



Walt and Suzanne Kirkwood with their Haflingers at Vallecito County Park



Bill O'Brien, Winnie Hennessy, Walt and Suzanne Kirkwood warming up by the cozy fire at Vallecito County Park on a February weekend.

PINE VALLEY MOUNTAIN RIDERS 2026 CALENDAR OF EVENTS

AS OF 1-23-26

JANUARY	FEBRUARY	MARCH	APRIL
<p style="text-align: center;">Wednesday 1-14 6:30 General Meeting Alpine VFW</p> <p>1-8 BOD Meeting 6:30, Denny's El Cajon Camino Canada/Los Coches Rd.</p> <p style="text-align: center;">1-10 Membership Breakfast Clark's Ranch</p> <p>Thurs. 1-22 Los Penasquitas Trail Ride TB – Jodi Davis</p>	<p style="text-align: center;">Wednesday 2-11 6:30 General Meeting Alpine VFW</p> <p style="text-align: center;">Vern Whitaker Anza-Borrego For reservations; Website: Anza-Borrego Desert SP Phone 760-767-5311 ReserveCalifornia.com Arrive 2-5 Depart 2-9</p> <p style="text-align: center;">2-16 Presidents' Day</p> <p style="text-align: center;">Sat. 2-28 Horsethief Canyon TB Marty Parker</p>	<p style="text-align: center;">Wednesday 3-11 6:30 Meeting Alpine VFW</p> <p>3-6 Crest Trail Ride TB Laura Precoda</p> <p>3-8 Daylight Savings Time Starts 3-17 St. Patricks Day</p> <p>3-22 Hollenback Trail Ride TB Jessie Johnson Will need parking permit Wildlife.ca.gov/Lands/Parks-to-Visit/Hollenbeck</p> <p style="text-align: center;">3-31 BOD Meeting 6:30, Denny's El Cajon Camino Canada/Los Coches Rd.</p>	<p style="text-align: center;">Wednesday 4-8 6:30 Meeting Alpine VFW</p> <p style="text-align: center;">4-11 Eargle Rock Trail Ride TB Bill O'Brien & Winnie Hennessy</p> <p style="text-align: center;">Arrive 4-23 Depart 4-27 Ronald W Caspers Wilderness Park 33401 Ortega Way San Juan Capistrano 949-923-2210 or 949-923-2207</p> <p style="text-align: center;">https://oc.usdirect.com/OrangeCountySaturn/Facilities/SearchView.aspx Call for Los Vaq for Oct.</p>
<p style="text-align: center;">MAY</p> <p style="text-align: center;">Wednesday 5-13 Meeting 6:30 Alpine VFW</p> <p>5-10 Mother's Day</p> <p style="text-align: center;">Los Vaqueros Camp Arrive 5-14 Depart 5-18</p> <p>May 25 Memorial Weekend</p>	<p style="text-align: center;">JUNE</p> <p style="text-align: center;">Wednesday 6-10 Meeting 6:30 Alpine VFW</p> <p style="text-align: center;">June 6 Descanso Parade</p> <p style="text-align: center;">Form Christmas Committee 6-21 Fathers Day</p> <p style="text-align: center;">6-30 Sweetwater Bridge Trail Ride Cuyamaca</p>	<p style="text-align: center;">JULY</p> <p style="text-align: center;">Wednesday 7- 8 Meeting 6:30 Alpine VFW</p> <p style="text-align: center;">BOD Meeting 6:30, Denny's El Cajón Camino Canada/Los Coches Rd.</p> <p style="text-align: center;">4th of July Parade Julian</p> <p style="text-align: center;">7-25 Pine Valley Days Parade</p>	<p style="text-align: center;">AUGUST</p> <p style="text-align: center;">Wednesday 8-12 6:30 meeting Alpine VFW</p> <p style="text-align: center;">8-4 Fiesta Island Social (BYOL and horse is optional-no ride)</p>
<p style="text-align: center;">SEPTEMBER</p> <p style="text-align: center;">Wednesday 9-9 Meeting 6:30 Alpine VFW</p> <p>9-7 Labor Day</p> <p>9-19 Mt. Laguna ride Morris Ranch Rd TB Jessica Johnson</p> <p style="text-align: center;">Calendar Planning Meeting Officer Nomination Committee</p>	<p style="text-align: center;">OCTOBER</p> <p style="text-align: center;">Wednesday 10-14 Meeting 6:30 Alpine VFW</p> <p>TBD Mt. Laguna ride Morris Ranch Rd TB Francine Parent</p> <p>10-12 Columbus Day</p> <p style="text-align: center;">Los Vaqueros End of Oct.</p> <p style="text-align: center;">Nominations for New Officers</p>	<p style="text-align: center;">NOVEMBER</p> <p style="text-align: center;">Wednesday 11-11 Meeting 6:30 Alpine VFW</p> <p style="text-align: center;">BOD Meeting 6:30, Denny's El Cajón Camino Canada/Los Coches Rd.</p> <p style="text-align: center;">2027 Election of New Officers</p> <p>11-14 Boulder Oaks Trail Ride TB – Diana Clark</p> <p>11-26 Thanksgiving</p>	<p style="text-align: center;">DECEMBER</p> <p style="text-align: center;">No meeting this month</p> <p style="text-align: center;">12-12 Christmas Party at Bill O'Brien & Winnie Hennessy</p> <p style="text-align: center;">End of month is all clubs' Anti Freeze Ride</p> <p>2027 Calendar goes out</p>

Member Notices

Belinda Marasso will be hosting a musician's JAM session on Saturday, March 14, 4:00 PM at her home in Descanso.

