



Hoof Prints Newsletter

Pine Valley Mountain Riders

PO BOX 300 LAKESIDE, CA 92040

March 2025



BigHorn sheep near Vern Whitaker Camp
Photo by Michelle Robinson on her 2/22 ride

Calendar of Upcoming Events

- ★ March 4: (Canceled) Water Crossing
- ★ March 8: Water Crossing at Clark's Ranch
- ★ March 12: General Meeting at 6:30
Alpine VFW
- ★ March 15: CA Hike and Ride Trail Clearing
- ★ March 21: (New date) ride at Hollenbeck
- ★ March 22: Sweetwater Bridge Ride

Prez Says:

Hello Everyone,

February was a fun month with more to come in March. The Vern Whitaker camp event was fun, quiet, peaceful and drama free.

Saturday was very nice with a get-together, potluck dinner. It was sad to see so many empty spots, but those who were there made up for those who were not. March looks like it will bring new adventures. There will be a water crossing training session at the Clark's ranch and two trail rides.



Happy Trails!
Susan

Letter from the editor,

There have been many beautiful riding days and the photos of PVMR enjoying themselves are so inspiring to club members.

There are even more club events to come this month: clearing trails, riding awesome mountain paths and opportunities to give our horses desensitizing experiences. We are so lucky to live in a county that offers such a variety of nature and beauty where we can ride our horses.

In this issue, be sure to take note of the activity dates as one of the water crossing trainings has been canceled and the Hollenbeck Ride is now 3/21. Life happens and there have been a couple of changes and one 3/15 addition too.

There are plenty of photos to enjoy and there is information from other clubs in the Member Notices. Check it all out.

Happy Hoof Prints! Laura



PVMR OFFICERS

President: Susan Mena 619-997-9138
Vice President: Jodi Davis 619-802-3277
Treasurer: Alexandra Calderon 619-715-1287
Secretary: Diana Clark 619-871-1140

BOARD OF DIRECTORS

Marie Culver 619-244-0009
Winnie Hennessy 619-787-6156
Bill O'Brien 619-977-7098
Marty Parker 619-508-4198
Laura Precoda 619-733-9288

OTHER POSITIONS

Trail Boss: Bill O'Brien 619-977-7098
Public Liaison & Web Administrator: Ernie Smith 619-992-6511
Membership Services: Jodi Davis 619-802-3277
Sunshine Lady: Jeanine Stacy 619-368-5584
jeaninestacy@gmail.com **Please notify Jeanine if you know of someone who needs a card sent.**
PVMR Newsletter Editor: Laura Precoda 619-733-9288 *Photos and other items for the newsletter should be submitted to the editor by the 25th of each month. lprecoda@gmail.com

Club Email: pvmrpinevalleymountainriders@gmail.com

Pine Valley Mountain Riders General Membership Meeting Minutes February 12, 2024 Place: VFW Hall, Alpine (downstairs)

Meeting called to order: 6:30 P.M. by President, Susan Mena

Pledge: Marty Parker

Members present: (14) - Susan Mena, Jodi Davis, Diana Clark, Alexandra Henao, Marty Parker, Laura Precoda, Marie Culver, Cassie Brunker, Cathy King, Jim King, Susan Petersen, Bob Petersen, Winnie Hennessy, Bill O'Brien



Minutes: Diana Clark read Minutes from the January 14 meeting. Motion to approve as read, 1st motion Marty Parker, 2nd Susan Mena; Approved
Treasurer Report: Alexandra Henao

Beginning Balance: **\$ 3,023.98** Balance as of **\$ 3,795.97**

Committee Reports:

- **Web & Facebook:** Ernie Smith: SAM noted Ernie updated PVMR web page to reflect the additional option for using Bank to Bank (ZELLE) payments for the Club
- **Membership** - Jodi Davis: Will be sending Membership Rosters w/ contact info. to Board Members only
- **Trails:** Bill O'Brien: no news on trails
- **Newsletter**-Laura Precoda: Thanked everyone who submitted their photos for "Horsing Around"
- **Sunshine** - Jeanine: SAM noted the passing of Diana Clark's father at 103 yrs.





