



Fred Parker

WELLNESS

HIMALAYAN SALT ROOM SCHEDULE

Friday, February 7

Sound Bath (Private)

Jeremy Brown, 7pm

Wednesday, February 11

Meditation & Reflection

Ashley Sutton, 7pm (\$25)

Friday, February 13

Heart Chakra Reiki Sound Bath

Jeremy Brown/Melinda Michael, 7pm (\$44)

Tuesday, February 17

New Moon Reiki Sound Bath

Jaimie Bess/Melinda Michael, 7pm (\$44)

Thursday, February 19

Women's Circle

Kate Thomas, 7pm (\$44)

www.fredparkerwellness.com