



# Hoof Prints Newsletter

Pine Valley Mountain Riders

PO BOX 300 LAKESIDE, CA 92040

June 2025

Prez Says:

Hello again friends! As the summer starts to heat up so does our calendar of activities.

We have our tack sale in September, Poker Ride in October, which we are trying to move to a location more central to everyone, Los Vaqueros in October and the Christmas Party in December at Bill and Winnie's home. If you don't join in, you can't have fun; and, you can't have fun if you don't join in.

There have been a couple of parades thrown into the mix and if interested contact Jodi Davis. They are short and will not take up your whole day.

And now for the icky part, we will need volunteers to help out at our last event of the year to help make them successful. We really do need your help. Some of the handful of people who always volunteer are getting burned out and could use your help. We are halfway through the year and don't want the momentum to stop. We are having a good year.

Happy Trails and See Ya on the Flip Side, Prez, Susan

## Calendar of Upcoming Events

- ★ June 4: Parade Practice
- ★ June 7: Descanso Days Parade
- ★ June 10: Cuyamaca Lake Loop Trail Ride
- ★ June 11: General Meeting 6:30 Alpine VFW

### *Letter from the editor:*

*It's time to say goodbye to spring and hello to summer this month. But before we do, let's enjoy the photos of members and friends at the May events and the beautiful places they were held. We can also participate in the Parade Desensitizing Practice, the Descanso Parade and the Lake Cuyamaca trail ride in the early part of June.*

*Next month, we need to vote on the whether or not we would like email voting and changing the bylaws if we do. There is information on page 4.*

*Furthermore, in this issue, there are dates for future events, equine book summaries and an informative article about Paint and pinto horses.*

*Happy June and Happy Hoof Prints, Laura*

## PVMR OFFICERS

**President: Susan Mena 619-997-9138**

**Vice President: Jodi Davis 619-802-3277**

**Treasurer: Alexandra Calderon  
619-715-1287**

**Secretary: Diana Clark 619-871-1140**

## BOARD OF DIRECTORS

**Marie Culver 619-244-0009**

**Winnie Hennessy 619-787-6156**

**Bill O'Brien 619-977-7098**

**Marty Parker 619-508-4198**

**Laura Precoda 619-733-9288**

## OTHER POSITIONS

**Trail Boss: Bill O'Brien 619-977-7098**

**Public Liaison & Web Administrator: Ernie Smith 619-992-6511**

**Membership Services: Jodi Davis 619-802-3277**

**Sunshine Lady: Jeanine Stacy 619-368-5584**

**jeaninestacy@gmail.com Please notify Jeanine if you know of someone who needs a card sent.**

**PVMR Newsletter Editor: Laura Precoda 619-733-9288 \*Photos and other items for the newsletter should be submitted to the editor by the 25th of each month. [lpredoda@gmail.com](mailto:lpredoda@gmail.com)**

**Club Email: [pvmrpinevalleymountainriders@gmail.com](mailto:pvmrpinevalleymountainriders@gmail.com)**

# Pine Valley Mountain Riders General Membership Meeting Minutes May 14, 2025 Place: VFW Hall, Alpine (downstairs)

**Meeting called to order:** 6:36 P.M. by President, Susan Mena **Pledge:** Led by Laura Precoda

**Members present:** (11) - Susan Mena, Marty Parker, Alexandra Henao, Diana Clark, Winnie Hennessy, Bill O'Brien, Laura Precoda, Susan and Bob Petersen, Jodi Davis, Ken Clark

**Minutes:** Secretary, Diana Clark, read Minutes from April meeting. Motion to approve as corrected, 1<sup>st</sup> Jodi Davis, 2nd Laura Precoda, Approved.