Old Business:

1. Trail bosses Bill and Winnie reported a beautiful day ride in Crest on January 11
2. The January 25 Membership Brunch was a large success thanks to all the volunteers and members who renewed and new people that joined for the first time
3. SAM lead a discussion on the idea of creating a first aid kit to have on hand for horses & people
4. SAM made a request for 3 volunteers to audit the 2024 Treasury Books
5. San Diego Trails Alliance is teaming up with SD Mountain Bikers for a desensitizing clinic, May 24
6. Membership cut-off date for names to be included on the roster is March 31, 2025. Memberships will continue to be welcomed throughout the year!

New Business



1. Jodi Davis shared information about the Lakeside Rodeo if our Club decides to participate
2. Any club members interested in parade participation this year should contact Jodi Davis or Diana Clark. If we have 6+ interested, we will plan 3 parades: Descanso Days, Pine Valley Days and Julian 4th of July. A float may be included as well for non-riders.
3. Next meeting, 3/12/25
4. Clark Ranch is hosting a Water Crossing Clinic open for anybody. Contact Diana
5. 3/13 mid-week ride is scheduled with Belinda Marasso as Trailboss. See flyer
6. 3/22 Sweetwater Bridge ride is scheduled with Winnie and Bill as trail bosses.

See upcoming flyer

7. Next PVMR Board meeting is **April 22**. All members are invited
8. SAM shared that the Parks are raising their fees. No date was given
9. SAM handed out flyers for the **April 5 TACK SALE** for reference and posting around. More at next meeting
10. PVMR T-Shirts with our logo are coming. Contact Jodi Davis

Braggs/Drags: Jodi cannot ride for a while due to broken arm; Long-time member, Renee Hajar, passed away. He was a PVMR president at least twice. No word received on a Service.

Meeting adjourned: 7:35 P.M.

Respectfully submitted, Diana Clark, Secretary



Important Reminders

Renew your membership this month!

The cut-off date for membership renewal before being dropped from the roster and the Hoof Prints Newsletter email is 3/31/25. Please use the attached email membership form or make a copy from the newsletter. You may pay at the General Meeting, check by mail or Zelle (pvmrpinevalleymountainriders@gmail.com) Remember to invite friends and family to join the club too! (There are rides, parades, clinics and camping events.) Call Jodi Davis for more information at (619) 802-3277.

PVMR Now Uses Zelle as a Payment Option

When sending money to Pine Valley Mountain Riders using Zelle, please include your name, amount and the reason for the deposit. The email is: pvmrpinevalleymountainriders@gmail.com (See link below.) Thank you!

Make Your Cuyamaca Camp Reservation Soon

Please make your Green Valley Equestrian camp reservations for May 9-11. Use Reservecalifornia.com Green Valley will be under Cuyamaca Rancho SP. (45.00 per night) There are 9 sites available as of Feb. 27. When you have chosen your site let Susan Mena know your number. If there are enough PVMR at the camp we will have a potluck on Saturday at site #9 or #12. Come enjoy the fun and ride!

Pine Valley Mountain Riders & SD Trails Alliance Horse and Bike Desensitizing Clinic May 17

River Oaks Ranch, 15065 El Monte Rd. Lakeside, CA 92040



This is an opportunity to introduce (or reintroduce) horses to bikes and bike riders to horses. The next planning meeting will April 7, so there will be more information soon.

Links: Reservecalifornia.com, pvmrpinevalleymountainriders@gmail.com

Water Crossing Training

Practice crossing water in a safe, supportive environment.
The event will be modified if the river is dry.

March 8 In the saddle: 10am to 12pm

Bring: Your horse and lunch.

**Clark Ranch now requires all property users
to sign a waiver/release**

Contact: Diana Clark at 619-871-1140 to RSVP



Directions to Clark Ranch:

I-8 East to Japatul Valley Rd. (79) exit. Turn left at the stop sign. Continue to Descanso Junction. Turn left on Riverside Drive. Continue to Viejas Grade Road. (Perkin's

Store) Turn left and then a quick right on Oak Grove Drive. Stay on Oak Grove Drive for a mile. Turn right on Hulburd Grove Drive (9927 Hulburd Grove Drive, Clark Ranch) Watch for posted signs.

California Riding and Hiking Trail Clearing

Join PVMR for a Day of Trail Clearing. Open to All Clubs

Sat, March 15, 2025

Staging at Mark & Belinda Marasso

10607 Burrell Way, Descanso

Saddle time: 10 am

Hosted by Belinda Marasso

Please RSVP to Cathy King by Wednesday, March 12th

(619) 339-6475 or hopsranch@yahoo.com

On Foot: 9:30 am

Stay and enjoy a chili lunch after the work party.