Order information on T-shirts, sweatshirts and vests: If you would like to order a shirt: Go to Bulkapparel.com. T-shirt: G800 Gildan T-shirt 8000 Dry Blend 50/50 at \$3.75 each. There is a large variety of colors. Hooded Sweatshirt: Gildan 18600 Heavy Blend Full-Zip \$19.44 each. Call Susan Mena with any questions about getting the PVMR logo 619-997-9138. bulkapparel.com Call Jodi for embroidered vests at \$60.50 or Denim shirts for the parades. 619-802-3277

Saddle Repair: Gary Abbamonte trained with McClintock and is in Descanso. His number is 619-990-5195. Diana Clark recommends Gary.

Desensitizing Clinics with Lynn Snyder Harrington. You can strengthen your partnership, gain confidence and build trust between you and your equine partner. Cost is \$60. The location is in Alpine off of Japatul Road. Contact: Marty Parker, text 619-508-4198 or mparker6@cox.net for more information.

If an e-bike trail incident report is ever needed the BCHC (Back Country Horsemen of California) website has a form with directions BCHA (. . . of America) is compiling statistics for trail safety nationwide. <https://www.bcha.org/incidentreportingform> Report and submit online and print out another form to give to the local agency where the incident occurred.



Jammin'

Hi neighbors,

Mark and I are going to host an informal Jam session.

Please bring your instruments, voices or come to enjoy this informal gathering.

- 🎵 Saturday, March 14th
(Weather permitting)
- 🎵 4:00 pm – 8:00 pm
- 🎵 10607 Burrell Way,
Descanso

Bring a dish to share, a chair and your favorite beverage.

For more information: (619) 309-6767

Directions:

From Hwy 8, Take a left on CA-79 North. Make a Left on Riverside Drive. Another Left on Viejas Grade and a quick right onto Oak Grove Drive. Make a right on Boulder Creek Road, and then a right on Burnell Way, drive through the gate into the neighborhood. The gate will be open. Watch for our signs. Turn right at the first corner, then turn left at the 2nd driveway (clearly marked 10607).

Member Notices

Renew your membership this month if you haven't already:

PVMR Payment Option: When sending money to Pine Valley Mountain Riders using Zelle, include your name, amount and the reason for the deposit. The email is: pvmrpinevalleymountainriders@gmail.com Send a photo of the form to Jessica Johnson Jesspvmr@gmail.com (619-873-7745) If the form is for membership, please include Jodi Davis (619-802-3277)

Contact Trail Boss, Bill O'Brien, if you would like to **lead a ride.** Consider being a Trail Boss if you have a ride you would love to share. You will need to pre-ride, provide a flier and update your knowledge on trail riding safety and etiquette.

From the Editor: Please send in photos for "Just Horsing Around" lprecoda@gmail.com



Cathy King with her new Icelandic, Jo'ra



PINE VALLEY MOUNTAIN RIDERS

www.pinevalleymountainrider.com

Make checks payable to PUMR

Mail to: PUMR PO Box 300 Lakeside, CA 92040

EMAIL: pvmrpinevalleymountainriders@gmail.com

2026 Membership Application

Please print legibly.

Name _____ Spouse/Partner (Couple/Family Membership) _____

Mailing Address _____ City _____ State _____ Zip code _____

Telephone Numbers:

Home () _____ Cell () _____

Cell: () _____

E-Mail address: _____

E-Mail address: _____

Type of Dues: () Single - \$30 or () Family - \$40

Type of Application () Renewal or () New Member (referred by): _____

PAY BY: Zelle _____ Check _____ or Cash _____

For Zelle use Email: PVMRpinevalleymountainriders@gmail.com

Names of Children (Note: Must be under 18 years of age to be included in family membership)

Number of Riders: _____

Number of Non-Riders _____

For further information, please contact: Jodi Davis at 619-802-3277 or email marijo.jodi.davis@gmail.com

I have received and read the "Ride Rules and Trail Etiquette." I also understand that the Pine Valley Mountain Riders ride in a variety of terrain. Horses and mules need to be in excellent condition and members who ride should be experienced trail riders. You may call the Trail Boss at any time for additional information not posted in the Newsletter. *Remember, you ride at your own risk.*

Liability Release

The undersigned, in consideration of acceptance of the application for membership, does hereby for himself/herself, his/her heirs, executors and administrators, waive and release the Pine Valley Mountain Riders, their officers, board, and all individual members thereof from any and all rights, claims, or legal liability that he/she might have due to membership participation in club sponsored activities.

_____ (Initial here) Applicant(s) have at least one of the following insurance coverage: Homeowners or Medical

Date: _____

Signature: _____

Have you ever been convicted of a Felony? Circle Yes or No.

If yes, PVMR Board Directors will contact you in consideration of your request for membership. Thank You Revised 1/25

Member Businesses in our PVMR Community

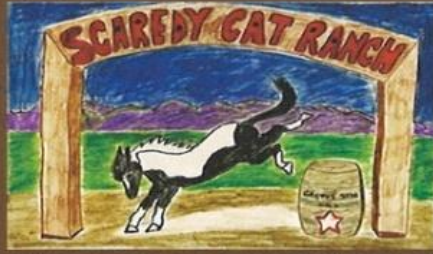


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Note: If you would like to include your own business card or small logo, please provide a jpeg or photograph of the item. Send to: lprecoda@gmail.com

♥ Happy Saint Patricks Day!