**Treasurer Report:** Alexandra Henao: Balance from April 30, 2025: **\$ 1,433.74** Ending Balance as of 5/14/2025 **\$ 3,625.49**

## **Committee Reports:**

- **Web & Facebook:** Ernie Smith sent invoice to be paid: \$203.88 for our web site and domain cost of \$21.99
- **Membership** - Jodi Davis reported 62 current members. **New: Barbara Nuismer, Cat Stoffel**
- **Trails:** Bill O'Brien: No report. Diana Clark reported a huge tree blocking the Eastside trail south of Sweetwater Bridge connector. They were able to create an alternate detour trail around it.
- **Newsletter**-Laura Precoda requested members submit photos of "Times of yesteryear"
- **Parade Directors:** Jodi Davis & Diana Clark announced a parade practice and desensitizing session on May 24 at Clark Ranch 10 AM - 12 noon





### **Old Business:**

1. Tack Sale will be rescheduled and held at Hawthorne Feed; Susan Petersen suggested we include on the flyer that we are a 501.C7 to promote interest. There was a suggestion to include craft and swap meet type sales.
2. **Los Vaqueros Campout** is now scheduled for October 23 - 27, 4 nights; check out 11:00 AM, cost \$135 per corral. A total of 30 corrals will be sold. Reservations will open at the June meeting
3. Green Valley Campout: Diana Clark reported a good turnout, good rides, good weather and a good Saturday potluck with games and socializing.
4. Jodi Davis talked about the upcoming Desensitizing Clinic for horses and bikes at River Oaks Ranch. She said pizza will be served by PVMR
5. SAM encouraged anyone interested in parade participation to make it known. Those that don't want to ride a horse may opt to ride on a float.

### **New Business**

1. Upcoming June 10 trail ride to Cuyamaca Lake loop will be led by Mary Parker
2. Marty Parker shared wording on updated Bi-Laws to reflect approved, online voting for elections. A brief discussion led to agreement on wording which includes allowance for membership to view/respond for 30 days prior to finalizing.

**Braggs/Drags:** None

**Meeting adjourned: 7:30 P.M.**

**Respectfully submitted,** Diana Clark, Secretary



## *Attention all members*

**Your vote is needed on the addition to the bylaws highlighted below.**

You may vote in person at the July 9th General Meeting at the Alpine VFW or you can vote using the potentially new online method during the window of July 3rd to July 8 ending at midnight. A voting email will be sent on July 3rd.

### *Article VII. ELECTIONS*

#### *Section 7.01 Nominating Committee*

*In September of each year, a nominating committee of three shall be appointed by the President of the corporation. Said committee will contact members to seek those interested in holding an office. In October of each year, a slate of eligible persons to serve as officers and Directors of the corporation shall be presented to the membership at large during the regular monthly meeting.*

#### *Section 7.02 Time of Elections*

*During the last regularly scheduled meeting of the year (November), nominations from the floor shall be called for and elections held. **Voting will be held in person at the last yearly meeting and incorporate a private online voting app option to increase member participation.** Newly elected officers shall be installed and take office at the first general meeting of the New Year and shall serve until the new officers are installed the next year.*

## Parade Practice

Another date and venue has been added for those who were unable to make the Saturday practice at The Clark Ranch.

Please attend if you would like your horse to get to know other horses and have another opportunity to work on desensitization. If there is time we can take a short ride in the reserve.

**DATE:** WEDNESDAY, JUNE 4

**TIME:** 5:00 pm-7:00 pm

**BRING:** YOUR HORSE AND ONE OR MORE  
DESENSITIZING ITEMS OF YOUR CHOICE

**LOCATION:** 1189 HORSEMILL RD

(Balls, balloons, noise makers, flags, bags, monsters, etc.)

**Contact Jodi Davis (619-802-3277) or Diana Clark (619 871-1140) to RSVP**

(You do not have to attend a parade to participate.)





# *Mark your calendars!*

## The Descanso Parade

The parade is scheduled for June 7. We will wear jeans and a PVMR jeans shirt. Bring your horse, carry the banner or ride in the float. Family members are invited too! Let's get the PVMR name out in the community!

If you would like to join in, please call Jodi Davis at 619-802-3277 to get on the contact list for more information.

Please note: Los Vaqueros Camp date has been changed to: Arrival, October 23 to Departure, October 27. A new form is available.