- We will have guides so no map needed. (See flier for more info.)
- Bring chairs and your own drinks and clearing tools and equipment

Hollenbeck Canyon Wildlife Area

History

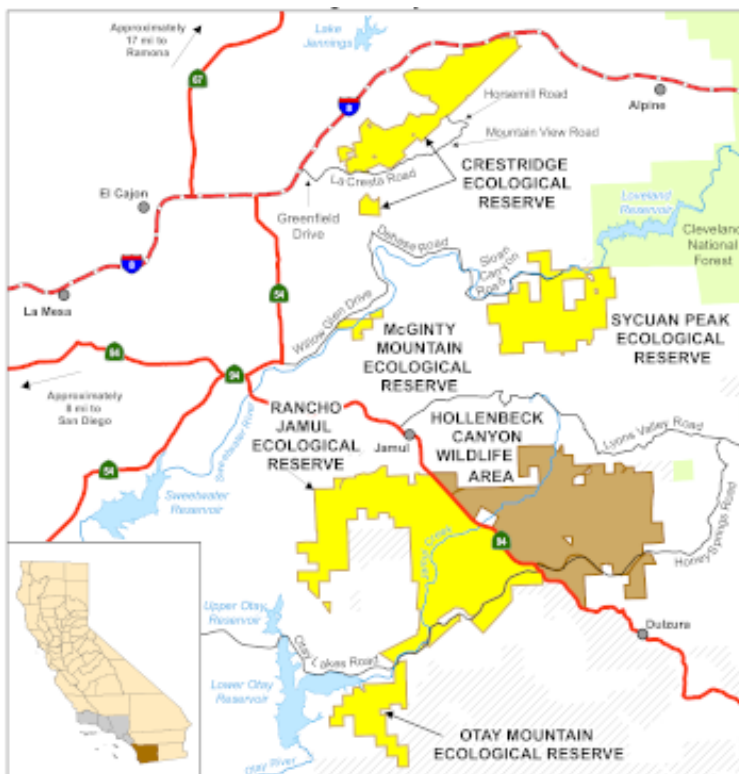
In 1831, the Jamul Valley was granted to Pio Pico (former governor of California) as Rancho Jamul. The Burton family occupied the land after Pio Pico, but lost their title at the end of the 1850s. Several farmers began to settle believing it was government land available for homesteading.



In the late 1890s, a San Diego entrepreneur gained control of the land. He sold the property to the former San Diego Mayor in 1916. In 1929, the property was purchased and turned into a cattle ranch, which it remained until acquisition by the Department. The property was designated as a wildlife area by the Fish and Game Commission in 2001.

The approximately 6,100-acre Hollenbeck Canyon Wildlife Area provides a wildlife corridor between Otay Mountain and the Jamul Mountains. Habitat includes coastal sage scrub, chaparral, oak woodlands, riparian forests, freshwater marshes, and grasslands. Elevation ranges from a low of 750' to 2,100' at the highest peak.

For more information, call the South Coast Region San Diego office at (858) 467-4201.



Source: <https://wildlife.ca.gov/Lands/Places>

Hollenbeck Canyon Ride

Friday, March 21

Time: In the saddle at 10:00 am

Place: 1520 Honey Springs Road, Jamul

The cost is \$5.66 per person for one day use.

Bring a lunch and chair to enjoy after the ride.

NOTE: In case of rain, you may wait to purchase a pass the week of the ride.

★ Contact Trail Boss Belinda Marrasso at (619) 309-6767

Please RSVP by Wednesday, March 19th

★ See the attached flier for more details

Lands passes may be purchased:

ONLINE

ca.wildlifelicense.com/internetsales/



BY PHONE

(800) 565-1458

IN-PERSON

Locations listed at wildlife.ca.gov/licensing

Link: ca.wildlifelicense.com Click on the “Get Outdoors” yellow tab.

Sweetwater Bridge Ride

Saturday, March 22

In the saddle at 10:00am

The ride is about a 2 hour loop, about 6 miles. We begin up Harvey Moore (A 20-30 minute ascend, which can be rocky with some minor-moderate ruts) then cross over the Pine Trail (beautiful easy trail) down Jaquapin (some rocky areas, with a moderate descending trail) to East trail (easy-moderate) that will take us back to the parking lot.

★ There is a \$10 dollar parking fee. You can pay by cash or check to the “Iron Ranger” drop box.

