



Fred Parker

WELLNESS

HIMALAYAN SALT ROOM SCHEDULE

Wednesday, May 21

Meditation & Reflection

Ashley Sutton, 7:00 pm (\$25)

Friday, May 23

New Moon Reiki Sound Bath

Molly Flanagan/Rowena Whitson, 7:00pm (\$44)

Friday, May 23

New Moon Reiki Sound Bath

Molly Flanagan/Rowena Whitson, 8:30pm (\$44)

Monday, May 26

New Moon Sound Bath

Jaimie Bess, 7:00pm (\$33)

Friday, May 30

Breathwork/Sound Bath

Michelle Arias, 7:00pm (\$44)

www.fredparkerwellness.com