- ❖ Voting by email for private online voting, July 3-July 8. Voting at the General Meeting, July 9
- ❖ Julian Parade, July 4
- ❖ Pine Valley Parade, July 26, 8 am
- ❖ Poker Ride, October, Date (TBA, possibly on the 4th.)
- ❖ Christmas Party, December 6

# *In The Spotlight*



Gary Amaral and Tracy Whitlow in a Meadow on East Side Trail



Susan Petersen and Galaxy at Green Valley Camp



Diana Clark and Belinda Marrisso heading out to West Side Trail



Barbara Nuismer, Laura Precoda and Marty Parker on West Mesa Trail



*Green Valley Horse Camp. May 9-11*













*Horse and Bike Desensitizing Clinic. May 17*







***Horse and Bike Desensitizing Clinic. May 17  
(More photos can be found on FB posted by PVMR Webmaster Ernie Smith)***



*Parade Practice at Clark Ranch. May 24.*





## Paint Horse or Pinto?

By Marty Parker

Paint or pinto, aren't they the same? The short answer between the differences of a Paint Horse vs. a pinto is that Paint is a breed based on bloodlines, and pinto is a coat color pattern that can be found in horses of many different breeds. Paints and pintos typically have one thing in common: a flashy coat featuring patches of white and a solid color, such as bay, black or chestnut. Beyond that, there are many differences.

The American Paint Quarter Horse Association was formed in 1961, mainly to register crop out horses from the breeding of registered Quarter Horses. What is a crop out you ask? Crop outs are horses that had white above the knee, white past the jaw line, big splotches of white; all color markings that the AQHA didn't want in their registry. They would only register solid colored horses with minimal amounts of white. The American Paint Horse Association (APHA) is a breed registry for the American Paint Horse which was the result of the APSHA and the APQHA. It was founded in 1965 and is one of the largest equine breed registries in the world. Known for their beautiful coat patterns and athleticism, Paint Horse is one of the most popular equine breeds. The breed is a stock-type animal of Paint, Quarter Horse or Thoroughbred lineage.

Both parents must be registered with APHA, AQHA, or the Jockey Club. Registered Paints are identified by their coat color pattern type and registry classification. There are three primary patterns: Overo, Tobiano, and Tovero.



OVERO: Coat patterns are characterized by white markings that are not arranged in a Tobiano pattern.

Tobiano: Characterized by a white spotting pattern with pink skin underneath, and can be predominantly white or dark.



Tovero: Combines features of both Overo & Tobiano



The Pinto Horse Association of America (PtHA) is a color breed, which accepts horses based on coat color regardless of ancestry or breed. They maintain three registries: the Color Registry, which accepts pinto colored horses; the Solid Registry, which accepts any horse not accepted by the Colored Registry; and the Long Ear Registry, which accepts donkeys and mules of any color. To count as Pinto, a horse must have at least four square inches of white fur and pink skin in areas other than the face and lower legs. The Color Registry does not accept horses with appaloosa characteristics, but the Solid Registry does. The Color Registry also requires that both parents of stallions be registered with the PtHA or an approved outcross breed, though this is not required for ponies, miniatures, or horses of Vanner or Drum type.

# **Buy The Books and Understand your Equine Better**

## **Horse Brain, Human Brain: The Neuroscience of Horsemanship**

**By Janet I. Jones**

Janet had a brain damaging accident involving a horse when she was young which inspired her to study the complicated brain. Since she was also a horse woman she furthered her research to include the horse brain. Her book, including 57 instructive images, describes how horses think, perceive and learn and explains how humans can work with the horses' unique perception of the world to enhance their own connection to the horse. By communicating with horses on their terms riders can: Improve performance, save valuable training time, develop deeper bonds, handle horses with insight and kindness, comprehend misbehavior that allow solutions, and reduce human mistakes that are made when working with them. This book also has links to videos and articles in the comprehensive source pages.

## **Horse Speak**

### **The Equine-Human Translation Guide**

**By Sharon Wilsie & Gretchen Vogel**

This book guides you to understand horse language through listening and observing the horse. Wilsie believes that you can improve your understanding of what a horse is trying to communicate. She teaches you to respond to the horse to show that you “hear” and “get it” and that you have ideas to share with him too. “The result? Time with your horse will be full of what horse trainer and equine-assisted learning instructor Sharon Wilsie of Wilsie Way Farms calls *Conversations*.” Not only does she emphasize the horse's emotions and language she gives the reader exercises to help manage what is going on inside their own body as well as the outside that affects communication. The book has step-by step templates and color photographs to advance your ability to converse with your horse.