★ Please RSVP to Winnie Hennessy. Text (619-787-6156) or email (hennwi@att.net)

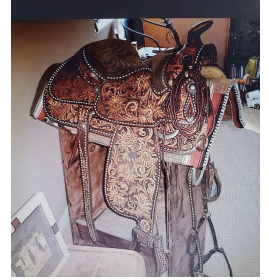
★ See the attached flier for more details

Coming Soon . . .

The Cowboy Tack Sale and Swap Meet

April 5, 2025

9am to 1pm



**The location will be at the Renegade Bar Parking Lot
14335 Olde Hwy 80
El Cajon, CA 92021**

***21 10x10 spaces will be available to purchase at 25.00 each
Sell whatever you clean out from your closet, shed, trailer, attic or garage.
(No food or beverages can be sold at the sale.)***

***Please get fliers from Susan Mena to post at public locations.
Also, spread the word through social media and any other
venue you know about to support our club.***

***Contact: Susan Mena at 619-997-9138 or Jodi Davis at 619-802-3277
for more information.***

Good OLD Things

“Old things are better than new things because they’ve got stories in them.”

“The best tunes are played on the oldest fiddle.”

“There is a unique beauty in old things . . . it’s the scrapes and dents, it’s the wear and tear of use and of service.”

“Old things are more beautiful than many new things because they bring fond memories of things we used to do.”

Is it time to give your old things a new life?

In The Spotlight



Horsethief Canyon Pre-ride. Jan. 31. Trail Boss: Marty Parker



(Top right to bottom right) Horsethief Canyon Ride. February 8. Trail Boss: Marty Parker



Vern Whitaker Horse Camp. February 21-23.



Vern Whitaker Horse Camp. February 21-23



Vern Whitaker Horse Camp. February 21-23.

Easy Etiquette, Equine Excellence

Part 4: Respect of Land Areas and Others

Part of good trail riding etiquette is ensuring that you are respectful of trails and land areas. This begins with your arrival at the trailhead. Some ways you can mind your trail manners include:

- Park only in designated areas.
- Keep your muck in the trailer and dispose of it at home or in a designated area.
- Tie only to your trailer, designated tie areas or using a safe high tie (do not tie directly to trees).
- Keep your horse moving while he passes manure on the trail.
- Take out everything that you bring in. Pack it in, pack it out.
- Stay on the trail – do not create “pass arounds.”
- Only enter waterways at designated crossings.
- Avoid muddy trails. If you have to pass through mud, do so at a walk.
- Obey all signage. Do not ride in areas where horses are not allowed.
- Abide by all voluntary trail closures.
- Collect muck and scattered hay from your tie site and dispose of it at home or in a designated area.
- Fill in uneven areas created by you or your horse.
- Follow the Leave No Trace ethics.
- Sharing Multi-Use Trails

Many trails are multi-use and open to a variety of users – hikers, mountain bikers, dog walkers, etc. It is important that equestrians communicate with other trail users in a productive manner. When you encounter other users on the trail, remember that horses have the right of way. Make it a safe trail riding experience by:

- Talking to the hikers or bikers.
- Asking them to step off the downhill side of the trail while you pass.
- Sharing the number of riders in your group and asking them how many are with them.
- Desensitizing your horse at home.

Rules for Group Trail Riding

Courtesy is important when you are riding in a group. Some trail tips to be respectful to other members in your riding party are:

- Waiting for gate openers/closers.
- Waiting for all horses to drink before leaving a watering area.
- Moving downstream to allow other horses ample room to drink.
- Waiting for riders who might be having a hard time crossing water with their horses.
- Waiting for riders who have dismounted or are off for any reason.
- Not running up behind or alongside other riders.
- Passing on the left.

Tail Ribbons and Their Meanings

If your horse exhibits behaviors that require special consideration, you should tell all members of the riding party about those issues and place a ribbon of an appropriate color in your horse's tail and mane. The following are common ribbon color codes:

Red = Kick

Green = Novice

Blue = Stallion

Remember to keep an eye on safety, obey land stewardship rules, be courteous and wear all the right ribbons to have an enjoyable ride every time.

More information on safe trail riding and how to prepare your horse for the trail can be found in the Certified Horsemanship Trail Guide Manual.

Source: [Trail Riding Rules: Equestrian Etiquette - AQHA](#)

Article submitted by Winnie Hennessy

Volunteer Ride Leader Responsibilities

1. Check with Trail Boss (Bill O'Brien) on the ride idea.
2. Plan ride: locate staging area, check for adequate parking, estimate miles and time length of ride, type of ride (easy, moderate, difficult) parking costs, parking permits, decide if members should bring lunches and what to expect on the ride.
3. Submit flier or email information and clear directions to PVMR Hoof Prints Newsletter editor one to two months ahead and no later than the 25th of the month before the ride.
4. Include your contact number and email on the flier.
5. Pre-ride the planned trail to validate the timing of the ride and to check trail conditions.
6. Check, again, for adequate parking and email reminder to membership a day or two before.*
7. Show up early for the scheduled ride to greet riders and help as leader for the day!

* Ask Susan Mena to forward reminder.



JUST HORSING AROUND



HAPPY SHILOH

**JEANINE STACY'S SHILOH AND
HER FRIEND LEXY.**



**DEANA SOMMERVILLE AT A COWBOY
CHALLENGE WITH REN**



**SANDRA POWERS
AND BACARDI**

**SUE MCMASTER RIDING
RIO AT THE BLACK
MOUNTAINS IN ARIZONA**



**KATHY KING WITH
CINNAMON AT
HORSETHIEF
CANYON**

**TRAINER, MATT FRENCH, WORKING WITH
LAURA PRECODA'S ANNIE**



Member Notices

San Diego County Parks is Updating Prices: Beginning last month, it will cost more for park service. The changes include fees for camping, parking, rentals, and permits. For example, Day Use Parking will increase from \$3.00 per day to \$5.00 per day and an RV partial hook-up campsite will increase from \$29 to \$35.

Marty Parker is organizing Desensitizing Clinics with Lynn Snyder Harrington. You can strengthen your partnership, gain confidence and build trust between you and your equine partner. Cost is \$60. The location is in Alpine off of Japatul Road Contact: Marty Parker, text, at 619-508-4198 or mparker6@cox.net for more information.

Danica James, of Alpine Creek Ranch L.L.C. will be offering online equine and canine first aid training courses, for dates, times and more information call 619-339-0906.

RESERVE EARLY FOR ALL CAMPS: Green Valley Equestrian camp is open for reservations for **May 9-11**. (There are limited sites. Last year camp was canceled as too few PVMR were able to get a site.) Green Valley will be under Cuyamaca Rancho SP. (45.00 per night) Reservecalifornia.com

Guests may attend public campgrounds with PVMR but they must be a member to join in on group rides. Liability rules for group rides would prohibit non-members from participating in PVMR organized rides.

When sending money to Pine Valley Mountain Riders using Zelle, please include your name, amount and the reason for the deposit. The email is pvmrpinevalleymountainriders@gmail.com

Marty Parker has information about the Victorian Roses Cowboy Challenge on May 10 at River Oaks Ranch in Lakeside. Contact her at 619-508-4198

Terry Jorgensen is now selling raffle tickets to benefit BCHM. Offered is a 4-day mule backpack trip for two at Trinity Alps or Warner Wilderness, trips available June-Aug 21. (\$10 each ticket) or a Bass Pro Shop certificate. (\$5 each ticket) Please contact her at 760-789-5185 for more information.

From the Editor: Please send in photos for "Just Horsing Around" lprecoda@gmail.com Thank you.

Wear Green On March 17

The tradition of pinching those who don't wear green on St. Patrick's Day comes from the belief that wearing green made one invisible to the fairies and leprechauns spreading mischief on that day. These legendary creatures were known for their pinching. Those celebrating the day would pinch those who didn't wear green as a reminder of what could happen (or to impersonate the leprechauns and fairies). That said if you're going to pinch on St. Patrick's Day, be gentle, or better yet, bring along some green stickers to place on other revelers as a way of offering protection from those menacing leprechauns and fairies. Source:nationaldaycalendar.com

Happy St. Patrick's Day PVMR



to all of you!



PINE VALLEY MOUNTAIN RIDERS

www.pinevalleymountainrider.com

Make checks payable to PVMR

Mail to: PVMR PO Box 300 Lakeside, CA 92040

EMAIL: pvmrpinevalleymountainriders@gmail.com

2025 Membership Application

Please print legibly.