# JUST HORISING AROUND



Barbara Minton with Lynn Harrington at Horsethief Canyon



Marlene Boggiano on a peaceful ride in the river bottom



Bev Wagner at Azalea Springs



Bev Wagner, Laura Precoda and friend riding to Azalea Springs

*They slipped behind the barn and quickly removed each other's harness. There, with nothing to rein them in, it would be a night of unbridled passion-50 shades of Hay.*



# Member Notices

**Order information on T-shirts:** If you would like to order a shirt like the samples displayed at the meeting, go to Bulkapparel.com. T-shirt: G800 Gildan T-shirt 8000 Dry Blend 50/50 at \$3.75 each. There is a large variety of colors. Hooded Sweatshirt: Gildan 18600 Heavy Blend Full-Zip \$19.44 each. Call Susan Mena with any questions at 619-997-9138. [bulkapparel.com](http://bulkapparel.com)

**Saddle Repair:** Gary Abbamonte trained with McClintock and is in Descanso. His number is 619-990-5195. Diana Clark recommends Gary.



**Eddie Martinez** is offering a McClintock, all leather, endurance saddle for sale which has a 16"-17" in seat with fleece and Tapaderos. (He has regular stirrups too.) Wither is 7"-8" The price is \$1,000. He also has a fringed canvas bag made in Spain for \$30. If you are interested in either item please contact Eddie at (619) 244-6418.



**Desensitizing Clinics** with Lynn Snyder Harrington. You can strengthen your partnership, gain confidence and build trust between you and your equine partner. Cost is \$60. The location is in Alpine off of Japatul Road. Contact: Marty Parker, text, at 619-508-4198 or [mparker6@cox.net](mailto:mparker6@cox.net) for more information.

**If an e-bike trail incident report** is ever needed the BCHC (Back Country Horsemen of California) website has a form with directions BCHA ( . . . of America) is compiling statistics for trail safety nationwide.

**Mustang Camp for Girls 8-14** at Sweetbeau Horses in Creston CA. 501(c)3 non-profit. There are two overnight camp dates scheduled: July 17-20 and July 31-Aug. 3. Campers will use natural horsemanship to partner with and gentle a Mustang. Camp fee is \$1,150. For more information about T.A.M.E (The American Mustang Experience) Call 1-805-591-9083 or visit <https://www.sweetbeauhorses.org/tame/>

**PVMR Payment Option:** When sending money to Pine Valley Mountain Riders using Zelle, include your name, amount and the reason for the deposit. The email is: [pvmrpinevalleymountainriders@gmail.com](mailto:pvmrpinevalleymountainriders@gmail.com) Send a photo of the form to Alexa Calderon-Henao (619-715-1287) If the form is for membership, please include Jodi Davis (619-802-3277)



## Member Notices (continued)

**Contact Trail Boss, Bill O'Brien,** if you would like to **lead a ride.** Consider being a Trail Boss if you have a ride you would love to share. You will need to pre-ride, provide a flier and update your knowledge on trail riding safety, etiquette, and guidelines.

**Thank you** to all members who took the time to send the wonderful Green Valley Camp, Horse and Bike, and Parade Practice photographs for all to enjoy on the Hoof Prints pages and Facebook.

**From the Editor:** Please send in photos for “Just Horsing Around” [lprecoda@gmail.com](mailto:lprecoda@gmail.com) Also, do you have any old (ancient? Lol) pictures of yourself, friends and horses with descriptions that you can send me? I want to put together a page or two of “Horses and Times of Yester-Year” during the summer when riding has slowed down. Thank you.

## Calling all Parade Participants!

**If you are interested in participating in the Descanso Days (6/7), Julian (7/4), or Pine Valley Days (7/27) parades please contact Jodi Davis (619-802-3277) or Diana Clark (619-871-1140). PVMR will need a minimum of six members for each parade.**

# Happy Father's Day!

*In celebration of  
you, your dad,  
spouse,  
grandfather, or  
anyone who has  
been a father figure  
in your life.*





# PINE VALLEY MOUNTAIN RIDERS

[www.pinevalleymountainrider.com](http://www.pinevalleymountainrider.com)

Make checks payable to PVMR

Mail to: PVMR PO Box 300 Lakeside, CA 92040

EMAIL: [pvmrpinevalleymountainriders@gmail.com](mailto:pvmrpinevalleymountainriders@gmail.com)

## 2025 Membership Application

Please print legibly.