Name _____ Spouse/Partner (Couple/Family Membership) _____

Mailing Address _____ City _____ State _____ Zip code _____

Telephone Numbers:

Home () _____ Cell () _____

Cell: () _____

E-Mail address: _____

E-Mail address: _____

Type of Dues: () Single - \$30 or () Family - \$40

Type of Application () Renewal or () New Member (referred by): _____

PAY BY: Zelle _____ Check _____ or Cash _____

Use Email: PVMRpinevalleymountainriders@gmail.com

Names of Children (Note: Must be under 18 years of age to be included in family membership)

Number of Riders: _____

Number of Non-Riders _____

For further information, please contact: Jodi Davis at 619-802-3277 or email marijo.jodi.davis@gmail.com

☐ I have received and read the "Ride Rules and Trail Etiquette." I also understand that the Pine Valley Mountain Riders ride in a variety of terrain. Horses and mules need to be in excellent condition and members who ride should be experienced trail riders. You may call the Trail Boss at any time for additional information not posted in the Newsletter. *Remember, you ride at your own risk.*

Liability Release

The undersigned, in consideration of acceptance of the application for membership, does hereby for himself/herself, his/her heirs, executors and administrators, waive and release the Pine Valley Mountain Riders, their officers, board, and all individual members thereof from any and all rights, claims, or legal liability that he/she might have due to membership participation in club sponsored activities.

_____ (Initial here) Applicant(s) have at least one of the following insurance coverage: Homeowners or Medical

Date: _____

Signature: _____

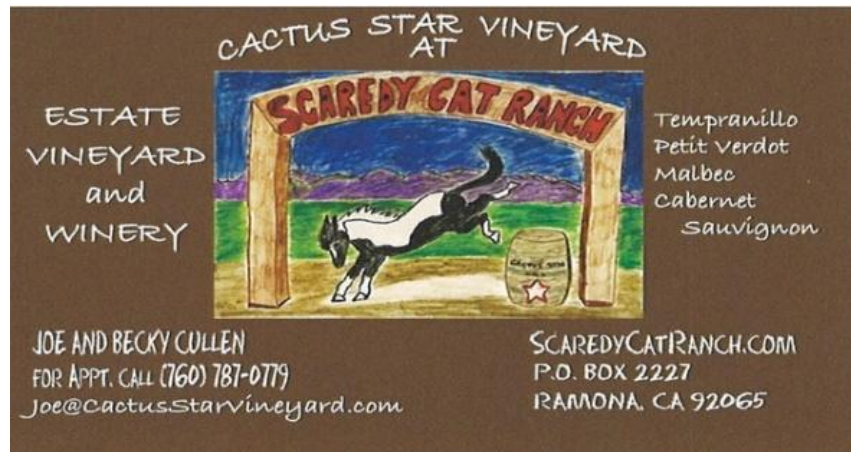
Have you ever been convicted of a Felony? Circle Yes or No.

If yes, PVMR Board Directors will contact you in consideration of your request for membership. Thank You Revised 1/25

Member businesses in our PVMR community



<https://www.facebook.com/TBCCCORP>
<https://youtu.be/OtcZmh1BG5k>



PVMR receive a 5% discount at Double S Tack and Feed



Cathy King
 Line Dance Instructor
 619-339-6475
 hopsranch@yahoo.com
 Dancing for over 29 years.
 I'm still learning new dances every week.
 Call for Group events, Private lessons or to find out where I'll be teaching



PAPPAS PLACE



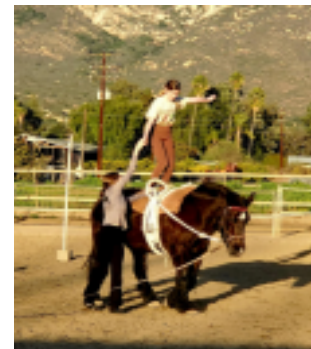
LEATHERWORKS
 Alana (619) 345-1137



PINE VALLEY HOUSE
LINE DANCING!
ALL Levels Welcome!!!



Free Lessons by Robin Smith
 Fireside in the PV House Dining Room...

VAULTING LESSONS
 Contact PVMR member Patti Karcher for more info. on lessons for all ages! Sunday afternoons at Triple S Ranch in Lakeside 2hr lesson only \$40!
 patti.karcher@yahoo.com (619) 905-1337






Vintage Trailers for Rent
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☎ 619-459-1985

✉ RobinsNestRamona@gmail.com

🌐 www.RobinsNestRamona.com

📍 16603 John Henry Lane
 Ramona, CA 92065

Your professional business card will be added to this page for members to support and recommend.



Note: If you would like to include your own business card or small logo, please provide a jpeg or photograph of the item. Send to: lprecoda@gmail.com