Name \_\_\_\_\_ Spouse/Partner (Couple/Family Membership) \_\_\_\_\_

Mailing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

### Telephone Numbers:

Home ( ) \_\_\_\_\_ Cell ( ) \_\_\_\_\_

Cell: ( ) \_\_\_\_\_

E-Mail address: \_\_\_\_\_

E-Mail address: \_\_\_\_\_

Type of Dues: ( ) Single - \$30 or ( ) Family - \$40

Type of Application ( ) Renewal or ( ) New Member (referred by): \_\_\_\_\_

PAY BY: Zelle \_\_\_\_\_ Check \_\_\_\_\_ or Cash \_\_\_\_\_

For Zelle use Email: [PVMRpinevalleymountainriders@gmail.com](mailto:PVMRpinevalleymountainriders@gmail.com)

Names of Children (Note: Must be under 18 years of age to be included in family membership)

Number of Riders: \_\_\_\_\_

Number of Non-Riders \_\_\_\_\_

For further information, please contact: Jodi Davis at 619-802-3277 or email [marijo.jodi.davis@gmail.com](mailto:marijo.jodi.davis@gmail.com)

☐ I have received and read the "Ride Rules and Trail Etiquette." I also understand that the Pine Valley Mountain Riders ride in a variety of terrain. Horses and mules need to be in excellent condition and members who ride should be experienced trail riders. You may call the Trail Boss at any time for additional information not posted in the Newsletter. *Remember, you ride at your own risk.*

### Liability Release

The undersigned, in consideration of acceptance of the application for membership, does hereby for himself/herself, his/her heirs, executors and administrators, waive and release the Pine Valley Mountain Riders, their officers, board, and all individual members thereof from any and all rights, claims, or legal liability that he/she might have due to membership participation in club sponsored activities.

\_\_\_\_\_ (Initial here) Applicant(s) have at least one of the following insurance coverage: Homeowners or Medical

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

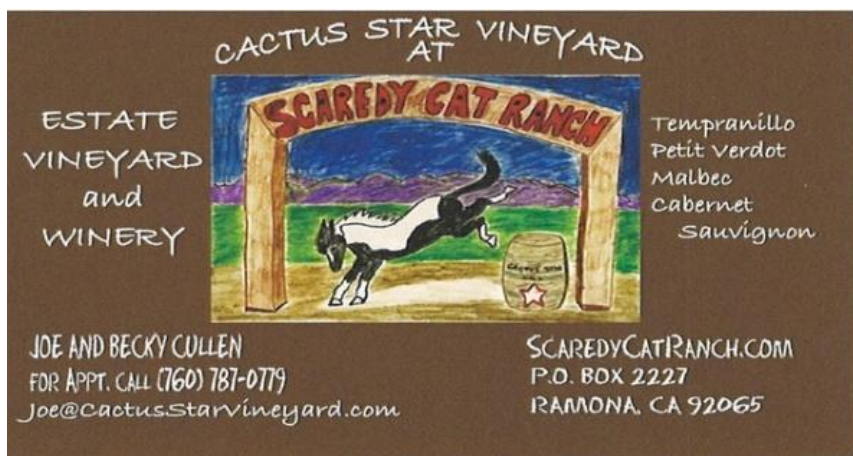
Have you ever been convicted of a Felony? Circle Yes or No.

If yes, PVMR Board Directors will contact you in consideration of your request for membership. Thank You Revised 1/25

# Member Businesses in our PVMR Community



<https://www.facebook.com/TBCCCORP>  
<https://youtu.be/OtcZmh1BG5k>



PVMR receive a 5% discount at Double S Tack and Feed







## Cathy King

Line Dance Instructor

619-339-6475

hopsranch@yahoo.com

Dancing for over 29 years.  
I'm still learning new dances  
every week.

Call for Group events, Private  
lessons or to find out where  
I'll be teaching



## Free Line Dancing Lessons with

# Robin Smith

For location and updated information,  
please contact Robin at 619-840-6510



Laurel Manning  
Founding Executive Director

14971 El Monte Road  
Lakeside, CA. 92040  
laurelmanning@parkhorseproject.org  
www.parkhorseproject.org  
O: 619-390-2964 C: 858-668-9902  
501(c)(3) Nonprofit EIN: 88-2141687

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